

June 4, 2021
25 Sivan, 5781
Shabbat Sh'lach L'cha

It has been told to you, what is good, and what Adonai requires of you
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)



Ma Yafeh Hayom

Mah yafeh hayom, Shabbat shalom.

מה יפה היום, שבת שלום.

How lovely is this day of Sabbath peace.

L'cha Dodi

L'cha dodi likrat kallah, p'nei shabbat n'kab'lah.

לכה דודי לקראת כלה פני שבת נקבלה.

Shamor v'zachor b'dibur echad, hishmianu El ham'yuchad
Adonai echad ush'mo echad, l'shem ul'tiferet v'lit'hilah.

שמור וזכור בדבור אחד, השמיענו אל המיוחד
יי אחד ושמו אחד, לשם ולתפארת ולתהלה.

Likrat Shabbat l'chu v'neilcha, ki hi m'kor hab'rachah
Meirosh mikedem n'sucha, sof maaseh b'machshava t'chila

לקראת שבת לכו ונלכה, כי היא מקור הברכה
מראש מקדם נסוכה, סוף מעשה במחשבה תחלה.

Bo'i v'shalom ateret ba'lah, gam b'simchah uv'tzoholah
Toch emunei am s'gulah, bo'i chalah, bo'i chalah!

בואי בשלום עטרת בעלה, גם בשמחה ובצלה
תודי אמוני עם סגלה, בואי כלה, בואי כלה.

Beloved, come to meet the bride; beloved come to greet Shabbat.

“Keep” and “remember”: a single command the Only God caused us to hear; The Eternal is One, God's Name is One; glory and praise are God's. Come with me to meet Shabbat, forever a fountain of blessing. Still it flows, as from the start: the last of days, for which the first was made. Enter in peace, O crown of your betrothed; enter in gladness, enter in joy.

Come to the people that keeps its faith. Enter, O bride! Enter, O bride!

Candles

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher
kidshanu b'mitzvotav v'tzivanu l'hadlik neir shel Shabbat.

ברוך אתה יי, אלהינו מלך העולם, אשר קדשנו
במצותיו וצונו להדליק נר של שבת.

We praise You, Eternal God, Sovereign of the universe.

You hallow us with Your Mitzvot and command us to kindle the light of Shabbat.

Refuah Shleimah

Suzanne Allender, Emily Alpern-Fisch, Alan Appel, Ronni Behar, Janice Berlin, Marla Borkson,
Ellen Buckley, Paula Krock Cameron, Barbara Cleveland, Timothy Dunar, Esther bat Chaim v'Chaya,
Netanel Felber, Chelo Fournier, Gittel bat Sh'muel v'Bella, Carole Greenberg, Edward Greenberg,
Richard Greenfield, Andrea Hamos, Daryl Hawkins, Dusty Kaplan, Joan Kupferberg, Philip Levine,
Stu Levine, Sam Levinson, Sharonette Leonard, Dan Lutenegger, Avital Manor, Mildred Marin,
Sophie Meyers, Cheryl Mitchell, David Ransohoff, Lois Rosen, Eric Rosenberg, Rabbi Steve Sager,
Sarah Golde bat Shifrah, David Scheever, Mary Schwartz, Cynthia Seymour, Paul Shapiro, Harry Silver,
Kristen Surya, Betty Ustun, Charlotte Wasser

Hashkivenu

Hashkivenu, Adonai Eloheinu, l'shalom,
V'ha'amidenu, Malkeinu, l'chaim.
U'fros aleinu sukkat shlomeicha.
Amen.

השכיבנו, יי אלהינו, לשלום,
והעמידנו, מלכנו, לחיים.
ופרוש עלינו סוכת שלומך. אמן.

*Shelter us, beneath your wings, O Adonai. Guard us from all harmful things, Oh Adonai.
Keep us safe throughout the night, 'Til we wake with morning light.
Teach us, God, wrong from right, Oh, Adonai. Amen.*

Kiddush

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, borei p'ri
hagafen. Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
asher kidshanu b'mitzvotav v'ratzah vanu, v'shabat kodsho
b'ahavah uv'ratzon hinchilanu, zikaron l'maaseh v'reishit.
Ki hu yom t'hilah l'mikra'ei kodesh, zeicher litziat
mitzrayim. Ki vanu vacharta v'otanu kidashta mikol
ha'amim, v'shabbat kodsh'cha b'ahavah uv'ratzon
hinchaltanu. Baruch Atah, Adonai, m'kadeish hashabbat.

ברוך אתה יי, אלהינו מלך העולם,
בורא פרי הגפן. ברוך אתה יי, אלהינו מלך העולם,
אשר קדשנו במצותיו ורצה בנו, ושבת קדשו באהבה
וברצון הנחילנו, זכרון למעשה בראשית. כי הוא יום
תחילה למקראי קדש, זכר ליציאת מצרים. כי-בנו
בחרת ואותנו קדשת, מכל-העמים, ושבת קדשך
באהבה וברצון הנחלתנו. ברוך אתה יי, מקדש
השבת.

*We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine.
We praise You, Eternal God, Sovereign of the universe; You call us to holiness with the Mitzvah of Shabbat – the sign of
Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days. On Shabbat
especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.*

Challah

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
hamotzi lechem min ha'aretz.

ברוך אתה יי, אלהינו מלך העולם,
המוציא לחם מן הארץ.

*We praise You, Eternal God, Sovereign of the universe,
who causes bread to come from the earth.*

DANIEL G. ZEMEL, Rabbi
JOSHUA BERAHA, Associate Rabbi | **STEPHANIE CRAWLEY**, Assistant Rabbi
RACHEL GROSS, Executive Director | **DEBRA WINTER**, Worship Music Artist | **TEDDY KLAUS**, Music Director
SHARON TASH, Education Director
2829 Wisconsin Ave., NW Washington, DC 20007 | (202) 342-9175 | www.templemicah.org

May I Suggest

May I suggest, may I suggest to you
May I suggest this is the best part of your life
May I suggest this time is blessed for you
This time is blessed and shining almost blinding bright
Just turn your head, and you'll begin to see
The thousand reasons that were just beyond your sight
The reasons why, why I suggest to you
Why I suggest this is the best part of your life

There is a hope that's been expressed in you
The hope of seven generations, maybe more
And this is the faith that they invest in you
It's that you'll do one better than was done before
Inside you know, inside you understand
Inside you know what's yours to finally set right
And I suggest, and I suggest to you
And I suggest this is the best part of your life

There is a world that's been addressed to you
Addressed to you, intended only for your eyes
A secret world, like a treasure chest to you
Of private scenes and brilliant dreams that mesmerize
A lover's trusting smile, a tiny baby's hands
The million stars that fill the turning sky at night
Oh I suggest, oh I suggest to you
Oh I suggest this is the best part of your life

This is a song, comes from the west to you
Comes from the west, comes from the slowly setting sun
With a request, with a request of you
To see how very short the endless days will run
And when they're gone, and when the dark descends
Oh we'd give anything for one more hour of light
And I suggest this is the best part of your life
Yes I suggest this is the best part of your life

We Remember a Few of Far Too Many Lives Lost to COVID-19

Manisha Jadhav, 51, doctor and hospital administrator, Mumbai, India
Master Sergeant Brian Tolliver, 46, Army Reserve Medical Command, Memphis, Tennessee
David Richard McCalmont Hebbe, 46, enjoyed Christian rock and being a dad, Sandston, Virginia

We Remember Fallen Service Members at Home and Overseas

Army Staff Sergeant Christopher Pantos, 55

We Remember Those Lost to Violence in Washington, DC

Harold Biddix, 35, Greenbelt, MD; Bret Desmarteau, 35, Baltimore, MD;
Kassius-Kohn Glay, 16, NW DC; Frank Winchester, 40, SE DC

Yahrzeit

Herbert Brown, Oscar Charlson, Morris Gerstenhaber, Matthew Greenberg, Sylvia Grossman, Don Herzog, Sue Herzog, Ida Lipman, Martin Luray, Esther Morgenstern, Barry Pessin, Edward Platoff, Howard Rothman, Sally Schwartz, Emma Seelig, Martin C. Sloan, Harriet P. Stein, Nathan Valasky, Jonathan Winter

Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih, b'chayeichon uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala uvizman kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei, v'yit'hadar v'yit'aleh v'yit'halal sh'mei d'kud'sha, b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata v'nechemata, daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.

Oseh Shalom

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא
בְּעֵלְמָא דִּי בְּרָא כְרְעוּתֵיהּ וְיִמְלִיךְ מַלְכוּתֵיהּ בְּחַיֵּינוּ
וּבְיוֹמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעָגְלָא וּבְזִמְנָן
קָרִיב, וְאָמְרוּ אָמֵן
יְהִי שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמֵי עֲלְמֵיָא
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׂא
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקַדְשָׁא
בְּרִיךְ הוּא
לְעֵלְא מִן כָּל בְּרִכְתָּא וְשִׁירְתָּא תְּשַׁבְּחָתָא וְנַחֲמָתָא
דְאָמְרוּ בְּעֵלְמָא. וְאָמְרוּ אָמֵן
יְהִי שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עֲלֵינוּ וְעַל כָּל
יִשְׂרָאֵל. וְאָמְרוּ אָמֵן
עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עֲלֵינוּ וְעַל
כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֵל. וְאָמְרוּ אָמֵן