

May 21, 2021
11 Sivan, 5781
Shabbat Naso



It has been told to you, what is good, and what Adonai requires of you
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)

Eternity Utters a Day

Text: Abraham Joshua Heschel; Music by Dan Nichols

A thought has blown the marketplace away. There is a song on the wind, and joy in the trees.
Shabbat has arrived in the world. Scattering a song, in the silence of the night.
And eternity utters a day.

L'cha Dodi

L'cha dodi likrat kallah, p'nei shabbat n'kab'lah.

לְכָה דוּדֵי לְקִרְאֵת כַּלָּה פְּנֵי שַׁבָּת נִקְבְּלָה.

Shamor v'zachor b'dibur echad, hishmianu El ham'yuchad
Adonai echad ush'mo echad, l'shem ul'tiferet v'lit'hilah.

שָׁמֹר וְזָכוֹר בְּדִבּוּר אֶחָד, הַשְּׁמִיעֵנוּ אֵל הַמְיֻחָד
יְיָ אֶחָד וְשְׁמוֹ אֶחָד, לְשֵׁם וּלְתַפְאֶרֶת וְלִתְהִלָּה.

Likrat Shabbat l'chu v'neilcha, ki hi m'kor hab'rachah
Meirosh mikedem n'sucha, sof maaseh b'machshava t'chila

לְקִרְאֵת שַׁבָּת לָכוּ וְנִלְכָה, כִּי הִיא מְקוֹר הַבְּרָכָה
מֵרֵאשׁ מִקֶּדֶם נְסוּכָה, סוֹף מַעֲשֵׂה בְּמַחְשָׁבָה תִּתְחַלֵּה.

Bo'i v'shalom ateret ba'lah, gam b'simchah uv'tzoholah
Toch emunei am s'gulah, bo'i chalah, bo'i chalah!

בּוֹאֵי בְּשָׁלוֹם עֲטֶרֶת בַּעֲלָה, גַּם בְּשִׂמְחָה וּבְצִהֲלָה
תּוֹךְ אֱמוּנֵי עַם סִגְלָה, בּוֹאֵי כַלָּה, בּוֹאֵי כַלָּה.

Beloved, come to meet the bride; beloved come to greet Shabbat.

“Keep” and “remember”: a single command the Only God caused us to hear; The Eternal is One, God’s Name is One; glory and praise are God’s. Come with me to meet Shabbat, forever a fountain of blessing. Still it flows, as from the start: the last of days, for which the first was made. Enter in peace, O crown of your betrothed; enter in gladness, enter in joy.

Come to the people that keeps its faith. Enter, O bride! Enter, O bride!

Candles

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher
kidshanu b'mitzvotav v'tzivanu l'hadlik neir shel Shabbat.

בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

We praise You, Eternal God, Sovereign of the universe.

You hallow us with Your Mitzvot and command us to kindle the light of Shabbat.

DANIEL G. ZEMEL, Rabbi
JOSHUA BERAHA, Associate Rabbi | STEPHANIE CRAWLEY, Assistant Rabbi
RACHEL GROSS, Executive Director | DEBRA WINTER, Worship Music Artist | TEDDY KLAUS, Music Director
SHARON TASH, Education Director
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Refuah Shleimah

Suzanne Allender, Emily Alpern-Fisch, Alan Appel, Ronni Behar, Janice Berlin, Marla Borkson, Ellen Buckley, Paula Krock Cameron, Barbara Cleveland, Timothy Dunar, Esther bat Chaim v'Chaya, Netanel Felber, Chelo Fournier, Glen Gabriel, Gittel bat Sh'muel v'Bella, Carole Greenberg, Edward Greenberg, Richard Greenfield, Andrea Hamos, Daryl Hawkins, Dusty Kaplan, Joan Kupferberg, Philip Levine, Stu Levine, Sam Levinson, Sharonette Leonard, Dan Lutenegger, Avital Manor, Mildred Marin, Sophie Meyers, Cheryl Mitchell, David Ransohoff, Lois Rosen, Eric Rosenberg, Rabbi Steve Sager, Sarah Golde bat Shifrah, David Scheever, Mary Schwartz, Cynthia Seymour, Paul Shapiro, Harry Silver, Kristen Surya, Betty Ustun, Charlotte Wasser, Meryl Weiner

Let There Be Love

Hashkiveinu Adonai Eloheinu,
hashkiveinu l'shalom.

השְׁכִיבֵנוּ יי אֱלֹהֵינוּ
השְׁכִיבֵנוּ לְשָׁלוֹם.

Let there be love and understanding among us,
Let peace and friendship be our shelter from life's storms.

Kiddush

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, borei p'ri hagafen. Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher kidshanu b'mitzvotav v'ratzah vanu, v'shabat kodsho b'ahavah uv'ratzon hinchilanu, zikaron l'maaseh v'reishit. Ki hu yom t'hilah l'mikra'ei kodesh, zeicher litziat mitzrayim. Ki vanu vacharta v'otanu kidashta mikol ha'amim, v'shabbat kodsh'cha b'ahavah uv'ratzon hinchaltanu. Baruch Atah, Adonai, m'kadeish hashabbat.

בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
בוֹרֵא פְּרִי הַגֶּפֶן. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְרָצָה בָּנוּ, וְשָׁבֵת
קִדְּשׁוּ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ, זִכְרוֹן לְמַעֲשֵׂה
בְּרֵאשִׁית. כִּי הוּא יוֹם תְּחִילָה לְמִקְרָאֵי קִדְּשׁ, זִכָּר
לִיציאת מצרים. כִּי-בָנוּ בְּחֵרֶת וְאוֹתָנוּ קִדְּשָׁתָּ,
מִכָּל-הָעַמִּים, וְשָׁבֵת קִדְּשָׁתָּ בְּאַהֲבָה וּבְרָצוֹן
הִנְחַלְתָּנוּ. בְּרוּךְ אַתָּה יי, מְקַדֵּשׁ הַשָּׁבֵת.

We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine.

We praise You, Eternal God, Sovereign of the universe; You call us to holiness with the Mitzvah of Shabbat – the sign of Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days. On Shabbat especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.

Challah

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
hamotzi lechem min ha'aretz.

בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

*We praise You, Eternal God, Sovereign of the universe,
who causes bread to come from the earth.*

With My Own Two Hands

Ben Harper with Jack Johnson

I can change the world with my own two hands
Make it a better place with my own two hands
Make it a kinder place with my own two hands
With my own, with my own two hands

I can make peace on earth with my own two hands
I can clean up the earth with my own two hands
I can reach out to you with my own two hands
With my own, with my own two hands

I'm going to make it a brighter place with my own two hands
I'm going to make it a safer place with my own two hands
I'm going to help the human race with my own two hands
With my own, with my own two hands

I can hold you with my own two hands
I can comfort you with my own two hands
But you've got to use, use your own two hands
Use your own, use your own two hands

We Remember a Few of Far Too Many Lives Lost to COVID-19

James Williams, 35, gay rights activist, Mumbai, India

Week Day, 6, refugee, elder sibling, and first grader, Marshall, Minnesota

Alan Pastrana, 76, former NFL player, community college educator, Annapolis, Maryland

We Remember Those Lost to Violence in Washington, DC

Daqual Covington, 27, SE DC; Lester Howard, 28, SE DC; Leonard Turner, 27, SE DC

Shloshim

John Pasco, Joan Schwarz, Myrna G. Wisotsky

Yahrzeit

Emily Adler, Louis Appleton, Nathan Brodsky, Dorothy Brown, Sara Ehrman, Lilian Freeman, Daniel Galper, Morton Gordon, Richard Gross, Arthur Karabell, Linda Kriger, Manuel Kurzberg, Harry J. Luterman, Mark Levin, Annette Matsil, Suzanne Oppenheimer, Edward Makowsky Petsonk, Robert Riggs, Jay Sterling Riskind, Maxine Sablosky, Bella Weiner, Nathan Weinstock, Ida J. White, Joseph J. Wolf

Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih, b'chayeichon uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala uvizman kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei, v'yit'hadar v'yit'aleh v'yit'halal sh'mei d'kud'sha, b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata v'nechemata, daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.

Oseh Shalom

Oseh shalom bimromav, Hu yaaseh shalom aleinu v'al kol Yisrael, v'al kol yoshvei teivel. V'imru: Amen.

עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו, הוּא יַעֲשֶׂה שְׁלוֹם עֲלֵינוּ, וְעַל כָּל יִשְׂרָאֵל, וְעַל כָּל יוֹשְׁבֵי תֵיבֵל. וְאָמְרוּ אָמֵן.

May the One who brings us peace bring this peace before us unto all of Israel, unto all the nations. Amen.