

December 24, 2021  
21 Tevet, 5782  
Shabbat Shemot



*It has been told to you, what is good, and what Adonai requires of you  
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)*

### Shabbat Shalom u'Mvorach

Shabbat Shalom.  
Shabbat Shalom u'mvorach.

שַׁבַּת שְׁלוֹם.  
שַׁבַּת שְׁלוֹם וּמְבוֹרָךְ.

*A peaceful Shabbat.  
A peaceful and blessed Shabbat.*

### Dodi Li

Dodi li va'ani lo  
Haro'eh bashoshanim  
Mi zot ola min hamidbar  
M'kuteret mor, mor ulevona?

דוּדִי לִי וְאֲנִי לוֹ  
הֲרֵעָה בְּשׁוֹשָׁנִים  
מִי זֹאת עֵלָה מִן-הַמִּדְבָּר  
מִקְטֶרֶת מֹר וּלְבוֹנָה.

*My beloved is mine and I am my beloved's who browses among the lilies. Who is this that comes up from the  
desert, in clouds of myrrh and frankincense? - Song of Songs 2:16; 3:6*

### L'cha Dodi

L'cha dodi likrat kallah, likrat kallah  
P'nei shabbat n'kab'lah, n'kab'lah  
Shabbat shalom um'vorach!

לְכָה דוּדִי לְקִרְאֵת כַּלָּה לְקִרְאֵת כַּלָּה  
פְּנֵי שַׁבַּת נְקַבְּלָה נְקַבְּלָה  
שַׁבַּת שְׁלוֹם וּמְבוֹרָךְ!

*Beloved, come to meet the bride; beloved come to greet Shabbat.  
A Shabbat of peace and blessing.*

### Candles

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher  
kidshanu b'mitzvotav v'tzivanu l'hadlik neir shel Shabbat.

בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ  
בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבַּת.

*We praise You, Eternal God, Sovereign of the universe.  
You hallow us with Your Mitzvot and command us to kindle the light of Shabbat.*

***Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank  
(Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and  
the vital contribution of indigenous peoples to this nation we share.***

DANIEL G. ZEMEL, Rabbi  
JOSHUA BERAHA, Associate Rabbi | STEPHANIE CRAWLEY, Associate Rabbi  
BETH WERLIN, Executive Director | DEBRA WINTER, Director of Spiritual Arts  
SHARON TASH, Education Director  
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## Refuah Shleimah

Emily Alpern-Fisch, Alan Appel, Ronni Behar, Ira Berlin, Daniel Booth, Michael Brenner, Ellen Buckley, Judith Chisholm, Barbara Cleveland, Netanel Felber, Chelo Fournier, Golda bat Yaakova uVelvel, Richard Greenfield, Ezra Mac Grossman, David Hahn, Andrea Hamos, Judy Hurvitz, Jennifer Jaye, Joan Kupferberg, Wasu Lawal, Philip Levine, Stu Levine, Sam Levinson, Ken Liberstein, Dan Lutenegger, Mitch Karas, Mildred Marin, Pam Marks, Stephanie Mendez, Sophie Meyers, Lynda Mulhauser, Robin Parry, Rachel bat Chava, Rivkah Emet Miriam bat Daniel v'Taejin, Lois Rosen, Eric Rosenberg, Rabbi Steve Sager, Sarah Golde bat Shifrah, David Scheever, Charles Schusheim, Cynthia Seymour, Sam Sinkler, Sarah Swatzburg, Betty Ustun, Heather Weisman, Mimi Wolf, Ze'ev Chaim ben Golda v'Brian

### Come Healing

*Music and lyrics by Leonard Cohen*

O gather up the brokenness and bring it to me now  
The fragrance of those promises you never dared to vow  
The splinters that you carry, the cross you left behind  
Come, healing of the body; come, healing of the mind  
And let the heavens hear it, the penitential hymn  
Come, healing of the spirit; come, healing of the limb

Behold the gates of mercy in arbitrary space  
And none of us deserving the cruelty or the grace  
O solitude of longing where love has been confined  
Come, healing of the body; come, healing of the mind

O see the darkness yielding that tore the light apart  
Come, healing of the reason; come, healing of the heart

O troubled dust concealing an undivided love  
The heart beneath is teaching to the broken heart above  
Let the heavens falter, let the earth proclaim:  
Come, healing of the altar; come, healing of the Name  
And let the heavens hear it, the penitential hymn  
Come, healing of the spirit; come, healing of the limb  
O see the darkness yielding that tore the light apart  
Come, healing of the reason; come, healing of the heart

### Kiddush

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, borei p'ri hagafen. Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher kidshanu b'mitzvotav v'ratzah vanu, v'shabat kodsho b'ahavah uv'ratzon hinchilanu, zikaron l'maaseh v'reishit. Ki hu yom t'hilah l'mikra'ei kodesh, zeicher litziat mitzrayim. Ki vanu vacharta v'otanu kidashta mikol ha'amim, v'shabbat kodsh'cha b'ahavah uv'ratzon hinchaltanu. Baruch Atah, Adonai, m'kadeish hashabbat.

*We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine.*

*We praise You, Eternal God, Sovereign of the universe; You call us to holiness with the Mitzvah of Shabbat – the sign of Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days. On Shabbat especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.*

ברוך אתה יי, אלהינו מלך העולם,  
בורא פרי הגפן. ברוך אתה יי, אלהינו מלך  
העולם, אשר קדשנו במצותיו ורצה בנו, ושבת  
קדשו באהבה וברצון הנחילנו, זכרון למעשה  
בראשית. כי הוא יום תחילה למקראי קדש, זכר  
ליציאת מצרים. כי-בנו בחרת ואותנו קדשת,  
מכל-העמים, ושבת קדשך באהבה וברצון  
הנחלתנו. ברוך אתה יי, מקדש השבת.

### Challah

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,  
hamotzi lechem min ha'aretz.

*We praise You, Eternal God, Sovereign of the universe, who causes bread to come from the earth.*

ברוך אתה יי, אלהינו מלך העולם,  
המוציא לחם מן הארץ.

## **If Not Now**

*Music and Lyrics by Carrie Newcomer*

If not now, tell me when? If not now, tell me when?  
We may never see this moment or place in time again  
If not now, if not now, tell me when?

I see sorrow and trouble in this land...  
Although there will be trouble,  
we'll make the change we can  
If not now, if not now, tell me when?  
We may never see the promised land...  
And yet we'll make the journey,  
we'll walk it hand in hand  
If not now, if not now, tell me when?

So we'll work until it's done – every person, everyone  
Every soul that's ever longed for something better, something brighter...

It will take a change of heart for this to mend...  
But miracles do happen, every shining now and then  
If not now, if not now, tell me when?

## ***We Remember a Few of Far Too Many Lives Lost to COVID-19***

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Salman Tahir, 22, medical student, community theatre group member, Lahore, Pakistan  
Alayna Thach, 17, looked forward to early high school graduation, Philadelphia, Pennsylvania  
Yvonne Brown, 44, English teacher and parent, Bethesda, Maryland

## ***We Remember Those Lost to Violence in Washington, DC***

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Johnny Coles, 25, NW DC; William Conry, 28, NE DC; Anthony Davis, 31, SE DC;  
Samuel Hernandez, 17, Hyattsville, MD; Nycholas Hester, 27, Houston, TX;  
Peter Miller III, SW DC

## ***Shloshim***

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Bill Stephens, husband of Barbara Stephens; Hartley Zamore, father of Joanne Zamore

## ***Yahrzeit***

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Sandra Abrams, Robert Allen, Dora Appel, Marilyn Bender, Jeanne Bernstein, Ronald Bressler, Herbert Brown,  
Henrietta Bruckheim, Anne Budoff, Rabbi Gerson Chertoff, Ted Cron, Paul William DuBrow, Evelyn Enfield,  
Abraham Futterman, Esther Goldenberg, Alice Martha Goldman, Dorothy Harris,  
Dovener Eugene Davis Jarrell, Lynnette Jung-Springberg, Ruth Kobrin, Isidore Kovey, Milton Levy,  
John T. Libby, Mark Lichtenstein, Louis Lister, Lois Lurie, Frances Mark, Joseph Newton, Sophie Paper,  
Ron Paul, Aviva Kaufman Penn, Samad Rahaii, Rose Rosofsky, Charles Samuel, James Sender, Natalie Shaw,  
Nathan Shroot, Shirley Simon, Fredda Stanf, Vivian Weinstein, Martin Weiss

## Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih, b'chayeichon  
uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala uvizman  
kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei,  
v'yit'hadar v'yit'aleh v'yit'halal sh'mei d'kud'sha,  
b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata v'nechemata,  
daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol  
Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol  
Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

*Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.*

## Shalom Aleichem

Shalom aleichem, malachei hashareit,  
malachei Elyon,  
mimelech mal'chei hamlachim,  
HaKadosh Baruch Hu.

שְׁלוֹם עֲלֵיכֶם, מַלְאָכֵי הַשָּׁרֵת,  
מַלְאָכֵי עֲלִיוֹן,  
מִמְלֶכֶךְ מַלְכֵי הַמַּמְלָכִים,  
הַקְּדוֹשׁ בְּרוּךְ הוּא.

Bo-achem l'shalom, malachei hashalom,  
malachei Elyon,  
mimelech mal'chei hamlachim,  
HaKadosh Baruch Hu.

בּוֹאֲכֶם לְשָׁלוֹם, מַלְאָכֵי הַשָּׁלוֹם,  
מַלְאָכֵי עֲלִיוֹן,  
מִמְלֶכֶךְ מַלְכֵי הַמַּמְלָכִים,  
הַקְּדוֹשׁ בְּרוּךְ הוּא.

Bar'chuni l'shalom, malachei hashalom,  
malachei Elyon,  
mimelech mal'chei hamlachim,  
HaKadosh Baruch Hu.

בְּרַכּוּנִי לְשָׁלוֹם, מַלְאָכֵי הַשָּׁלוֹם,  
מַלְאָכֵי עֲלִיוֹן,  
מִמְלֶכֶךְ מַלְכֵי הַמַּמְלָכִים,  
הַקְּדוֹשׁ בְּרוּךְ הוּא.

Tzeit'chem l'shalom, malachei hashalom,  
malachei Elyon,  
mimelech mal'chei hamlachim,  
HaKadosh Baruch Hu.

צֵאתְכֶם לְשָׁלוֹם, מַלְאָכֵי הַשָּׁלוֹם,  
מַלְאָכֵי עֲלִיוֹן,  
מִמְלֶכֶךְ מַלְכֵי הַמַּמְלָכִים,  
הַקְּדוֹשׁ בְּרוּךְ הוּא.

*Peace be to you... Enter in peace...*

*Bless me with peace... Depart in peace...*

*O ministering angels, messengers of the Most High, Majesty of majesties, Holy One of Blessing.*

*O messengers of peace, angels of the Most High, Majesty of majesties, Holy One of Blessing.*

***Shabbat shalom!***