

January 14, 2021

13 Sh'vat, 5782

Shabbat Shirah/Shabbat B'shalach



It has been told to you, what is good, and what Adonai requires of you
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)

Or Zarua

Or zarua latzadik, ul'yishrei lev simchah.

אור זרע לצדיק. ולישרי לב שמחה.

Light is sown for the righteous, radiance for the upright of heart.

L'cha Dodi

L'cha dodi likrat kallah, p'nei shabbat n'kab'lah.

לכה דודי לקראת כלה פני שבת נקבלה.

Shamor v'zachor b'dibur echad, hishmianu El ham'yuchad
Adonai echad ush'mo echad, l'shem ul'tiferet v'lit'hilah.

שמור וזכור בדבור אחד, השמיענו אל המיוחד
יי אחד ושמו אחד, לשם ולתפארת ולתהלה.

Likrat Shabbat l'chu v'neilcha, ki hi m'kor hab'rachah
Meirosh mikedem n'sucha, sof maaseh b'machshava t'chila

לקראת שבת לכו ונלכה, כי היא מקור הברכה
מראש מקדם נסוכה, סוף מעשה במחשבה תחלה.

Bo'i v'shalom ateret ba'lah, gam b'simchah uv'tzoholah
Toch emunei am s'gulah, bo'i chalah, bo'i chalah!

בואי בשלום עטרת בעלה, גם בשמחה ובצהלה
תוך אמוני עם סגולה, בואי כלה, בואי כלה.

Beloved, come to meet the bride; beloved come to greet Shabbat.

“Keep” and “remember”: a single command the Only God caused us to hear; The Eternal is One, God’s Name is One; glory and praise are God’s. Come with me to meet Shabbat, forever a fountain of blessing. Still it flows, as from the start: the last of days, for which the first was made. Enter in peace, O crown of your betrothed; enter in gladness, enter in joy.

Come to the people that keeps its faith. Enter, O bride! Enter, O bride!

Well Up Like Waters *Music and lyrics by Jacob Spike Kraus*

Teach me how to flow like a river
To face what’s in my way
And keep on moving just the same
Teach me how to flow like a river

Teach me how to call out injustice
To use my voice for good
In any way in which I could
Teach me how to call out injustice

Teach me how to stand like a mountain
Defiant, strong, and proud
Before what tries to tear me down
Teach me how to stand like a mountain

Teach me how to walk what I’m praying
I need to take a stand
If we’re to reach the promised land
Teach me how to walk what I’m praying

Let justice well up like waters
And righteousness like a mighty stream
May the land decide she’s satisfied
With the blood of no more sons and daughters
And well up like waters

Candles

Baruch Atah, Adonai, Eloheinu, Melech ha’olam, asher
kidshanu b’mitzvotav v’tzivanu l’hadlik neir shel Shabbat.

ברוך אתה יי, אלהינו מלך העולם, אשר קדשנו
במצותיו וצונו להדליק נר של שבת.

We praise You, Eternal God, Sovereign of the universe.

You hallow us with Your Mitzvot and command us to kindle the light of Shabbat.

Refuah Shleimah

Emily Alpern-Fisch, Alan Appel, Ronni Behar, Ira Berlin, Michael Brenner, Ellen Buckley, Harris Burstin, Rose Burstin, Judith Chisholm, Barbara Cleveland, Netanel Felber, Chelo Fournier, Jeffrey Goodman, Richard Greenfield, Ezra Mac Grossman, David Hahn, Andrea Hamos, Judy Hurvitz, Jennifer Jaye, Josh Ketroser, Joan Kupferberg, Wasu Lawal, Philip Levine, Stu Levine, Sam Levinson, Ken Liberstein, Dan Lutenegger, Mildred Marin, Pam Marks, Stephanie Mendez, Sophie Meyers, Lynda Mulhauser, Robin Parry, Rachel bat Chava, Rivkah Emet Miriam bat Daniel v'Taejin, Lois Rosen, Eric Rosenberg, Rabbi Steve Sager, Sarah Golde bat Shifrah, David Scheever, Charles Schussheim, Cynthia Seymour, Sam Sinkler, Betty Ustun, Heather Weisman, Mimi Wolf, Ze'ev Chaim ben Golda v'Brian

Let There Be Love

Hashkiveinu Adonai Eloheinu,
hashkiveinu l'shalom.

הִשְׁכִּיבֵנוּ יְיָ אֱלֹהֵינוּ
הִשְׁכִּיבֵנוּ לְשָׁלוֹם.

Let there be love and understanding among us,
Let peace and friendship be our shelter from life's storms.

Kiddush

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, borei p'ri hagafen. Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher kidshanu b'mitzvotav v'ratzah vanu, v'shabat kodsho b'ahavah uv'ratzon hinchilanu, zikaron l'maaseh v'reishit. Ki hu yom t'hilah l'mikra'ei kodesh, zeicher litziat mitzrayim. Ki vanu vacharta v'otanu kidashta mikol ha'amim, v'shabbat kodsh'cha b'ahavah uv'ratzon hinchaltanu. Baruch Atah, Adonai, m'kadeish hashabbat.

בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מִלְּךָ הָעוֹלָם,
בוֹרֵא פְּרֵי הַגֶּפֶן. בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מִלְּךָ
הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתַי וְרָצָה בָּנוּ, וְשָׁבַת
קִדְּשׁוֹ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ, זִכְרוֹן לְמַעֲשֵׂה
בְּרָאשִׁית. כִּי הוּא יוֹם תְּחִילָה לְמִקְרָאֵי קִדְּשׁ, זִכָּר
לְיִצְיַאת מִצְרַיִם. כִּי-בָנוּ בְּחַרְתָּ וְאוֹתָנוּ קִדְּשָׁתָּ,
מִכָּל-הָעַמִּים, וְשָׁבַת קִדְּשָׁתָּ בְּאַהֲבָה וּבְרָצוֹן
הִנְחַלְתָּנוּ. בָּרוּךְ אַתָּה יְיָ, מִקְדֵּשׁ הַשָּׁבַת.

We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine.

We praise You, Eternal God, Sovereign of the universe; You call us to holiness with the Mitzvah of Shabbat – the sign of Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days. On Shabbat especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.

Challah

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
hamotzi lechem min ha'aretz.

בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מִלְּךָ הָעוֹלָם,
הַמוֹצֵא לֶחֶם מִן הָאָרֶץ.

We praise You, Eternal God, Sovereign of the universe, who causes bread to come from the earth.

Eyes on the Prize

Hold on, hold on...

Keep your eyes on the prize, hold on.

The only thing that we done wrong was stay in the wilderness too long. *Keep your eyes...*

The only thing that we done right was the day we begun to fight. *Keep your eyes...*

Lo yisa goi el goi cherev,
Lo yilm'du od milchamah.

לֹא-יִשָּׂא גּוֹי אֶל-גּוֹי חֶרֶב,
לֹא-יִלְמְדוּ עוֹד מִלְחָמָה.

Nation shall not take up sword against nation; they shall never again study war. (Isaiah 2:4)

We Remember a Few of Far Too Many Lives Lost to COVID-19

Sir Graham Vick, 67, staged operas in ice rinks, nightclubs, and power plants, London, England

Amy Seitz Russell, 66, passionate musician and organist, adored her family, Bellevue, Ohio

Richard Williams Jr., 53, brick mason and grandparent, Newport News, Virginia

We Remember Those Lost to Violence in Washington, DC

Jerrame Watts, 33, no fixed address

Condolences

Rabbi Israel Dresner

Shiva

Rita Karen, cousin of Nancy Elisburg; Judith Levin, sister of Susan Morgenstein

Yahrzeit

Gloria Waldman Appel, Bruce Block, Ruth Friedman Booth, Martin Chomsky, Anna Ruth Cron, Etta Gordon DuBrow, Herman Dunsay, Davida Gage Effros, Rosalie Fleisher, Anna Wise Goldstein, Samuel Goldstein, Esther Gould, Beverly Grunwald, Sam Hanser, Taissa Silvers Hauser, Simon Josen, Harold Knopman, Raymond Lang, Edythe F. Levine, Sara Loew, Wendy McLaughlin, Allen Nadler, Gilbert Nelson, Lena Ornish, Oscar Patcher, Shirley Peltz, Elizabeth Gelman Rosenbaum, Mark Sablosky, Tillie Schwartz, John Williamson Sewell, Sam Silverman, Rebecca Socolar, Dorothy Umansky, George "Buddy" Weiner

Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih, b'chayeichon
uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala uvizman
kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei,
v'yit'hadar v'yit'aleh v'yit'halal sh'mei d'kud'sha,
b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata v'nechemata,
daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol
Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol
Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא.
בְּעֵלְמָא דִּי בְרָא כְרַעוּתָהּ וְיִמְלִיךָ מַלְכוּתָהּ בְּחַיֵּינוּ
וּבְיוֹמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעָגְלָא וּבְזִמְנָן
קָרִיב, וְאָמְרוּ אָמֵן.

יְהִי שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמָא וּלְעֵלְמֵי עֵלְמֵינָא.
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקֻדְשָׁא.
בְּרִיךְ הוּא.

לְעֵלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבְּחָתָא וְנַחֲמָתָא
דְאָמִירָן בְּעֵלְמָא. וְאָמְרוּ אָמֵן.
יְהִי שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל
יִשְׂרָאֵל. וְאָמְרוּ אָמֵן.

עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ וְעַל
כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֵל. וְאָמְרוּ אָמֵן.

Down By The Riverside / Lo Yisa Goy *Based on traditional African-American Spiritual*

I'm gonna lay down my sword and shield,
Down by the riverside (x3)
I'm gonna lay down my sword and shield, down by the riverside
And study war no more.

I ain't gonna study war no more! (x6)

Lo yisa goi el goi cherev,
V'lo yilm'du od milchamah.

לֹא-יִשָּׂא גּוֹי אֶל-גּוֹי חֶרֶב,
וְלֹא-יִלְמְדוּ עוֹד מִלְחָמָה.

Nation shall not take up sword against nation; they shall never again study war. (Isaiah 2:4)

Shabbat shalom!

Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.

DANIEL G. ZEMEL, Rabbi
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