

May 29, 2021
18 Sivan, 5781
Shabbat B'haalot'cha
Miles Narva becomes Bar Mitzvah



It has been told to you, what is good, and what Adonai requires of you
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)

--- Morning Blessings and Psalms ---

Mah Tov

Mah tovu ohalecha, Yaakov, mishk'notecha, Yisrael!

מה טובו אהליך יעקב משכנתך ישראל

Vaani b'rov chasd'cha avo veitecha,
eshtachaveh el heichal kodsh'cha b'yiratecha.

ואני ברב חסדך אבא ביתך
אשתחנה אל היכל קדשך ביראתך.

Adonai, ahavti m'on beitecha um'kom mishkan k'vodecha.
Vaani eshtachaveh v'echraah, evr'chah lifnei Adonai osi.

?? אהבתי מעון ביתך ומקום משכן כבודך.
ואני אשתחנה ואכרעה אברכה לפניי ?? עשי.

Vaani t'filati l'cha, Adonai, eit ratzon.
Elohim b'rov chasdecha, aneini be'emet yishecha.

ואני תפילתי לך ?? עת רצון.
אלהים ברב חסדך ענני באמת ישעך.

How fair are your tents, O Jacob, your dwellings, O Israel! I, through Your abundant love, enter Your house; I bow down in awe at Your holy temple. Adonai, I love Your temple abode, the dwelling-place of Your glory. I will humbly bow down low before Adonai, my Maker. As for me, may my prayer come to you, Adonai, at a favorable time. O God, in Your abundant faithfulness, answer me with Your sure deliverance.

Asher Yatzar: Beautiful and Broken

Music and English lyrics by Dan Nichols

I thank You for my life, body and soul
Help me realize I am beautiful and whole
I'm perfect the way I am, and a little broken too
I will live each day as a gift I give to You.
Oh...

Baruch Atah Adonai, rofeih chol basar umafla laasot.

ברוך אתה ?? רופא כל בשר ומפליא לעשות.

Blessed are you, Adonai, who heals all flesh, working wondrously.

Mah Gadlu

Mah gadlu maasecha Yah, m'od amku machsh'votecha.

מה גדלו מעשׂיך, יה, מאד עמקו מחשבתך.

How great are Your works, Adonai, how very subtle Your designs!

Psalm 150

Halleluyah!

הללויה.

Hallelu El b'kodsho, hal'luhu birkia uzo.

הללו אל בקדשו. הללוהו ברקיע עזו:

Hal'luhu bigvurotav, hal'luhu k'rov gudlo.

הללוהו בגבורתו. הללוהו ברב גדלו:

Hal'luhu b'teika shofar, hal'luhu b'neivel v'chinor.

הללוהו בתקע שופר. הללוהו בגבול וכנור:

Hal'luhu b'tof umachol, hal'luhu b'minim v'ugav.

הללוהו בתוף ומחול. הללוהו במנים ועגב:

Hal'luhu b'tziltz'lei shama, hal'luhu b'tziltz'lei t'ruah.

הללוהו בצלצלי שמע. הללוהו בצלצלי תרועה:

Kol han'shamah t'haleil Yah, Hal'lu Yah!

כל הנשמה תהלל יה. הללויה!

Halleluyah! Praise God in God's sanctuary; praise God in the sky, God's stronghold. Praise God for mighty acts; praise God for God's exceeding greatness. Praise God with blasts of the horn; praise God with harp and lyre. Praise God with timbrel and dance; praise God with lute and pipe. Praise God with resounding cymbals; praise God with loud-clashing cymbals. Let all that breathes praise God. Halleluyah!

--- Sh'ma and its Blessings ---

שמע ישראל יהוה אלהינו יהוה אחד

Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad!
Hear, O Israel, Adonai is our God, Adonai is One!

ברוך שם כבוד מלכותו לעולם ועד
Baruch shem k'vod malchuto l'olam va'ed.
Blessed is God's glorious majesty forever and ever.

V'ahavta et Adonai Elohecha, b'chol l'vav'cha uv'chol nafsh'cha uv'chol m'odecha. V'hayu had'varim ha'eileh asher anochi m'tzavcha hayom al l'vavecha. V'shinantam l'vanecha v'dibarta bam b'shivt'cha b'veitecha uv'lecht'cha vaderech uv'shochb'cha uv'kumecha. Ukshartam l'ot al yadecha v'hayu l'totafot bein einecha. Uchtavtam al m'zuzot beitecha uvisharecha.

ואהבת את יי אלהיך בכל לבבך ובכל נפשך ובכל מאדך: והיו הדברים האלה אשר אנכי מצוה היום על לבבך: ושננתם לבניך ודברת בם בשבתך בביתך ובקומך בדרך ובשכבך ובקומך: וקשרתם לאות על ידך והיו לטטפת בין עיניך: וכתבתם על מזוזות ביתך ובשעריך

You shall love Adonai your God with all your heart, with all your soul, and with all your might. Take to heart these instructions with which I charge you this day. Impress them upon your children. Recite them when you stay at home and when you are away, when you lie down and when you get up. Bind them as a sign on your hand and let them serve as a symbol on your forehead; inscribe them on the doorposts of your house and on your gates.

L'maan tizk'ru, vaasitem et kol mitzvotai vih'yitem k'doshim l'Eloheichem. Ani Adonai Eloheichem asher hotzeiti etchem mei'erezt Mitzrayim lih'yot lachem l'Elohim ani Adonai Eloheichem.

למען תזכרו ועשיתם את כל מצותי, והייתם קדושים לאלהיכם. אני יי אלהיכם, אשר הוצאתי אתכם מארץ מצרים, להיות לכם לאלהים, אני יי אלהיכם.

Thus you shall remember to observe all My commandments and to be holy to your God. I am Adonai, your God, who brought you out of the land of Egypt to be your God: I am Adonai your God.

Redemption

Mi chamocha ba'eilim Adonai! Mi kamocha nedar bakodesh, nora t'hilot, oseh feleh!

מי־כמכה באלים יהוה מי כמכה נאדר בקדש נורא תהלת עשה פלא

Who is like You, O God? Who is like You, majestic in holiness, awesome in splendor, working wonders?

Shirah chadashah shib'chu g'ulim l'shimcha al s'fat hayam. Yachad kulam hodu v'himlichu v'amru: Adonai yimloch l'olam va'ed.

שרה חדשה שבחו גאולים על שפת הים. יחד כלם הודו והמליכו ואמרו: יי ימלוך לעולם ועד.

With new song, inspired, at the shore of the Sea, the redeemed sang Your praise. In unison they all offered thanks. Acknowledging Your Sovereignty, they said: "Adonai will reign forever!"

--- Amidah ---

GOD OF OUR ANCESTORS

Baruch Atah Adonai Eloheinu v'Elohei avoteinu v'imoteinu, Elohei Avraham, Elohei Yitzchak, v'Elohei Ya'akov, Elohei Sarah, Elohei Rivkah, Elohei Rachel, v'Elohei Leah. Ha'Eil hagadol hagibor v'hanora Eil elyon, gomeil chasadim tovim v'koneh hakol v'zocheir chasei avot v'imahot, umeivi g'ulah livnei veneihem l'maan shemo b'ahavah. Melech ozeir umoshia umagen. Baruch Atah, Adonai, magein Avraham v'ezrat Sarah.

Blessed are You, Adonai our God, God of our fathers and mothers, God of Abraham, God of Isaac, and God of Jacob, God of Sarah, God of Rebecca, God of Rachel, and God of Leah, the great, mighty and awesome God, transcendent God, who bestows lovingkindness, creates all out of love, remembers the love of our ancestors, and brings redemption to their children's children for the sake of the Divine Name. Sovereign, Deliverer, Helper and Shield, Blessed are You, Adonai, Sarah's Helper, Abraham's Shield.

ברוך אתה יי אלהינו ואלהי אבותינו ואמותינו: אלהי אברהם, אלהי יצחק, ואלהי יעקב, אלהי שרה, אלהי רבקה, אלהי רחל, ואלהי לאה הגדול הגבור והנורא, אל עליון, גומל חסדים טובים, וקנה הכל, וזוכר חסדי אבות ואמהות, ומביא גאולה לבני בניהם, למען שמו באהבה. מלך עוזר ומושיע ומגן. ברוך אתה יי, מגן אברהם ועזרת שרה.

GOD OF MIGHT

Atah gibor l'olam Adonai, mechayeih hakol (meitim) Atah, rav l'hoshia. Morid hatal.

M'chalkel chayyim b'chesed, m'chayeh hakol (meitim) b'rachamim rabim, somech noflim, v'rofeh cholim, umatir asurim, um'kayem emunato lishenei afar. Mi chamocha ba'al g'vurot? U'mi domeh lach? Melech meimit um'chayeh, umatzmiach y'shuah.

V'neeman Atah l'hachayot hakol (meitim). Baruch Atah, Adonai, m'chayeih hakol (hameitim).

You are forever mighty, Adonai; You give life to all (revive the dead). You rain dew upon us. You sustain life through love, giving life to all (reviving the dead) through great compassion, supporting the fallen, healing the sick, freeing the captive, keeping faith with those who sleep in the dust. Who is like You, Source of mighty acts? Who resembles You, a Sovereign who takes and gives life, causing deliverance to spring up and faithfully giving life to all (reviving that which is dead)? Blessed are You, Adonai, who gives life to all (revives the dead).

אתה גבור לעולם אדני, מסיה הכל (מתים) אתה, רב להושיע. מוריד הטל. מכלכל חיים בחסד, מסיה הכל (מתים) ברחמים רבים, סומך נופלים, ורופא חולים, ומתיר אסורים, ומקים אמונתו לישגי עפר, מי כמוד בעל גבורות ומי דומה לך, מלך ממית ומצמיח ושוועה. ונאמן אתה להחיות הכל (מתים). ברוך אתה יי, מסיה הכל (המתים).

GOD'S HOLINESS

N'kadesh et shimcha ba'olam k'shem shemakdishim oto bishmei marom. Kakatuv al yad n'viecha v'kara zeh el zeh v'amar: Kadosh, kadosh, kadosh Adonai tz'vaot! M'lo chol haaretz k'vodo!

Adir adireinu, Adonai adoneinu, mah adir shimcha b'chol haaretz. Baruch k'vod Adonai mim'komo!

Echad Hu Eloheinu, Hu avinu, Hu malkeinu, Hu moshieinu v'Hu yashmieinu b'rachamav l'einei kol chai. Ani Adonai Eloheichem. Yimloch Adonai l'olam Elohayich Tziyon l'dor vador. Haleluyah!

נקדש את שמך בעולם כשם שמקדישים אותך בשמי מרום. ככתוב על יד נביאך. וקרא זה אל זה ואמר: קדוש קדוש קדוש יהוה צבאות מלא כל הארץ כבודו: אדיר אדירנו יי אדנינו מה אדיר שמך בכל הארץ! ברוך כבוד יי, ממקומו. אחד הוא אלהינו, הוא אבינו, הוא מלכנו, הוא מושיענו והוא ישמיענו ברחמיו לעיני כל חי אני יי אלהיכם! ימלך יי לעולם, אלהיך ציון לדור ודור, הללויה!

L'dor vador, nagid godlecha. Ul'neitzach n'tzachim, k'dushatcha nakdish, v'shivchacha Eloheinu mipinu lo yamush l'olam va'ed. Baruch Atah, Adonai, ha'Eil haKadosh.

לדור ודור נגיד גדלך וילגנצח נצחתי קדשתיך נקדיש, ושבחתי אלהינו מפינו לא ימוש לעולם ועד. ברוך אתה יי, האל הקדוש.

Let us sanctify Your Name on earth, as it is sanctified in the heavens above. As it is written by Your prophet. Holy, holy, holy is Adonai Tz'vaot! God's presence fills the whole earth. Source of strength, Sovereign One, how majestic is Your presence in all the earth! Blessed is the presence of God, shining fourth from where God dwells. God alone is our God and our Creator, our Ruler and our Helper; and in mercy, God is revealed in the sight of all the living: I am Adonai your God! Adonai shall reign forever, your God, O Zion, from generation to generation, Hallelujah!

To all generations we will declare Your greatness, and for all eternity proclaim Your holiness. Your praise, O God, shall never depart from our lips. Blessed are You, Adonai, the Holy God.

THE HOLINESS OF SHABBAT

Yismechu v'malchut'cha shom'rei Shabbat v'korei oneg. Am m'kad'shei shvi'i, kulam yisb'u v'yitangu mituvecha. V'hashvi'i ratzita bo v'kidashto, chemdat yamim oto karata, zeicher l'maaseih v'reishit.

ישמחו במלכותך שומרי שבת וקוראי ענג. עם מקדשי שבועי. כלם ישבעו ויתענגו מטובך. ובשבועי רציתי בו וקדשתי חמדת ימים אותו קראת. וזכר למעשה בראשית

Those who keep Shabbat by calling it a delight will rejoice in Your realm. The people that hallows Shabbat will delight in Your goodness. For, being pleased with the Seventh Day, You hallowed it as the most precious of days, drawing our attention to the work of Creation.

V'shamru v'nei Yisrael et HaShabbat, la'asot et HaShabbat l'dorotam b'rit olam. Beini uvein b'nei Yisrael ot hi l'olam, ki sheshet yamim asah Adonai et hashamayim v'et haaretz, uvayom hashvi'i shavat vayinafash.

ושמרו בני ישראל את השבת לעשות את השבת לדורתם ברית עולם: בני ובין בני ישראל אות הוא לעולם כיששית ימים עשה יהוה את השמים ואת הארץ וביום השביעי שבת וינפש:

The people of Israel shall keep Shabbat, observing Shabbat throughout the ages as a covenant for all time. It is a sign for all time between Me and the people of Israel. For in six days Adonai made heaven and earth, and on the seventh day God ceased from work and was refreshed.

Eloheinu v'Elohei avoteinu v'imoteinu, r'tzeih vimnuchateinu. Kadsheinu b'mitzvatecha v'tein chelkeinu b'Toratecha, sabeinu mituvecha, v'samcheinu bishuatecha, v'taheir libeinu l'ovd'cha be'emet, v'hanchileinu Adonai Eloheinu, b'ahavah uv'ratzon Shabbat kodshecha v'yanuchu vah Yisrael, m'kad'shei sh'mecha. Baruch Atah, Adonai, m'kadeish HaShabbat.

אלהינו ואלהי אבותינו ואמותינו ורצה במנוחתנו. קדשנו במצותך ונתן חלקנו בתורתך. שבענו מטובך ושמחנו בישועתך. וטהר לבנו לעבדך באמת. והנחילנו יי אלהינו באהבה וברחון שבת קדשך וננוחו בה ישראל מקדשי שמך: ברוך אתה יי. מקדש השבת:

Our God and God of our ancestors, be pleased with our rest. Sanctify us with Your mitzvot, and grant us a share in Your Torah. Satisfy us with Your goodness and gladden us with Your salvation. Purify our hearts to serve You in truth. In Your gracious love, Adonai our God, grant us Your holy Shabbat as a heritage. May Israel who sanctifies Your Name rest on Shabbat. Blessed are You, Adonai, who sanctifies Shabbat.

AVODAH

R'tzei Adonai Eloheinu, b'amcha Yisrael, ut'filatam b'ahavah t'kabeil, ut'hi l'ratzon tamid avodat Yisrael amecha. Eil karov l'chol kor'av, p'nei el avadecha v'choneinu, sh'foch ruchacha aleinu. V'techezenah eineinu b'shuv'cha l'Tzion b'rachamim. Baruch Atah, Adonai, hamachazir Sh'chinato l'Tzion.

רצה יי אלהינו בעמך ישראל ובתפלתם באהבה תקבל, ותהי לרצון תמיד עבודת ישראל עמך: אל קרוב לכל קראיו, פנה אל עבדיך ותנונו, שפוך רוחך עלינו. ותתזינה עינינו בשובך לציון ברחמים: ברוך אתה יי. המחזיר שכנינו לציון:

*Find favor, Adonai, our God, with Your people Israel and accept their prayer in love.
May the worship of Your people Israel always be acceptable. God who is near to all who call, turn
lovingly to Your servants. Pour out Your spirit upon us.*

Let our eyes behold Your loving return to Zion. Blessed are You, Adonai, whose Presence returns to Zion.

HODAAH

Modim anachnu lach, shaAtah hu Adonai Eloheinu v'Elohei
avoteinu v'imoteinu l'olam va'ed. Tzur chayeinu, magein
yisheinu, Atah hu l'dor vador. Nodeh l'cha un'sapeir t'hilatecha.
Al chayeinu ham'surim b'yadecha, v'al nishmoteinu hap'kudot
lach, v'al nisecha sheb'chol yom imanu, v'al niflotecha
v'tovotecha sheb'chol eit, erev vavoker v'tzohorayim.
Hatov ki lo chalu rachamecha, v'ham'racheim ki lo tamu
chasadecha, mei'olam kivinu lach.

V'al kulam yitbarach v'yitromam shimcha, Malkeinu, tamid
l'olam va'ed. V'chol hachayim yoducha selah, viy'hal'lu et
shimcha be'emet, Ha'Eil y'shuateinu v'ezrateinu selah.

Baruch Atah, Adonai, hatov shimcha ul'cha na'eh l'hodot.

*We acknowledge with thanks that You are Adonai, our God and the God of our ancestors, forever. You
are the Rock of our lives, and the Shield of our salvation in every generation. Let us thank You and praise
You – for our lives which are in Your hand, for our souls which are in Your care, for Your miracles that
we experience every day and for Your wondrous deeds and favors at every time of day: evening, morning
and noon. O Good One, whose mercies never end, O Compassionate One, whose kindness never fails, we
forever put our hope in You. For all these things, O Sovereign, let Your Name be forever praised and
blessed. O God, our Redeemer and Helper, let all who live affirm You and praise Your Name in truth.*

Blessed are You, Adonai, Your Name is Goodness, and You are worthy of thanksgiving.

SHALOM

Sim Shalom tovah uvrachah, chein vachased v'rachamim, aleinu
v'al kol Yisrael amecha. Bar'cheinu, yotzreinu, kulanu k'echad
b'or panecha, ki v'or panecha natata lanu, Adonai Eloheinu, Torat
chayim v'ahavat chesed, utz'dakah uv'rachah v'rachamim
v'chayim v'shalom. V'tov b'einecha l'vareich et amcha Yisrael
b'chol eit uv'chol shaah bishlomecha.

Baruch Atah, Adonai, ham'vareich et amo Yisrael bashalom.

*Grant peace, goodness and blessing, grace, kindness and mercy, to us and to all Your people Israel. Bless
us, our Creator, all of us together, through the light of Your Presence. Truly through the light of Your
Presence, Adonai our God, You gave us a Torah of life - the love of kindness, justice and blessing, mercy,
life, and peace. May You see fit to bless Your people Israel at all times, at every hour, with Your peace.*

Praised are You, Adonai, who blesses Your people Israel with peace.

Oseh shalom bimromav, Hu yaaseh shalom aleinu v'al
kol Yisrael, v'al kol yoshvei teivel. V'imru: Amen.

May the One who brings us peace bring this peace before us unto all of Israel, unto all the nations. Amen.

Yih'yu l'ratzon imrei fi v'hegyon libi l'fanecha,
Adonai tzuri v'go-ali.

יהיו לרצון אמרי פי והגיון לבי לפניך,
יְיָ צוּרִי וְגוֹאֲלִי.

*May the words of my mouth and the meditations of my heart
be acceptable to You, my Rock and my Redeemer.*

--- Seder Kriat HaTorah: Reading of the Torah ---

Miles Narva becomes Bar Mitzvah

לְדוֹר וָדוֹר נִגְדַתְּ גְדֻלָּתְךָ וְלִנְצַח וְלִנְצַח נִצְחִים קִדְשָׁתְךָ נִקְדִּישׁ

L'dor vador nagid godlecha, ul'neitzach n'tzachim k'dushatcha nakdish.

From generation to generation we will declare Your greatness, and for all eternity proclaim Your holiness.

שמע ישראל יהוה אלהינו יהוה אחד
Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad!
Hear, O Israel, Adonai is our God, Adonai is One!

Before the Reading of Torah

Reader: Bar'chu et Adonai ham'vorach.

Congregation: **Baruch Adonai ham'vorach l'olam va'ed.**

Reader: Baruch Adonai ham'vorach l'olam va'ed.

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher bachar
banu mikol haamim, v'natan lanu et Torato.

Baruch Atah, Adonai, notein haTorah.

Bless Adonai who is blessed. Blessed is Adonai who is blessed now and forever.

*Blessed are You, Adonai our God, Sovereign of the universe, who has chosen us from among the peoples,
and given us the Torah. Blessed are You, Adonai, who gives the Torah.*

בָּרַכּוּ אֶת יְיָ הַמְּבָרָךְ
בָּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד
בָּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד
בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר
בָּנוּ מִכָּל הָעַמִּים וְנָתַן לָנו אֶת תּוֹרָתוֹ.
בָּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה

Torah read by our Bar Mitzvah, Miles Narva Numbers 11:30-12:16

After the Reading of Torah

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher natan lanu
Torat emet v'chayei olam nata b'tocheinu.

Baruch Atah, Adonai, notein haTorah.

*Blessed are You, Adonai our God, Sovereign of the universe, who has given us a Torah of truth,
implanting within us eternal life. Blessed are You, Adonai, who gives the Torah.*

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר נָתַן
לָנו תּוֹרַת אֱמֶת וְחַיֵּי עוֹלָם בְּטֵעַ בְּתוֹכֵנוּ.
בָּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה

Etz Chaim: Tree of Life

Etz chaim hi l'machazikim bah, v'tom'cheha m'ushar.

D'racheha darchei noam v'chol n'tivotaha shalom.

Hashiveinu Adonai, eilecha, v'nashuvah. Chadeish yameinu k'kedem.

It is a tree of life to those who hold fast to it, and all of its supporters are happy.

Its ways are ways of pleasantness and all its paths are peace.

Return us to You, Adonai, and we will return; renew our days as of old.

עֵץ חַיִּים הִיא לַמְחַזְקִים בָּהּ. וְתִמְכֶינָהּ מְאֹד.
דַּרְכֶיהָ דַרְכֵי נֹעַם וְכָל נִתְיַבְּתֶיהָ שְׁלוֹם.
הַשִּׁיבֵנוּ יְיָ אֱלֹהֵינוּ וְנִשׁוּבָה. חַדְשׁ יָמֵינוּ כְּקֵדֶם.

Blessing before the Haftarah

Baruch Atah, Adonai Eloheinu, Melech haolam, asher bachar bin'vi'im tovim, v'ratzah v'divreihem hane'emarim be'emet.

Baruch Atah, Adonai, habocheh baTorah uv'Moshe avdo, uv'Yisrael amo, uvinvi'ei ha'emet vatzedek.

Blessed are You, Adonai our God, Sovereign of the universe, who has chosen faithful prophets to speak words of truth. Blessed are You, Adonai, for the revelation of Torah, for Your servant Moses, for Your people Israel and for prophets of truth and righteousness.

ברוך אתה יי אלהינו מלך העולם, אשר בחר בנביאים טובים, ורצה בדבריהם הנאמרים באמת, ברוך אתה יי, הבוחר בתורה ובמשה עבדו, ובישראל עמו, ובנביאי האמת וצדק.

Blessing after the Haftarah

Baruch Atah, Adonai Eloheinu, Melech haolam, tzur kol ha'olamim, tzadik b'chol hadorot, Ha'Eil hane'eman, ha'omeir v'oseh, ham'dabeir um'kayeim, shekol d'varav emet vatzedek. Al haTorah, v'al ha'avodah, v'al han'vi'im, v'al yom HaShabbat hazeh, shenatata lanu Adonai Eloheinu, likdushah v'limnuchah, l'chavod ul'tif'aret. Al hakol Adonai Eloheinu, anachnu modim lach, um'varchim otach, yitbarach shimcha b'fi chol chai tamid l'olam va'ed.

Baruch Atah, Adonai, m'kadeish HaShabbat.

Blessed are You, Adonai our God, Sovereign of the universe, Rock of all creation, Righteous One of all generations, the faithful God whose word is deed, whose every command is just and true. For the Torah, for the privilege of worship, for the prophets, and for this Shabbat that You, Adonai our God, have given us. For holiness and rest, for honor and glory: we thank and bless you. May Your name be blessed for ever by every living being. Blessed are You, Adonai, for the Sabbath and its holiness.

ברוך אתה יי אלהינו מלך העולם, צור כל העולמים, צדיק בכל הדורות, האל הנאמן האומר ועשה, המדבר ומקיים, שכל דבריו אמת וצדק. על התורה, ועל העבודה, ועל הנביאים, ועל יום השבת הזה, שננתת לנו, יי אלהינו, לקדשה ולמנוחה, לכבוד ולתפארת. על הכל, יי אלהינו, אנחנו מודים לך, ומברכים אותך, ותברך שמה בפי כל חי תמיד לעולם ועד.

ברוך אתה יי, מקדש השבת.

Siman Tov u'Mazal Tov!

Siman tov u'mazal tov, u'mazal tov v'siman tov!
Y'hei lanu ul'chol Yisrael!

סימן טוב ומזל טוב ומזל טוב וסימן טוב
יהא לנו ולכל ישראל!

This is a good and lucky sign for us and all Israel!

“Micah”

Composed by Teddy Klaus for Temple Micah's 25th Anniversary

In the days to come, the Mount of God's house shall stand firm above the mountains and tower above the hills; The peoples shall gaze on it with joy. And the many nations shall go and say:

“Come, let us go up to the Mount of Adonai, to the House of the God of Jacob; That God may instruct us in God's ways, and that we may walk in God's paths.”

Thus God will judge among the many peoples, and arbitrate for the multitude of nations, however distant.

Come, and they shall beat their swords into plowshares and their spears into pruning hooks.

Nation shall not take up sword against nation; they shall never again know war.

But everyone shall sit under their grapevine or fig tree, with no one to disturb them;

For it was God on High who spoke.

Though all the peoples walk, each in the name of its gods,

We will walk in the name of Adonai our God forever and ever.

– Isaiah 2:2-4; Micah 4:4-5

R'fuah Sh'leimah

Suzanne Allender, Emily Alpern-Fisch, Alan Appel, Ronni Behar, Janice Berlin, Marla Borkson, Ellen Buckley, Paula Krock Cameron, Barbara Cleveland, Timothy Dunar, Esther bat Chaim v'Chaya, Netanel Felber, Chelo Fournier, Gittel bat Sh'muel v'Bella, Carole Greenberg, Edward Greenberg, Richard Greenfield, Andrea Hamos, Daryl Hawkins, Dusty Kaplan, Joan Kupferberg, Philip Levine, Stu Levine, Sam Levinson, Sharonette Leonard, Dan Lutenegger, Avital Manor, Mildred Marin, Sophie Meyers, Cheryl Mitchell, David Ransohoff, Lois Rosen, Eric Rosenberg, Rabbi Steve Sager, Sarah Golde bat Shifrah, David Scheever, Mary Schwartz, Cynthia Seymour, Paul Shapiro, Harry Silver, Kristen Surya, Betty Ustun, Charlotte Wasser

We Remember a Few of Far Too Many Lives Lost to COVID-19

Margrit Stenge, 93, and Stefan Stenge, Holocaust survivors married for 71 years, Montreal, Canada
Guandes “Mook” Smith, 27, firehouse captain and father of three, Sardis, Mississippi
Darryl Preissler, 63, contractor, woodworker, Orioles fan, grandparent, Pasadena, Maryland

We Remember the Victims of Mass Shooting in San Jose

Abdolvahab Alaghmandan, 63; Adrian Balleza, 29; Alex Ward Fritch, 49; Jose Dejesus Hernandez, 35;
Lars Kepler Lane, 63; Paul Delacruz Megia, 42; Timothy Michael Romo, 49;
Michael Joseph Rudometkin, 40; Taptejdeep Singh, 36

We Remember Those Lost to Violence in Washington, DC

Tyrone Curtis, 45, NE DC

Yahrzeit

Harold Blatt, Rita Blatt, Robert Blatt, Lenore Kathleen Bodner, Ida Broide, Estelle Checkman-Phillips,
Harry Cherney, Fred Dickelman, Avi Dorot, Otto Frankenfeld, Arnold Hollander, Jack Kaplan,
Mildred Katzman, Eileen Laxer, Deborah Sachse, Maurice B. Sachse, Ruth Meyerson Schiff,
David Schwartz, Jeannette Vale, Jerome Wald, Richard Wolf

Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih, b'chayeichon
uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala uvizman
kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.
Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei,
v'yit'hadar v'yit'aleh v'yit'halal sh'mei d'kud'sha,
b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata v'nechemata,
daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol
Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol
Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen.

May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.
בְּעֵלְמָא דִּי בְרָא כְרַעוּתָהּ וְנִמְלִיךְ מַלְכוּתָהּ בְּסַיְיכוֹן
וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעִגְלָא וּבְזִמְן קָרִיב,
וְאָמְרוּ אָמֵן.

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמַי וּלְעָלְמֵי עֵלְמַיָּא.
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר
וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקֻדְשָׁא.
בְּרִיךְ הוּא.

לְעֵלְמָא מִן כּוֹל בִּרְכַתָּא וְשִׁירַתָּא תְּשֻׁבַּחַתָּא וְנִחְמַתָּא
דְאָמִירָן בְּעֵלְמָא. וְאָמְרוּ אָמֵן.

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כּוֹל
יִשְׂרָאֵל. וְאָמְרוּ אָמֵן.

עֹשֶׂה שְׁלוֹם בְּמִרְוָמֵי הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל כּוֹל
יִשְׂרָאֵל וְעַל כּוֹל יוֹשְׁבֵי תֵבֶל. וְאָמְרוּ אָמֵן.

Ein K'Eloheinu

Ein k'Eloheinu, ein k'Adoneinu,
ein k'Malkeinu, ein k'Moshi-einu.

Mi ch'Eloheinu, mi ch'Adoneinu,
mi ch'Malkeinu, mi ch'Moshi-einu?

Nodeh l'Eloheinu, nodeh l'Adoneinu,
nodeh l'Malkeinu, nodeh l'Moshi-einu.

Baruch Eloheinu, baruch Adoneinu,
baruch Malkeinu, baruch Moshi-einu.

Atah Hu Eloheinu, Atah Hu Adoneinu,
Atah Hu Malkeinu, Atah Hu Moshi-einu.

אין כאלהינו, אין כאדוננו,
אין כמלכנו אין כמושיענו

מי כאלהינו מי כאדוננו
מי כמלכנו מי כמושיענו

נודה לאלהינו נודה לאדוננו
נודה למלכנו נודה למושיענו

ברוך אלהינו ברוך אדוננו
ברוך מלכנו ברוך מושיענו

אתה הוא אלהינו אתה הוא אדוננו
אתה הוא מלכנו אתה הוא מושיענו

*There is none like our God; there is none like our Eternal One;
there is none like our Ruler; there is none like our Redeemer.*

*Who is like our God? Who is like our Eternal One?
Who is like our Ruler? Who is like our Redeemer?*

*We will give thanks to our God; we will give thanks to our Eternal One;
we will give thanks to our Ruler; we will give thanks to our Redeemer.*

*Praised be our God; praised be our Eternal One;
praised be our Ruler; praised be our Redeemer.*

*You are our God; You are our Eternal One;
You are our Ruler; You are our Redeemer.*

Shabbat Shalom!