



*It has been told to you, what is good, and what Adonai requires of you  
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)*

## Exodus שְׁמוֹת 1

- א** וְאֵלֶּה שְׁמוֹת בְּנֵי יִשְׂרָאֵל הַבָּאִים  
מִצְרָיִם אֶת יַעֲקֹב אִישׁ וּבֵיתוֹ בָּאוּ:  
**1** These are the names of the sons of Israel  
who came to Egypt with Jacob, each  
coming with his household:
- ב** רְאוּבֵן שִׁמְעוֹן לֵוִי וַיהוּדָה:  
**2** Reuben, Simeon, Levi, and Judah:
- ג** יִשָּׂשכָר זְבולוֹן וּבִנְיָמִן:  
**3** Issachar, Zebulun, and Benjamin;
- ד** דָּן וְנַפְתָּלִי גָד וְאַשֶׁר:  
**4** Dan and Naphtali, Gad and Asher.
- ה** וַיְהִי כֹל־נַפְשׁ יֹצְאֵי יִרְדְּ-יַעֲקֹב שְׁבַע־עִים  
נַפְשׁ וַיֹּסֶף הָיָה בְּמִצְרָיִם:  
**5** The total number of persons that were of  
Jacob's issue came to seventy, Joseph being  
already in Egypt.
- ו** וַיָּמָת יוֹסֵף וְכָל־אָחָיו וְכָל־הַדּוֹר הַהוּא:  
**6** Joseph died, and all his brothers, and all  
that generation.
- ז** וּבְנֵי יִשְׂרָאֵל פְּרוּ וַיִּשְׂרְצוּ וַיִּרְבוּ וַיַּעֲצֻמוּ  
בְּמֵאֵד מְאֹד וַתִּמְלֵא הָאָרֶץ אֹתָם:  
**7** But the Israelites were fertile and prolific;  
they multiplied and increased very greatly,  
so that the land was filled with them.

## Haftarah for Shemot

*In Parashat Sh'mot, a new king arises in the land of Egypt. Moses also becomes aware of God's presence when he sees the burning bush that is not consumed by fire. These selections describe Samuel's ascent to power: a seemingly-smooth transfer from Saul. What can we learn from these Biblical characters as they behold new revelations or take on new leadership?*

*In these verses, Saul wonders if he should really become the new leader (9:21), coming from a modest family. Yet the prophet Samuel affirms that Saul is meant to lead the people, and God gives Saul a "new heart." What do you think this means? What does leadership require of us?*

## 1 Samuel 9:19-27

- 19** **יט** וַיַּעַן שְׂמוּאֵל אֶת־שָׂאוּל וַיֹּאמֶר אֲנֹכִי הִרְאָה עֲלַי לְפָנֶי הַבַּיִת וְאֶכְלֶתֶם עִמִּי הַיּוֹם וּשְׁלַחְתִּיךָ בַּבֹּקֶר וְכָל אֲשֶׁר בְּלִבְבְּךָ אֶגִּיד לְךָ :  
19 And Samuel answered Saul, “I am the seer. Go up ahead of me to the shrine, for you shall eat with me today; and in the morning I will let you go, after telling you whatever may be on your mind.
- 20** **כ** וְלֵאמֹנֹת הָאֲבֻדֹת לָךְ הַיּוֹם שְׁלֶשֶׁת הַיָּמִים אַל־תִּשָּׂם אֶת־לִבְּךָ לָהֶם כִּי נִמְצְאוּ וְלָמִי כָּל־חַמְדַּת יִשְׂרָאֵל הֲלוֹא לָךְ וּלְכָל בַּיִת אֲבִיךָ :  
20 As for your asses that strayed three days ago, do not concern yourself about them, for they have been found. And for whom is all Israel yearning, if not for you and all your ancestral house?”
- 21** **כא** וַיַּעַן שָׂאוּל וַיֹּאמֶר הֲלוֹא בְּרַיְמִינִי אֲנֹכִי מִקְטַנֵּי שְׁבֵטֵי יִשְׂרָאֵל וּמִשְׁפַּחְתִּי הַצְּעִרָה מִכָּל־מִשְׁפָּחוֹת שְׁבֵטַי בְּנֵימָן וְלָמָּה דַּבַּרְתָּ אֵלַי כַּדָּבָר הַזֶּה :  
21 Saul replied, “But I am only a Benjaminite, from the smallest of the tribes of Israel, and my clan is the least of all the clans of the tribe of Benjamin! Why do you say such things to me?”
- 22** **כב** וַיִּקַּח שְׂמוּאֵל אֶת־שָׂאוּל וְאֶת־נַעֲרוֹ וַיְבִיאֵם לְשֹׁכֶתָה וַיִּתֵּן לָהֶם מְקוֹם בְּרֹאשׁ הַקְּרוּאִים וְהָמָּה כִּשְׁלֹשִׁים אִישׁ :  
22 Samuel took Saul and his servant and brought them into the hall, and gave them a place at the head of the guests, who numbered about thirty.
- 23** **כג** וַיֹּאמֶר שְׂמוּאֵל לְטֹבַח תִּנְהַ אֶת־הַמִּנְחָה אֲשֶׁר נָתַתִּי לְךָ אֲשֶׁר אָמַרְתִּי אֵלַיךְ שִׁים אֹתָהּ עִמָּךְ :  
23 And Samuel said to the cook, “Bring the portion which I gave you and told you to set aside.”
- 24** **כד** וַיִּרֶם הַטֹּבַח אֶת־הַשּׁוֹק וְהֶעֱלִיָּהּ וַיִּשֶׂם | לְפָנֶי שָׂאוּל וַיֹּאמֶר הִנֵּה הַנֶּשֶׂאֶר שִׁים לְפָנֶיךָ אֲכַל כִּי לְמוֹעֵד שְׂמִמֹּר־לְךָ לֵאמֹר הָעַם | קָרָאתִי וַיֹּאכַל שָׂאוּל עִם־שְׂמוּאֵל בַּיּוֹם הַהוּא :  
24 The cook lifted up the thigh and what was on it, and set it before Saul. And [Samuel] said, “What has been reserved is set before you. Eat; it has been kept for you for this occasion, when I said I was inviting the people.” So Saul ate with Samuel that day.
- 25** **כה** וַיִּרְדּוּ מִהַבַּיִת הָעִיר וַיֵּרְדּוּ עִם־שָׂאוּל עַל־הַגַּג :  
25 They then descended from the shrine to the town, and [Samuel] talked with Saul on the roof.
- 26** **כו** וַיִּשְׁכְּמוּ וַיְהִי כַּעֲלוֹת הַשַּׁחַר וַיִּקְרָא שְׂמוּאֵל אֶל־שָׂאוּל הַגַּג [הַגָּגָה] לֵאמֹר קוּמָה וְאֶשְׁלַחְךָ וַיִּקָּם שָׂאוּל וַיֵּצְאוּ שְׁנֵיהֶם הוּא וּשְׂמוּאֵל הַחוּצָה :  
26 Early, at the break of day, Samuel called to Saul on the roof. He said, “Get up, and I will send you off.” Saul arose, and the two of them, Samuel and he, went outside.
- 27** **כז** כַּז הָמָּה יוֹרְדִים בְּקֶצֶה הָעִיר וּשְׂמוּאֵל אָמַר אֶל־שָׂאוּל אָמַר לִנְעַר וַיַּעֲבֵר לְפָנֵינוּ וַיַּעֲבֵר וְאֹתָהּ עִמָּד כְּיוֹסֵם וְאֶשְׁמִיעֶךָ אֶת־דְּבַר אֱלֹהִים :  
27 As they were walking toward the end of the town, Samuel said to Saul, “Tell the servant to walk ahead of us”—and he walked ahead—“but you stop here a moment and I will make known to you the word of God.”

## 1 Samuel 10: 1-9

- א** וַיִּקַּח שְׁמוּאֵל אֶת־פֶּדֶף הַשֶּׁמֶן וַיִּצְקֵה עַל־רֹאשׁוֹ וַיִּשָּׁקֵהוּ וַיֹּאמֶר הֲלוֹא כִּי מִשְׁחָךְ יְהוָה עַל־נַחְלָתוֹ לְנַגִּיד׃
- 1** Samuel took a flask of oil and poured some on Saul's head and kissed him, and said, "The Eternal herewith anoints you ruler over His own people.
- ב** בְּלִכְתֹּךָ הַיּוֹם מֵעַמְדֵי וּמִצְאָתְךָ שְׁנֵי אַנְשִׁים עִם־קִבְרַת רַחֵל בְּגִבּוֹל בְּנֵימִן בְּצִלְצַח וְאָמְרוּ אֵלֶיךָ נִמְצְאוּ הָאֲתָנוּת אֲשֶׁר הִלַּכְתָּ לְבַקֵּשׁ וְהִנֵּה נִטַּשׁ אֲבִיךָ אֶת־דְּבָרֵי הָאֲתָנוּת וְדָאָג לָכֶם לֵאמֹר מָה אֶעֱשֶׂה לְבָנִי׃ רְאוּבֵן שָׁמְעוֹן לְוִי וַיְהוֹדָה׃
- 2** When you leave me today, you will meet two men near the tomb of Rachel in the territory of Benjamin, at Zelzah, and they will tell you that the asses you set out to look for have been found, and that your father has stopped being concerned about the asses and is worrying about you, saying: 'What shall I do about my son?'
- ג** וְחָלַפְתָּ מִשָּׁם וְהָלַאָה וּבֵאתָ עַד־אֵלוֹן תְּבוֹר וּמִצְאֹוֹךְ שָׁם שְׁלֹשָׁה אַנְשִׁים עֲלִים אֱלֹהֵהָאֱלֹהִים בֵּית־אֵל אֶחָד נִשְׂא | שְׁלֹשָׁה גְדִיִּים וְאֶחָד נִשְׂא שְׁלֹשֶׁת כֶּכָרֹת לֶחֶם וְאֶחָד נִשְׂא יַבֵּל־יַיִן׃
- 3** You shall pass on from there until you come to the terebinth of Tabor. There you will be met by three men making a pilgrimage to God at Bethel. One will be carrying three kids, another will be carrying three loaves of bread, and the third will be carrying a jar of wine.
- ד** וְשָׂאֲלוּ לָךְ לְשָׁלוֹם וְנָתְנוּ לָךְ שְׁתֵּי־לֶחֶם וְלִקְחָתָּ מֵיָדָם׃
- 4** They will greet you and offer you two loaves of bread, which you shall accept.
- ה** אַחֲרַיִךְ כִּן תִּבּוֹא גְבַעַת הָאֱלֹהִים אֲשֶׁר־שָׁם נֹצְבֵי פְלִשְׁתִּים וַיְהִי כְּבָאֲךָ שָׁם הָעִיר וּפְגַעְתָּ חֶבֶל נְבִיאִים לְרִדִים מִהַבְּמָה וּלְפָנֶיהֶם גִּבּוֹל וְתִף וְחִלְלִיל וְכִנּוֹר וְהִמָּה מִתְנַבְּאִים׃
- 5** After that, you are to go on to the Hill of God, where the Philistine prefects reside. There, as you enter the town, you will encounter a band of prophets coming down from the shrine, preceded by lyres, timbrels, flutes, and harps, and they will be speaking in ecstasy.
- ו** וְצִלְחָה עֲלֶיךָ רוּחַ יְהוָה וְהִתְנַבְּתָּ עִמָּם וְנִהְפַכְתָּ לְאִישׁ אַחֵר׃
- 6** The spirit of the Eternal will grip you, and you will speak in ecstasy along with them; you will become another man.
- ז** וְהָיָה כִּי תִבְאֶנָּה הָאֵלֹהִים לָךְ עֲשֵׂה לָךְ אֲשֶׁר תִּמְצָא יָדְךָ כִּי הָאֱלֹהִים עִמָּךְ׃
- 7** And once these signs have happened to you, act when the occasion arises, for God is with you.
- ח** וַיֵּרְדְתָּ לְפָנַי הַגִּלְגָל וְהִנֵּה אֲנֹכִי יֹרֵד אֵלֶיךָ לְהַעֲלוֹת עֲלוֹת לְזִבְחִי זִבְחֵי שְׁלָמִים שְׁבַעַת יָמִים תּוֹחַל עַד־בּוֹאִי אֵלֶיךָ וְהוֹדַעְתִּי לָךְ אֵת אֲשֶׁר תַּעֲשֶׂה׃
- 8** After that, you are to go down to Gilgal ahead of me, and I will come down to you to present burnt offerings and offer sacrifices of well-being. Wait seven days until I come to you and instruct you what you are to do next."
- ט** וְהָיָה כִּהִפַּנְתּוֹ שָׁכְמוֹ לְלַכְתָּ מֵעַם שְׁמוּאֵל וַיִּהְיֶה־לּוֹ אֱלֹהִים לֵב אַחֵר וַיִּבְאוּ כָּל־הָאֵלֹהִים הָאֵלֹהִים בַּיּוֹם הַהוּא׃
- 9** As [Saul] turned around to leave Samuel, God gave him another heart; and all those signs were fulfilled that same day.

## ***Refuah Shleimah***

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Emily Alpern-Fisch, Alan Appel, Ronni Behar, Ira Berlin, Daniel Booth, Michael Brenner, Ellen Buckley, Judith Chisholm, Barbara Cleveland, Netanel Felber, Chelo Fournier, Golda bat Yaakova uVelvel, Richard Greenfield, Ezra Mac Grossman, David Hahn, Andrea Hamos, Judy Hurvitz, Jennifer Jaye, Joan Kupferberg, Wasu Lawal, Philip Levine, Stu Levine, Sam Levinson, Ken Liberstein, Dan Lutenegger, Mitch Karas, Mildred Marin, Pam Marks, Stephanie Mendez, Sophie Meyers, Lynda Mulhauser, Robin Parry, Rachel bat Chava, Rivkah Emet Miriam bat Daniel v'Taejin, Lois Rosen, Eric Rosenberg, Rabbi Steve Sager, Sarah Golde bat Shifrah, David Scheever, Charles Schussheim, Cynthia Seymour, Sam Sinkler, Sarah Swatzburg, Betty Ustun, Heather Weisman, Mimi Wolf, Ze'ev Chaim ben Golda v'Brian

## ***We Remember a Few of Far Too Many Lives Lost to COVID-19***

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Salman Tahir, 22, medical student, community theatre group member, Lahore, Pakistan  
Alayna Thach, 17, looked forward to early high school graduation, Philadelphia, Pennsylvania  
Yvonne Brown, 44, English teacher and parent, Bethesda, Maryland

## ***We Remember Those Lost to Violence in Washington, DC***

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Johnny Coles, 25, NW DC; William Conry, 28, NE DC; Anthony Davis, 31, SE DC;  
Samuel Hernandez, 17, Hyattsville, MD; Nycholas Hester, 27, Houston, TX;  
Peter Miller III, SW DC

## ***Shloshim***

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Bill Stephens, husband of Barbara Stephens; Hartley Zamore, father of Joanne Zamore

## ***Yahrzeit***

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Sandra Abrams, Robert Allen, Dora Appel, Marilyn Bender, Jeanne Bernstein, Ronald Bressler, Herbert Brown, Henrietta Bruckheim, Anne Budoff, Rabbi Gerson Chertoff, Ted Cron, Paul William DuBrow, Evelyn Enfield, Abraham Futterman, Esther Goldenberg, Alice Martha Goldman, Dorothy Harris, Dovener Eugene Davis Jarrell, Lynnette Jung-Springberg, Ruth Kobrin, Isidore Kovey, Milton Levy, John T. Libby, Mark Lichtenstein, Louis Lister, Lois Lurie, Frances Mark, Joseph Newton, Sophie Paper, Ron Paul, Aviva Kaufman Penn, Samad Rahaii, Rose Rosofsky, Charles Samuel, James Sender, Natalie Shaw, Nathan Shroot, Shirley Simon, Fredda Stanf, Vivian Weinstein, Martin Weiss

*Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.*

**DANIEL G. ZEMEL**, Rabbi

**JOSHUA BERAHA**, Associate Rabbi | **STEPHANIE CRAWLEY**, Associate Rabbi

**BETH WERLIN**, Executive Director | **DEBRA WINTER**, Director of Spiritual Arts

**SHARON TASH**, Education Director

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