

October 8, 2021
3 Cheshvan, 5782
Shabbat Noach



It has been told to you, what is good, and what Adonai requires of you
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)

Yedid Nefesh

Yedid nefesh, av harachaman,
m'shoch avd'cha el r'tzonecha.
Yarutz avd'cha k'mo ayal,
yishtachaveh el mul hadarecha.

יְדִיד נֶפֶשׁ, אָב הַרְחָמֹן
מִשׁוֹחַ אַבְדָּךְ אֶל רְצוֹנְךָ
יָרוּץ אַבְדָּךְ כְּמוֹ אַיִל
יִשְׁתַּחֲוֶה אֶל מוּל הַדָּרֶךְ

*Heart's delight, Source of mercy, draw Your servant into Your arms.
I leap like a deer to stand in awe before You.*

Ma Yafeh Hayom

Mah yafeh hayom, Shabbat shalom.

מַה יָפֵה הַיּוֹם, שַׁבַּת שְׁלוֹם.

How lovely is this day of Sabbath peace.

L'cha Dodi

L'cha dodi likrat kallah, p'nei shabbat n'kab'lah.

לְכָה דוּדֵי לְקִרְאֵת כַּלָּה פְּנֵי שַׁבַּת נִקְבְּלָה.

Shamor v'zachor b'dibur echad, hishmianu El ham'yuchad
Adonai echad ush'mo echad, l'shem ul'tiferet v'lit'hilah.

שָׁמֹר וְזָכוֹר בְּדַבָּר אֶחָד, הִשְׁמִיעֵנוּ אֶל הַמְיֻחָד
יְיָ אֶחָד וְשִׁמוֹ אֶחָד, לְשֵׁם וּלְתַפְאֵרֶת וּלְתִהְלָה.

Likrat Shabbat l'chu v'neilcha, ki hi m'kor hab'rachah
Meirosh mikedem n'sucha, sof maaseh b'machshava t'chila

לְקִרְאֵת שַׁבַּת לָכוּ וְנִלְכָה, כִּי הִיא מְקוֹר הַבְּרָכָה
מֵרֵאשִׁי מִקְדָּם נְסוּכָה, סוֹף מַעֲשֵׂה בְּמַחֲשָׁבָה
תִּחְלָה.

Bo'i v'shalom ateret ba'lah, gam b'simchah uv'tzoholah
Toch emunei am s'gulah, bo'i chalah, bo'i chalah!

בּוֹאֵי בְּשְׁלוֹם עֲטֹרַת בַּעֲלָה, גַּם בְּשִׂמְחָה וּבְצִהְלָה
תּוֹךְ אֲמוּנֵי עַם סִגְלָה, בּוֹאֵי כָלָה, בּוֹאֵי כָלָה.

Beloved, come to meet the bride; beloved, come to greet Shabbat.

Candles

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher
kidshanu b'mitzvotav v'tzivanu l'hadlik neir shel Shabbat.

בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבַּת.

*We praise You, Eternal God, Sovereign of the universe.
You hallow us with Your Mitzvot and command us to kindle the light of Shabbat.*

DANIEL G. ZEMEL, Rabbi
JOSHUA BERAHA, Associate Rabbi | STEPHANIE CRAWLEY, Associate Rabbi
RACHEL GROSS, Executive Director | BETH WERLIN, Executive Director | DEBRA WINTER, Director of Spiritual Arts
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Refuah Shleimah

Emily Alpern-Fisch, Alan Appel, Ronni Behar, Ira Berlin, Janice Berlin, Ellen Buckley, Barbara Cleveland, Netanel Felber, Chelo Fournier, Golda bat Yaakova uVelvel, Richard Greenfield, Andrea Hamos, Benjamin Kaufman, Joan Kupferberg, Philip Levine, Stu Levine, Sam Levinson, Sharonette Leonard, Dan Lutenecker, Mildred Marin, Stephanie Mendez, Sophie Meyers, Robin Parry, Rachel bat Chava, Lois Rosen, Eric Rosenberg, Rabbi Steve Sager, Saguee Saraf, Shevach Saraf, Zipora Saraf, Sarah Golde bat Shifrah, David Scheever, Charles Schussheim, Cynthia Seymour, Harry Silver, Betty Ustun, Heather Weisman, Mimi Wolf

Hashkiveinu

Hashkiveinu Adonai Eloheinu l'shalom, l'shalom
V'haamideinu shomreinu l'chaim
Ufros aleinu sukkat sh'lomecha,
ufros aleinu sukkat sh'lomecha, Amen.

Shelter us beneath Your wings, O Adonai
Guard us from all harmful things, O Adonai
Keep us safe throughout the night 'til we wake with morning's light
Teach us, God, wrong from right. Amen.

Kiddush

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, borei p'ri
hagafen. Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
asher kidshanu b'mitzvotav v'ratzah vanu, v'shabat kodsho
b'ahavah uv'ratzon hinchilanu, zikaron l'maaseh v'reishit.
Ki hu yom t'hilah l'mikra'ei kodesh, zeicher litziat
mitzrayim. Ki vanu vacharta v'otanu kidashta mikol
ha'amim, v'shabbat kodsh'cha b'ahavah uv'ratzon
hinchaltanu. Baruch Atah, Adonai, m'kadeish hashabbat.

ברוך אתה יי, אלהינו מלך העולם,
בורא פרי הגפן. ברוך אתה יי, אלהינו מלך
העולם, אשר קדשנו במצותיו ורצה בנו, ושבט
קדשו באהבה וברצון הנחילנו, זכרון למעשה
בראשית. כי הוא יום תחילה למקראי קדש, זכר
ליציאת מצרים. כי-בנו בחרת ואותנו קדשת,
מכל-העמים, ושבט קדשך באהבה וברצון
הנחלתנו. ברוך אתה יי, מקדש השבת.

We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine.

We praise You, Eternal God, Sovereign of the universe; You call us to holiness with the Mitzvah of Shabbat – the sign of Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days. On Shabbat especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.

Challah

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
hamotzi lechem min ha'aretz.

ברוך אתה יי, אלהינו מלך העולם,
המוציא לחם מן הארץ.

*We praise You, Eternal God, Sovereign of the universe,
who causes bread to come from the earth.*

V'shamru

V'shamru v'nei Yisrael et haShabbat,
La-asot et haShabbat
l'dorotam, b'rit olam:
Bei'ni uvein b'nei Yisrael ot hi l'olam.
Ki sheishet yamim asa Adonai
et hashamayim v'et ha-aretz.
Uvayom hash'vi-i shavat vayinafash.

ושמרו בני ישראל את השבת,
לעשות את השבת
לדורתם ברית עולם.
ביני ובין בני ישראל אות היא לעולם,
כי-ששת ימים עשה יי
את השמים ואת הארץ,
וביום השביעי שבת וינפש.

*The people of Israel shall keep Shabbat, observing Shabbat throughout the ages as a covenant for all time.
It is a sign for all time between Me and the people of Israel. For in six days Adonai made heaven and earth,
and on the seventh day God ceased from work and was refreshed.*

We Remember a Few of Far Too Many Lives Lost to COVID-19

Marc Pilcher, 53, Emmy-award winning hair and makeup designer, London, United Kingdom
Casie Marie Freeman, 29, loved taking her daughters to Disney World, Macon, Georgia
Kathy Jacob, 56, youth services librarian and parent, Winchester, Virginia

We Remember Those Lost to Violence in Washington, DC

Temika Johnson, 35, SW DC; Pedro Melendez Alvarado, 35, Alexandria, VA; Andre Robertson, 33, NE DC;
Garry Stanley Sr., 44, Fort Washington, MD

Shloshim

Nick Fletcher, Josef Karl Gartner, Edward Greenberg, Walter Leo Schiff, Michael Taphouse

Yahrzeit

Barbara Ashton, Raymond Busker, Abe Cohen, Esther Dunsay, Anne Elvigan, Jennie Faber, Samuel Faber,
David A. Feldman, Lorraine Feldman, Isabel Field, Charlotte Funston, Constance D. Jacob, Joshua I. Justin,
Arlene Lonker Kamin, Marcia Kempner, Edward C. Kirby, Jr., Meryl Klarin, Gabriel Milanese, Nate Muskin,
Michael Nussbaum, David Peters, Louis Raitiere, Daniel Rosenbaum, Joel Rudick, Geraldine Sterenfeld,
Shirley Suconik, Stephanie Woodring, Harry A. Zoltick

Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih, b'chayeichon
uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala uvizman
kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei,
v'yit'hadar v'yit'aleh v'yit'halal sh'mei d'kud'sha,
b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata v'nechemata,
daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol
Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol
Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.

Hava Nashira

Hava nashira, shir halleluyah!

הָבָה נְשִׁירָה שִׁיר הַלְלוּיָהּ!

Let us sing together, halleluyah!