

January 21, 2021
20 Sh'vat, 5782
Shabbat Yitro



*It has been told to you, what is good, and what Adonai requires of you
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)*

Shalom Aleichem

Shalom aleichem, malachei hashareit,
malachei Elyon,
mimelech mal'chei hamlachim,
HaKadosh Baruch Hu.

שְׁלוֹם עֲלֵיכֶם, מְלַאֲכֵי הַשָּׁרֵת,
מְלַאֲכֵי עֲלִיוֹן,
מְמַלְךְ מַלְכֵי הַמַּלְאָכִים,
הַקְדוֹשׁ בְּרוּךְ הוּא.

Bo-achem l'shalom, malachei hashalom,
malachei Elyon,
mimelech mal'chei hamlachim,
HaKadosh Baruch Hu.

בּוֹאֲכֶם לְשָׁלוֹם, מְלַאֲכֵי הַשָּׁלוֹם,
מְלַאֲכֵי עֲלִיוֹן,
מְמַלְךְ מַלְכֵי הַמַּלְאָכִים,
הַקְדוֹשׁ בְּרוּךְ הוּא.

Bar'chuni l'shalom, malachei hashalom,
malachei Elyon,
mimelech mal'chei hamlachim,
HaKadosh Baruch Hu.

בְּרַכּוּנִי לְשָׁלוֹם, מְלַאֲכֵי הַשָּׁלוֹם,
מְלַאֲכֵי עֲלִיוֹן,
מְמַלְךְ מַלְכֵי הַמַּלְאָכִים,
הַקְדוֹשׁ בְּרוּךְ הוּא.

Tzeit'chem l'shalom, malachei hashalom,
malachei Elyon,
mimelech mal'chei hamlachim,
HaKadosh Baruch Hu.

צֵאתְכֶם לְשָׁלוֹם, מְלַאֲכֵי הַשָּׁלוֹם,
מְלַאֲכֵי עֲלִיוֹן,
מְמַלְךְ מַלְכֵי הַמַּלְאָכִים,
הַקְדוֹשׁ בְּרוּךְ הוּא.

*Peace be to you... Enter in peace...
Bless me with peace... Depart in peace...
O ministering angels, messengers of the Most High, Majesty of majesties, Holy One of Blessing.
O messengers of peace, angels of the Most High, Majesty of majesties, Holy One of Blessing.*

Eternity Utters a Day

Text: Abraham Joshua Heschel; Music by Dan Nichols

A thought has blown the marketplace away. There is a song on the wind, and joy in the trees.
Shabbat has arrived in the world. Scattering a song, in the silence of the night.
And eternity utters a day.

Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.

DANIEL G. ZEMEL, Rabbi
JOSHUA BERAHA, Associate Rabbi | **STEPHANIE CRAWLEY**, Associate Rabbi
BETH WERLIN, Executive Director | **DEBRA WINTER**, Director of Spiritual Arts
SHARON TASH, Education Director
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L'cha Dodi

L'cha dodi likrat kallah, p'nei shabbat n'kab'lah.

Shamor v'zachor b'dibur echad, hishmianu El ham'yuchad
Adonai echad ush'mo echad, l'shem ul'tiferet v'lit'hilah.

Likrat Shabbat l'chu v'neilcha, ki hi m'kor hab'rachah
Meirosh mikedem n'sucha, sof maaseh b'machshava t'chila

Bo'i v'shalom ateret ba'lah, gam b'simchah uv'tzoholah
Toch emunei am s'gulah, bo'i chalah, bo'i chalah!

לְכֶה דוֹדֵי לְקִרְאֵת כְּלָה פְּנֵי שַׁבָּת נְקַבְּלָהּ.

שְׁמֹר וְזָכוֹר בְּדִבּוּר אֶחָד, הִשְׁמִיעֵנוּ אֵל הַמְּיֻחָד
יְיָ אֶחָד וְשֵׁמוֹ אֶחָד, לְשֵׁם וּלְתִפְרֵת וְלִתְהִלָּהּ.

לְקִרְאֵת שַׁבָּת לְכוּ וְנִלְכֶהּ, כִּי הִיא מְקוֹר הַבְּרָכָה
מֵרֵאשִׁית מְקֻדָּם נְסֻכָּהּ, סוֹף מַעֲשֵׂה בְּמַחְשַׁבֶּה תְּחִלָּהּ.

בּוֹאֵי בְּשָׁלוֹם עֲטֹרַת בְּעֻלָּהּ, גַּם בְּשִׂמְחָה וּבְצִהְלָהּ
תּוֹךְ אֵמוּנֵי עַם סְגֻלָּהּ, בּוֹאֵי כְּלָהּ, בּוֹאֵי כְּלָהּ.

Beloved, come to meet the bride; beloved come to greet Shabbat.

“Keep” and “remember”: a single command the Only God caused us to hear; The Eternal is One, God’s Name is One; glory and praise are God’s. Come with me to meet Shabbat, forever a fountain of blessing. Still it flows, as from the start: the last of days, for which the first was made. Enter in peace, O crown of your betrothed; enter in gladness, enter in joy.

Come to the people that keeps its faith. Enter, O bride! Enter, O bride!

Candles

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher
kidshanu b'mitzvotav v'tzivanu l'hadlik neir shel Shabbat.

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

We praise You, Eternal God, Sovereign of the universe.

You hallow us with Your Mitzvot and command us to kindle the light of Shabbat.

Refuah Shleimah

Emily Alpern-Fisch, Alan Appel, Ronni Behar, Ira Berlin, Michael Brenner, Ellen Buckley, Harris Burstin, Rose Burstin, Judith Chisholm, Barbara Cleveland, Netanel Felber, Chelo Fournier, Jeffrey Goodman, Richard Greenfield, Ezra Mac Grossman, David Hahn, Judy Hurvitz, Jennifer Jaye, Martha Lessman Katz, Josh Ketroser, Joan Kupferberg, Wasu Lawal, Philip Levine, Stu Levine, Sam Levinson, Ken Liberstein, Dan Lutenegeger, Mildred Marin, Pam Marks, Stephanie Mendez, Sophie Meyers, Lynda Mulhauser, Robin Parry, Rachel bat Chava, Rivkah Emet Miriam bat Daniel v'Taejin, Lois Rosen, Eric Rosenberg, Rabbi Steve Sager, Sarah Golde bat Shifrah, David Scheever, Charles Schussheim, Cynthia Seymour, Sam Sinkler, Betty Ustun, Heather Weisman, Mimi Wolf, Ze'ev Chaim ben Golda v'Brian

Hashkiveinu

Hashkiveinu, Adonai Eloheinu, l'shalom,
v'haamideinu, Shomreinu, l'chayim.
U'shmor tzeiteinu uvo'einu, l'chayim ul'shalom,
mei'atah v'ad olam.

הִשְׁכִּיבֵנוּ יְיָ אֱלֹהֵינוּ לְשָׁלוֹם
וְהַעֲמִידֵנוּ שׁוֹמְרֵינוּ לְחַיִּים
וְשְׁמֹר צֵאתֵנוּ וּבּוֹאֵנוּ, לְחַיִּים וּלְשָׁלוֹם, מֵעַתָּה וְעַד
עוֹלָם.

Grant, O God, that we lie down in peace, and raise us up, our Guardian, to life renewed.

Guard our going and coming, to life and to peace, evermore.

Kiddush

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, borei p'ri hagafen. Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher kidshanu b'mitzvotav v'ratzah vanu, v'shabat kodsho b'ahavah uv'ratzon hinchilanu, zikaron l'maaseh v'reishit. Ki hu yom t'hilah l'mikra'ei kodesh, zeicher litziat mitzrayim. Ki vanu vacharta v'otanu kidashta mikol ha'amim, v'shabbat kodsh'cha b'ahavah uv'ratzon hinchaltanu. Baruch Atah, Adonai, m'kadeish hashabbat.

ברוך אתה יי, אלהינו מלך העולם,
בורא פרי הגפן. ברוך אתה יי, אלהינו מלך
העולם, אשר קדשנו במצותיו ורצה בנו, ושב
קדשו באהבה וברצון הנחילנו, זכרון למעשה
בראשית. כי הוא יום תחילה למקראי קדש, זכר
ליציאת מצרים. כי-בנו בחרת ואותנו קדשת,
מכל-העמים, ושבת קדשך באהבה וברצון
הנחלתנו. ברוך אתה יי, מקדש השבת.

We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine.

We praise You, Eternal God, Sovereign of the universe; You call us to holiness with the Mitzvah of Shabbat – the sign of Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days. On Shabbat especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.

Challah

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
hamotzi lechem min ha'aretz.

ברוך אתה יי, אלהינו מלך העולם,
המוציא לחם מן הארץ.

We praise You, Eternal God, Sovereign of the universe, who causes bread to come from the earth.

Ken Y'hi Ratzon (May It Be God's Will)

Music: Elana Arian

May I be safe, may I be free, may I find space, space to just be.
May we be safe, may we be free, may we find space, space to just be.

Ken y'hi ratzon, ken y'hi ratzon. May I find my way back home.
Ken y'hi ratzon, ken y'hi ratzon. May we find our way back home.

We Remember a Few of Far Too Many Lives Lost to COVID-19

Ricardo Bofill, 82, architect whose work spanned the globe, Barcelona, Spain

Jennifer Mills Rodriguez, 42, special ed life skills teacher and parent, Galveston, Texas

Naomi R. Henderson, 77, looked forward to pursuing her Ph.D. in 2022, Washington, DC

We Remember Those Lost to Violence in Washington, DC

Devin Brewer, 19, NE DC; Nathan Outlaw, 24, SE DC

Condolences

Andrea Hamos, wife of James Hamos

Shiva

Rick Billingsley, husband of Paul Greenberg; David Raviv, father of Adam Raviv

Shloshim

Rita Karen, cousin of Nancy Elisburg; Judith Levin, sister of Susan Morgenstein

Yahrzeit

Douglas Appleton, Corinne Asher, Daniel Berke, Paul Booth, Johann Bornstein, Jeffrey Cohn, Moses Cooley, Olimpio De Leon Pasco, Max Factor, Bella Fisher, Charnya Fisher, Gilbert Marvin Fleisher, Alfred J Goldeen, Rae Goldsmith, Roberta Carole Goren, Pat Green, Donna L. Green, Meyer Greenberg, Mickey Hart, Myron Hauser, Mildred Ruth Kiggins, Chris Kirby, Sylvia Kirshstein, Albert Kurzman, Erwin Lehmann, Eric Maier, Zelda Meyers, Sharon Moskowitz, Richard Oppenheimer, Ralph Povar, Nathaniel Seasonwein, Louis Solomon, Mina Val, Morris Wisotsky, Naomi Goldman Zemel

Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih, b'chayeichon
uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala uvizman
kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei,
v'yit'hadar v'yit'aleh v'yit'halal sh'mei d'kud'sha,
b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata v'nechemata,
daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol
Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol
Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.
בְּעֵלְמָא דִּי בְרָא כְרְעוּתֵיהּ וְיִמְלִיךְ מַלְכוּתֵיהּ בְּחַיִּיכוּן
וּבְיוֹמֵיכוּן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעֵגְלָא וּבְזִמְן
קָרִיב, וְאָמְרוּ אָמֵן.
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמַי וּלְעָלְמֵי עֲלַמְיָא.
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקַדְדֻשָּׁא.
בְּרִיךְ הוּא.
לְעֵלְא מִן כָּל בִּרְכָתָא וְשִׁירָתָא תְּשַׁבְּחָתָא וְנַחֲמָתָא
דְאָמְרִין בְּעֵלְמָא. וְאָמְרוּ אָמֵן.
יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָא וְחַיִּים עָלֵינוּ וְעַל כָּל
יִשְׂרָאֵל. וְאָמְרוּ אָמֵן.
עֹשֶׂה שְׁלוֹם בְּמִרְוַמָּיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל
כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֵל. וְאָמְרוּ אָמֵן.

Oseh Shalom

Oseh Shalom bim'ro'mav
Hu ya'aseh shalom alei'nu
V'al kol Yisrael, v'al kol yoshvei tevel
V'imru, Amen.

עוֹשֵׂה שְׁלוֹם בְּמַרוֹמָיו
הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ
וְעַל כָּל יִשְׂרָאֵל
וְעַל כָּל יוֹשְׁבֵי תֵבֶל
וְאָמְרוּ אָמֵן.

*May the One who makes peace in the heavens
Descend on us; and the world will say, Amen.*

Shabbat shalom!