

January 21, 22
20 Sh'vat, 5782
Shabbat Yitro



*It has been told to you, what is good, and what Adonai requires of you
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)*

Frieda Rich Becomes Bat Mitzvah

Worship Music Leader.....Rabbi Rachel Schmelkin
Aliyah I.....Nancy and Barry Rich, Shirley and Michael Lobel
Aliyah IIRoy Rich and Hannah Lobel
Aliyah III.....Frieda Rich
HagbahMatthew Rich
UsherJason Leppig

Asher Yatzar: Beautiful and Broken
Music and English lyrics by Dan Nichols

I thank You for my life, body and soul
Help me realize I am beautiful and whole
I'm perfect the way I am, and a little broken too
I will live each day as a gift I give to You.

Baruch Atah Adonai, rofeih chol basar umafli laasot. בָּרוּךְ אַתָּה יְיָ רוֹפֵא כָּל בָּשָׂר וּמַפְלִיא
לַעֲשׂוֹת.

Blessed are you, Adonai, who heals all flesh, working wondrously.

Exodus שמות 19

ז וַיָּבֹא מֹשֶׁה וַיִּקְרָא לְזִקְנֵי הָעָם וַיֵּשֶׁם 7 Moses came and summoned the elders of
לְפָנֵיהֶם אֵת כָּל־הַדְּבָרִים הָאֵלֶּה אֲשֶׁר the people and put before them all that the
צִוָּהוּ יְהוָה: Eternal had commanded him.

ח וַיַּעֲנוּ כָּל־הָעָם יחדו וַיֹּאמְרוּ כָּל 8 All those assembled answered as one,
אֲשֶׁר־דִּבֶּר יְהוָה נַעֲשֶׂה וְנִשְׁבַּח מֹשֶׁה saying, "All that the Eternal has spoken we
אֶת־דְּבָרֵי הָעָם אֶל־יְהוָה: will do!" And Moses brought back the
people's words to the Eternal.

ט וַיֹּאמֶר יְהוָה אֶל־מֹשֶׁה הִנֵּה אֲנִי בָּא 9 And the Eternal One said to Moses, "I
אֵלֶיךָ בְּעָבַב הָעָנָן בְּעֵבֹר יִשְׁמַע הָעָם בְּדַבְּרֵי will come to you in a thick cloud, in order
עִמָּךְ וְגַם־בָּךְ יֵאֱמִינוּ לְעוֹלָם וַיַּגֵּד מֹשֶׁה that the people may hear when I speak with
אֶת־דְּבָרֵי הָעָם אֶל־יְהוָה: you and so trust you ever after." Then
Moses reported the people's words to the
Eternal,

י וַיֹּאמֶר יְהוָה אֶל־מֹשֶׁה לֵךְ אֶל־הָעָם 10 and the Eternal said to Moses, "Go to
וְקַדְּשֵׁתֶם הַיּוֹם וּמָחָר וְכַבְּסוּ שְׂמַלְתְּם: the people and warn them to stay pure
today and tomorrow. Let them wash their
clothes.

יא וְהָיוּ נֹכְנִים לַיּוֹם הַשְּׁלִישִׁי כִּי אֵל בָּיּוֹם
הַשְּׁלִישִׁי יֵרֵד יְהוָה לְעֵינֵי כָּל־הָעָם עַל־הַר
סִינַי :

11 Let them be ready for the third day; for
on the third day the Eternal will come
down, in the sight of all the people, on
Mount Sinai.

יב וְהִגַּבְתָּ אֶת־הָעָם סָבִיב לְאָמַר הַשְּׁמְרוּ
לָכֶם עֲלוֹת בְּהָר וּנְגַע בְּקַצְהוּ כָּל־הַנִּגַּע בְּהָר
מוֹת יוֹמָת :

12 You shall set bounds for the people
round about, saying, ‘Beware of going up
the mountain or touching the border of it.
Whoever touches the mountain shall be put
to death

יג לֹא־תִגַּע בּוֹ זָד כִּי־סָקוֹל יִסָּקֵל אוֹ־יִרְחַ
יִיָּרֶה אִם־בְּהֵמָה אִם־אִישׁ לֹא יִחַיֶּה בְּמִשְׁחָוֹ
הַיָּבֵל הַמָּה יַעֲלוּ בְּהָר :

13 without being touched—by being either
stoned or shot; beast or person, a trespasser
shall not live.’ When the ram’s horn
sounds a long blast, they may go up on the
mountain.”

יד וַיֵּרֵד מֹשֶׁה מִן־הָהָר אֶל־הָעָם וַיְקַדְּשׁ
אֶת־הָעָם וַיְכַבְּסוּ שְׂמֹלֵתָם :

14 Moses came down from the mountain to
the people and warned the people to stay
pure, and they washed their clothes.

טו וַיֹּאמֶר אֶל־הָעָם הָיוּ נֹכְנִים לְשִׁלְשֵׁת
יָמִים אֶל־תִּגְשׁוּ אֶל־אִשָּׁה :

15 And he said to the people, “Be ready for
the third day: [the men among] you should
not go near a woman.”

טז וַיְהִי בַיּוֹם הַשְּׁלִישִׁי בַּהֵיט הַבֶּקָר וַיְהִי
קֹלֶת וּבְרָקִים וַעֲנָן כָּבֵד עַל־הָהָר וְקַל שֶׁפָר
תִּזְק מְאֹד וַיִּחַרַד כָּל־הָעָם אֲשֶׁר בַּמַּחֲנֶה :

16 On the third day, as morning dawned,
there was thunder, and lightning, and a
dense cloud upon the mountain, and a very
loud blast of the horn; and all the people
who were in the camp trembled.

יז וַיּוֹצֵא מֹשֶׁה אֶת־הָעָם לְקִרְאֵת הָאֱלֹהִים
מִן־הַמַּחֲנֶה וַיִּתְיַצְּבוּ בְּתַחְתִּית הָהָר :

17 Moses led the people out of the camp
toward God, and they took their places at
the foot of the mountain.

יח וְהָר סִינַי עָשָׁן כְּלוֹ מִפְּנֵי אֲשֶׁר יֵרֵד עָלָיו
יְהוָה בְּאֵשׁ וַיַּעַל עָשָׁנוּ כְּעָשָׁן הַכִּבְּשָׁן וַיִּחַרַד
כָּל־הָהָר מְאֹד :

18 Now Mount Sinai was all in smoke, for
the Eternal had come down upon it in fire;
the smoke rose like the smoke of a kiln,
and the whole mountain trembled
violently.

יט וַיְהִי קוֹל הַשֹּׁפָר הוֹלֵךְ וְחִזַּק מְאֹד
מֹשֶׁה יָדַבֵּר וְהָאֱלֹהִים יַעֲנֶנּוּ בְּקוֹל :

19 The blare of the horn grew louder and
louder. As Moses spoke, God answered
him in thunder.

Haftarah for Yitro: Isaiah 6:1-3

א בְּשָׁנַת מוֹת הַמֶּלֶךְ עֲזִיָּהוּ וְאַרְאָה 1 In the year that King Uzziah died, I beheld the Eternal seated on a high and lofty throne; and the skirts of God's robe filled the Temple.

ב שְׂרָפִים עֹמְדִים | מִמַּלְעַל לֹו שֵׁשׁ כְּנָפִים 2 Seraphs stood in attendance on the Eternal. Each of them had six wings: with two he covered his face, with two he covered his legs, and with two he would fly.

ג וְקָרָא זֶה אֶל־זֶה וְאָמַר קְדוֹשׁ | קְדוֹשׁ 3 And one would call to the other, "Holy, holy, holy! God of Hosts! God's presence fills all the earth!"

Siman Tov

Siman tov umazal tov umazal tov v'siman tov
Y'hei lanu, ul'chol Yisrael.

It is a good and lucky sign for us and all Israel!

סִימָן טוֹב וּמָזַל טוֹב.
וּמָזַל טוֹב וְסִימָן טוֹב.
יְהִי לָנוּ. וְלְכָל יִשְׂרָאֵל.

Refuah Shleimah

Emily Alpern-Fisch, Alan Appel, Ronni Behar, Ira Berlin, Michael Brenner, Ellen Buckley, Harris Burstin, Rose Burstin, Judith Chisholm, Barbara Cleveland, Netanel Felber, Chelo Fournier, Jeffrey Goodman, Richard Greenfield, Ezra Mac Grossman, David Hahn, Judy Hurvitz, Jennifer Jaye, Martha Lessman Katz, Josh Ketroser, Joan Kupferberg, Wasu Lawal, Philip Levine, Stu Levine, Sam Levinson, Ken Liberstein, Dan Lutenegger, Mildred Marin, Pam Marks, Stephanie Mendez, Sophie Meyers, Lynda Mulhauser, Robin Parry, Rachel bat Chava, Rivkah Emet Miriam bat Daniel v'Taejin, Lois Rosen, Eric Rosenberg, Rabbi Steve Sager, Sarah Golde bat Shifrah, David Scheever, Charles Schussheim, Cynthia Seymour, Sam Sinkler, Betty Ustun, Heather Weisman, Mimi Wolf, Ze'ev Chaim ben Golda v'Brian

We Remember a Few of Far Too Many Lives Lost to COVID-19

Ricardo Bofill, 82, architect whose work spanned the globe, Barcelona, Spain
Jennifer Mills Rodriguez, 42, special ed life skills teacher and parent, Galveston, Texas
Naomi R. Henderson, 77, looked forward to pursuing her Ph.D. in 2022, Washington, DC

We Remember Those Lost to Violence in Washington, DC

Devin Brewer, 19, NE DC; Nathan Outlaw, 24, SE DC

Condolences

Andrea Hamos, wife of James Hamos

Shiva

Rick Billingsley, husband of Paul Greenberg; David Raviv, father of Adam Raviv

Shloshim

Rita Karen, cousin of Nancy Elisburg; Judith Levin, sister of Susan Morgenstein

Yahrzeit

Douglas Appleton, Corinne Asher, Daniel Berke, Paul Booth, Johann Bornstein, Jeffrey Cohn, Moses Cooley, Olimpio De Leon Pasco, Max Factor, Bella Fisher, Charnya Fisher, Gilbert Marvin Fleisher, Alfred J Goldeen, Rae Goldsmith, Roberta Carole Goren, Pat Green, Donna L. Green, Meyer Greenberg, Mickey Hart, Myron Hauser, Mildred Ruth Kiggins, Chris Kirby, Sylvia Kirshstein, Albert Kurzman, Erwin Lehmann, Eric Maier, Zelda Meyers, Sharon Moskowitz, Richard Oppenheimer, Ralph Povar, Nathaniel Seasonwein, Louis Solomon, Mina Val, Morris Wisotsky, Naomi Goldman Zemel

DANIEL G. ZEMEL, Rabbi

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