

March 4, 2022
2 Adar II, 5782
Shabbat P'kudei

*It has been told to you, what is good, and what Adonai requires of you
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)*



Eternity Utters a Day

Text: Abraham Joshua Heschel; Music by Dan Nichols

A thought has blown the marketplace away. There is a song on the wind, and joy in the trees.
Shabbat has arrived in the world. Scattering a song, in the silence of the night.
And eternity utters a day.

Candles

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher *בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ*
kidshanu b'mitzvotav v'tzivanu l'hadlik neir shel Shabbat. *בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.*

*We praise You, Eternal God, Sovereign of the universe.
You hallow us with Your Mitzvot and command us to kindle the light of Shabbat.*

Shiru L'Adonai

Julie Silver

שִׁירוֹ לַיְי כָּל-הָאָרֶץ, שִׁירוּ לַיְי שִׁיר חֲדָשׁ.

Shiru l'Adonai kol haaretz,
Shiru l'Adonai shiru, shir chadash.

*Sing unto God all the earth a new song, I will sing unto God a new song
Sing unto God and we'll all sing along, all the earth a new song unto God.*

Refuah Shleimah

Emily Alpern-Fisch, Alan Appel, Ronni Behar, Ira Berlin, Randi Braverman, Michael Brenner, Ellen Buckley, Rose Burstin, Judith Chisholm, Barbara Cleveland, Sallylou Cloyd, Netanel Felber, Chelo Fournier, Marlene Garnett, Jeffrey Goodman, Richard Greenfield, Ezra Mac Grossman, David Hahn, Judy Hurvitz, Jennifer Jaye, Martha Lessman Katz, Joan Kupferberg, Wasu Lawal, Philip Levine, Stu Levine, Sam Levinson, Dan Lutenegger, Chris Mahle, Mildred Marin, Stephanie Mendez, Sophie Meyers, Lynda Mulhauser, Robin Parry, Rachel bat Chava, Lois Rosen, Eric Rosenberg, Rabbi Steve Sager, Sarah Golde bat Shifrah, David Scheever, Charles Schussheim, Cynthia Seymour, Sam Sinkler, Betty Ustun, Heather Weisman, Mimi Wolf

Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.

DANIEL G. ZEMEL, Rabbi

JOSHUA BERAHA, Associate Rabbi | STEPHANIE CRAWLEY, Associate Rabbi

BETH WERLIN, Executive Director | DEBRA WINTER, Director of Spiritual Arts

SHARON TASH, Education Director

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Oseh Shalom

Oseh Shalom bim'ro'mav
Hu ya'aseh shalom aleinu.

עוֹשֵׂה שְׁלוֹם בְּמְרוֹמָיו
הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ.

May the One, may the One who makes peace
bring peace down, bring peace down.

Hashkiveinu

Hashkiveinu Adonai Eloheinu l'shalom, l'shalom
V'haamideinu shomreinu l'chaim
Ufros aleinu sukkat sh'lomecha,
ufros aleinu sukkat sh'lomecha, Amen.

Shelter us beneath your wings, O Adonai
Guard us from all harmful things, O Adonai
Keep us safe throughout the night
'til we wake with morning's light
Teach us, God, wrong from right. Amen.

Kiddush

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, borei p'ri
hagafen. Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
asher kidshanu b'mitzvotav v'ratzah vanu, v'shabat kodsho
b'ahavah uv'ratzon hinchilanu, zikaron l'maaseh v'reishit.
Ki hu yom t'hilah l'mikra'ei kodesh, zeicher litziat
mitzrayim. Ki vanu vacharta v'otanu kidashta mikol
ha'amim, v'shabbat kodsh'cha b'ahavah uv'ratzon
hinchaltanu. Baruch Atah, Adonai, m'kadeish hashabbat.

בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
בוֹרֵא פְּרֵי הַגֶּפֶן. בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְרָצָה בָּנוּ, וְשָׁבֵת
קִדְּשׁוּ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ, זִכְרוֹן לְמַעֲשֵׂה
בְּרָאשִׁית. כִּי הוּא יוֹם תְּחִילָה לְמִקְרָאֵי קִדְּשׁ, זִכָּר
לְיִצְיַאת מִצְרָיִם. כִּי-בָנוּ בְּחֵרֶת וְאוֹתָנוּ קִדְּשָׁתָּ,
מִכָּל-הָעַמִּים, וְשָׁבֵת קִדְּשָׁתָּ בְּאַהֲבָה וּבְרָצוֹן
הִנְחַלְתָּנוּ. בָּרוּךְ אַתָּה יי, מְקַדֵּשׁ הַשַּׁבָּת.

We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine.

We praise You, Eternal God, Sovereign of the universe; You call us to holiness with the Mitzvah of Shabbat – the sign of Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days. On Shabbat especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.

Challah

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
hamotzi lechem min ha'aretz.

בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

We praise You, Eternal God, Sovereign of the universe, who causes bread to come from the earth.

Sanctuary

Music and Lyrics by Julie Silver

When one of us is suffering, we all feel pain
When one of us is stumbling,
We fall again and again
All of us are slaves until all of us are free
Everyone needs sanctuary

When some of us go hungry, all of us can't eat
When words don't mean enough to us
We pray with our feet
We pray for the dreamers who pray for you and me
We can be their sanctuary

Where everyone agrees to disagree
Underneath this canopy

I will be a shelter
Open on all sides
I will take you in and stand by your side
No matter where you come from
Or where you'd rather be
I will be your sanctuary

So let us set a table, wide and long
Where everyone has plenty and everyone belongs

So stand up and sing
Let your voices ring
Bring what you can bring
And be a sanctuary

We Remember a Few of Far Too Many Lives Lost to COVID-19

T.S. Shanbhag, 84, secondhand bookstore owner, Bangalore, India

Miriam Arlet Diaz, 29, receptionist who loved baking with nieces and nephews, Layton, Utah

James Summers, 37, father of nine, Baltimore, Maryland

We Remember Those Lost to Violence in Washington, DC

Demetris Johnson, 21, SE DC; Michael Whitehead, 32, Hyattsville, MD

Condolences

Susan Maltz Schultz, cousin of Dean Brenner

Shiva

Stanley Talpers, brother-in-law of Helene and Gene Granof

Shloshim

Charles Kahn Jr.

Yahrzeit

Naomi Blumberg, Carley Broder, Lilyan Brown, Robert Brunner, Jane Busker, Elizabeth Cluster, Thomas Coates, Lenore Coral, Marie Therese Fleurence, Leon Glick, Robert Jay Greene, Manya Grossman, Stephanie Hadley, Ruth A. Halpern, Ida Heftman, Stuart Kirsh, Anna Klinger, Gerald Liebenau, Gail Faber McDonald, Mildred Saracco, Betty Ann Schooler, David Schwartz, Eugene Seelig, Jerome Silver, Minnie Skoler, Susan Skoller, Minnie Steinberg, Freddie Traum, Albert Warren, Sylvia Waxman, Fred Wegner

Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih, b'chayeichon
uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala uvizman
kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei,
v'yit'hadar v'yit'aleh v'yit'halal sh'mei d'kud'sha,
b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata v'nechemata,
daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol
Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol
Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא.
בְּעֵלְמָא דִּי בְרָא כְרַעוּתָהּ וְיִמְלִיךְ מַלְכוּתָהּ בְּחַיֵּינוּ
וּבְיוֹמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעָגְלָא וּבְזִמְנָא
קָרִיב, וְאָמְרוּ אָמֵן.
יְהִי שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמֵי עֲלְמֵינָא.
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלַּל שְׁמֵהּ דְקַדְשָׁא.
בְּרִיךְ הוּא.
לְעֵלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבְּחַתָּא וְנַחֲמַתָּא
דְאָמְרִין בְּעֵלְמָא. וְאָמְרוּ אָמֵן.
יְהִי שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עֲלֵינוּ וְעַל כָּל
יִשְׂרָאֵל. וְאָמְרוּ אָמֵן.
עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֶׂה שְׁלוֹם עֲלֵינוּ וְעַל
כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֵל. וְאָמְרוּ אָמֵן.

Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.

May we gain wisdom in our lives,
overflowing like a river with understanding;
loved, each of us, for the peace we bring to others.
May our deeds exceed our speech, and may we never lift up our hand
but to conquer fear and doubt and despair.

Rise up like the sun, O God, over all humanity.
Cause light to go forth over all the lands between the seas.
And light up the universe with the joy of wholeness,
of freedom, and of peace.

Rabbi Richard Levy

שמע ישראל יהוה אלהינו יהוה אחד
Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad!
Hear, O Israel, Adonai is our God, Adonai is One!

ברוך שם כבוד מלכותו לעולם ועד
Baruch shem k'vod malchuto l'olam va'ed.
Blessed is God's glorious majesty forever and ever.

Od Yavo Shalom

Od yavo shalom aleinu v'al kulam.
Salaam, aleinu v'al kol ha'olam.

עוד יבוא שלום עלינו ועל כלם.
סלאם, עלינו ועל כל העולם.

Peace will come upon us, and on everyone. Salaam on us and on everyone.

Shabbat Shalom!