

April 22, 2022
21 Nisan, 5782
Pesach Service

*It has been told to you, what is good, and what Adonai requires of you
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)*



Asher Yatzar: Beautiful and Broken

Music and English lyrics by Dan Nichols

I thank You for my life, body and soul
Help me realize I am beautiful and whole
I'm perfect the way I am, and a little broken too
I will live each day as a gift I give to You.

Baruch Atah Adonai, rofeih chol basar umafla laasot.

ברוך אתה יי רופא כל בשר ומפליא לעשות.

Blessed are you, Adonai, who heals all flesh, working wondrously.

Haftarah: Song of Songs 2:8-16

ח קול דודי הנהיזה בא מדלג
עלה ההרים מקפץ על הגבעות:
8 Hark! My beloved! There my beloved comes, leaping over mountains, bounding over hills.

ט דומה דודל לצבי או לעפר
האילים הנהיזה עומד אחר
פתלנו משגיח מן החלונות מציץ
מן החרכים:
9 My beloved is like a gazelle or like a young stag. There they stand beyond our wall, gazing through the window, peering through the lattice.

י ענה דודי ואמר לי קומי לך
רעיתי יפתי ולכי לך:
10 My beloved spoke thus to me, "Arise, my darling; My fair one, come away!"

יא כיהנה הסתו עבר הגשם חלף
הלך לו:
11 For now the winter is past, the rains are over and gone.

יב הנצנים נראו בארץ עת
הזמיר הגיע וקול התור נשמע
בארצנו:
12 The blossoms have appeared in the land, the time of pruning has come; the song of the turtledove is heard in our land.

יג התאנה חנטה פגיה והגפנים
סמדר נתנו ריח קומי לך
רעיתי יפתי ולכי לך:
13 The green figs form on the fig tree, the vines in blossom give off fragrance. Arise, my darling; my fair one, come away!

וּנְתִי בְּחַגְגֵי הַסֵּלַע בְּסִתְרֵי הַמַּדְרָגָה 14 “O my dove, in the cranny of the rocks,
הֲרֵאִינִי אֶת־מַרְאֵיךְ הַשְּׁמִיעָנִי hidden by the cliff, let me see your face, let
אֶת־קוֹלְךָ כִּי־קוֹלְךָ עָרֵב וּמַרְאֵיךְ me hear your voice; for your voice is sweet
נְאוּהָ: and your face is comely.”

טו אַחְזוּ־לָנוּ שְׁעָלִים שְׁעָלִים 15 Catch us the foxes, the little foxes that
קִטְנִים מְחַבְּלִים כְּרַמִּים וּכְרַמֵּינוּ ruin the vineyards— for our vineyard is in
סִמְדָר: blossom.

טז דוֹדִי לִי וְאֲנִי לוֹ הָרֵעָה 16 My beloved is mine and I am my
בְּשׁוֹשַׁנִּים: beloved's, who browses among the lilies.

Torah: Exodus שְׁמוֹת 14:26-31

כו וַיֹּאמֶר יְהוָה אֶל־מֹשֶׁה נִטֵּה 26 Then the Eternal One said to Moses,
אֶת־יָדְךָ עַל־הַיָּם וַיָּשְׁבוּ הַמַּיִם “Hold out your arm over the sea, that the
עַל־מִצְרַיִם עַל־רֶכֶבָּו וְעַל־פָּרָשָׁיו: and upon the Egyptians
and upon their chariots and upon their
riders.”

כז וַיִּטֵּ מֹשֶׁה אֶת־יָדוֹ עַל־הַיָּם 27 Moses held out his arm over the sea,
וַיָּשֶׁב הַיָּם לַפְּנוֹת בֶּקֶר לְאִיתָנוּ and at daybreak the sea returned to its
וּמִצְרַיִם נָסוּם לִקְרֹאתוֹ וַיִּנְעַר normal state, and the Egyptians fled at its
יְהוָה אֶת־מִצְרַיִם בְּתוֹךְ הַיָּם: approach. But the Eternal hurled the
Egyptians into the sea.

כח וַיָּשְׁבוּ הַמַּיִם וַיִּכְסּוּ אֶת־הָרֶכֶב 28 The waters turned back and covered the
וְאֶת־הַפָּרָשִׁים לְכָל חָיִל פְּרָעָה chariots and the riders—Pharaoh's entire
הַבָּאִים אַחֲרֵיהֶם בָּיָם לֹא־נִשְׁאַר army that followed them into the sea; not
בָּהֶם עַד־אַחַד: one of them remained.

כט וּבְנֵי יִשְׂרָאֵל הִלְכוּ בַיַּבָּשָׁה 29 But the Israelites had marched through
בְּתוֹךְ הַיָּם וְהַמַּיִם לָהֶם חֹמָה the sea on dry ground, the waters forming a
מִימֵינָם וּמִשְׁמֹאלָם: wall for them on their right and on their
left.

ל וַיֹּשַׁע יְהוָה בַּיּוֹם הַהוּא 30 Thus the Eternal delivered Israel that
אֶת־יִשְׂרָאֵל מִיַּד מִצְרַיִם וַיֵּרָא day from the Egyptians. Israel saw the
יִשְׂרָאֵל אֶת־מִצְרַיִם מֵת עַל־שֵׁפֶת Egyptians dead on the shore of the sea.
הַיָּם:

לא וַיִּרְא יִשְׂרָאֵל אֶת־הַיָּד הַגְּדֹלָה 31 And when Israel saw the wondrous
אֲשֶׁר עָשָׂה יְהוָה בְּמִצְרַיִם וַיִּירָאוּ power which the Eternal had wielded
הָעַם אֶת־יְהוָה וַיֵּאֱמִינוּ בַיְהוָה against the Egyptians, the people feared the
וּבְמֹשֶׁה עַבְדּוֹ: Eternal; they had faith in the Eternal and in
 God's servant Moses.

Sweet As Honey

Sweet as honey, sweet as honey, sweet as honey
on our tongue.

Baruch atah Adonai,
Eloheinu melech ha-olam,
asher kid'shanu, B'mitzvotav v'tzi-vanu,
la-a-sok b'divrei Torah,
la-a-sok b'divrei Torah.

בָּרוּךְ אַתָּה יְהוָה
 אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
 אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו
 וְצִוָּנוּ לְעֵסֶק בְּדַבְרֵי-תוֹרָה.

*Blessed are you, Adonai our God, Sovereign of the universe,
who hallows us with mitzvot, commanding us to engage with words of Torah.*

When I'm Gone

Phil Ochs

There's no place in this world where I'll belong when I'm gone
And I won't know the right from the wrong when I'm gone
And you won't find me singin' on this song when I'm gone
So I guess I'll have to do it while I'm here

And I won't breathe the bracing air when I'm gone
And I can't even worry 'bout my cares when I'm gone
Won't be asked to do my share when I'm gone
So I guess I'll have to do it while I'm here

All my days won't be dances of delight when I'm gone
And the sands will be shifting from my sight when I'm gone
Can't add my name into the fight when I'm gone
So I guess I'll have to do it while I'm here

And I won't be laughing at the lies when I'm gone
And I can't question how or when or why when I'm gone
Can't live proud enough to die when I'm gone
So I guess I'll have to do it while I'm here

We Remember a Few of Far Too Many Lives Lost to COVID-19

Francesco Foltrani, 67, family doctor, Cingoli, Italy

Jacqueline Paisano, 16, loved hearing music while her family danced, Denver, Colorado

Sidney Miller II, 89, performer, promoter, and preserver of Black music, Arlington, Virginia

We Remember Those Lost to Violence in Washington, DC

Gregory Burton, 62, NW DC; Darron Holmes, 28, SE DC; John Jones, 26, Temple Hills, MD;

Tiffany Wiggins, 38, SE DC

Shiva

Carol Bernstein Ellin, mother of Nan E. Kaufman; Ellen Jane London, mother of Clem Rastatter;

Harvey Nathan, brother-in-law of Judy Hadley; Gail Sadick, mother of Sara Williams

Shloshim

Stephanie Gregory Mitchell

Yahrzeit

Ruth Sonnenblick Appleton, Cyril Bachorik, Louise Brunner, Beatrice Cantor Posner,

Leon Chadajo, Patricia Cohn, Pauline Dorfman, Morris Enda, David J. Erlanger,

Leon David Freedman, Helen Gaymont, Frank Giles, Harriet Goldman, Isador Asher Goldstein,

Abraham Golub, Rabbi Milton Greenwald, Beverly Grusin, Esther Hoffer, Sylvia Jacobson,

Arthur Joseph, Irving Karp, Ralph Kartzman, Dorothy Pollack Kirby, Phyllis Lavine,

Harold Lipstein, David Melendy, Jack Millstein, Esperanza Pasco, Jane Ryan, Lydia Sablosky,

Thomas Sablosky, Morris Gallup Sahr, Irwin Satin, May Shulman Savage, David Schooler,

Irwin Schumacher, William Michael Shewchuk, James Stowe, Sophie Tenzer, Ted Wagman,

Donna Walker, Ann Weiner, Jonathan Wentworth

Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih,
b'chayeichon uv'yomeichon uv'chayei d'chol beit
Yisrael, ba'agala uvizman kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.
Yitbarach v'yishtabach v'yitpaar v'yitromam
v'yitnasei, v'yit'hadar v'yit'aleh v'yit'halal sh'mei
d'kud'sha,
b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata
v'nechemata, daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al
kol Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu,
v'al kol Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.
בְּעֵלְמָא דִּי בְרָא כְרַעוּתָהּ וְיִמְלִיךָ מַלְכוּתָהּ
בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל
בְּעֵגְלָא וּבְזִמְן קָרִיב, וְאָמְרוּ אָמֵן.

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמֵי
עֵלְמַיָּא.

יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקַדְשָׁא.
בְּרִיךְ הוּא.

לְעֵלְא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבְּחָתָא
וְנִחַמְתָּא דְאָמְרוּ בְּעֵלְמָא. וְאָמְרוּ אָמֵן.

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עֲלֵינוּ
וְעַל כָּל יִשְׂרָאֵל. וְאָמְרוּ אָמֵן.

עֹשֶׂה שְׁלוֹם בְּמִרְוֵמֵי הוּא יַעֲשֶׂה שְׁלוֹם
עֲלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֵל.
וְאָמְרוּ אָמֵן.

Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.

Chag Sameach!

Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.

DANIEL G. ZEMEL, Rabbi

JOSHUA BERAHA, Associate Rabbi | **STEPHANIE CRAWLEY**, Associate Rabbi

BETH WERLIN, Executive Director | **DEBRA WINTER**, Director of Spiritual Arts

SHARON TASH, Education Director

2829 Wisconsin Ave., NW Washington, DC 20007 | (202) 342-9175 | www.templemicah.org