

April 29, 2022

29 Nisan, 5782

## Shabbat Kedoshim

It has been told to you, what is good, and what Adonai requires of you  
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)



### Eternity Utters a Day

Text: Abraham Joshua Heschel; Music by Dan Nichols

A thought has blown the marketplace away. There is a song on the wind, and joy in the trees.  
Shabbat has arrived in the world. Scattering a song, in the silence of the night.  
And eternity utters a day.

### Dodi Li

Dodi li va'ani lo haro'eh bashoshanim  
Mi zot ola min hamidbar...  
M'kuteret mor, mor ulevona? ...  
Libavtini, achoti chalah...

דודי לי ואני לו הרעה בשושנים  
מי זאת עלה מן-המדבר  
מקטרת מור ולבונה.  
לבבתיני, אחתי כלה.

*My beloved is mine and I am my beloved's who browses among the lilies. Who is this that comes up from the desert, in clouds of myrrh and frankincense? You have captured my heart, my sister, my bride. Awake, O north wind. - Song of Songs 2:16; 3:6, 4:9*

### L'cha Dodi

L'cha dodi likrat kallah, p'nei shabbat n'kab'lah.

לכה דודי לקראת כלה פני שבת נקבלה.

Shamor v'zachor b'dibur echad, hishmianu El ham'yuchad  
Adonai echad ush'mo echad, l'shem ul'tiferet v'lit'hilah.

שמור וזכור בדבור אחד, השמיענו אל המיוחד  
יי אחד ושמו אחד, לשם ולתפארת ולתהלה.

Likrat Shabbat l'chu v'neilcha, ki hi m'kor hab'rachah  
Meirosh mikedem n'sucha, sof maaseh b'machshava t'chila.

לקראת שבת לכו ונלכה, כי היא מקור הברכה  
מראש מקדם נסוכה, סוף מעשה במחשבה תחלה.

Hitor'ri, hitor'ri, ki va oreich, kumi ori  
Uri uri shir dabeiri, k'vod Adonai alayich niglah.

התעוררי, התעוררי, כי בא אורח קומי אורי  
עורי עורי שיר דבירי, כבוד ה' עליך נגלה.

Bo'i v'shalom ateret ba'lah, gam b'simchah uv'tzoholah  
Toch emunei am s'gulah, bo'i chalah, bo'i chalah!

בואי בשלום עטרת בעלה, גם בשמחה ובצחקה  
תוך אמוני עם סגולה, בואי כלה, בואי כלה.

*Beloved, come to meet the bride; beloved come to greet Shabbat.*

*“Keep” and “remember”: a single command the Only God caused us to hear; The Eternal is One, God's Name is One; glory and praise are God's. Come with me to meet Shabbat, forever a fountain of blessing. Still it flows, as from the start: the last of days, for which the first was made. Awake, awake, your light has come! Arise, shine, awake and sing: the Eternal's glory dawns upon you. Enter in peace, O crown of your betrothed; enter in gladness, enter in joy. Come to the people that keeps its faith. Enter, O bride! Enter, O bride!*

### Candles

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher  
kidshanu b'mitzvotav v'tzivanu l'hadlik neir shel Shabbat.

ברוך אתה יי, אלהינו מלך העולם, אשר קדשנו  
במצותנו וצונו להדליק נר של שבת.

*We praise You, Eternal God, Sovereign of the universe.*

*You hallow us with Your Mitzvot and command us to kindle the light of Shabbat.*

## Refuah Shleimah

Emily Alpern-Fisch, Alan Appel, Ronni Behar, Ira Berlin, Michael Brenner, Ellen Buckley, Rose Burstin, Judith Chisholm, Barbara Cleveland, Netanel Felber, Chelo Fournier, Marlene Garnett, Barbara Gayler, Sandy Goldberg, Jeffrey Goodman, Richard Greenfield, Ezra Mac Grossman, David Hahn, David Hoexter, Judy Hurvitz, Robin Kaplan, Deborah Kraut, Joan Kupferberg, Wasu Lawal, Lisa Lehman, Philip Levine, Stu Levine, Sam Levinson, Dan Lutenecker, Chris Mahle, Mildred Marin, Stephanie Mendez, Sophie Meyers, Bryant Monroe, Lynda Mulhauser, Robin Parry, Jack Paul, Rebecca Prigal, Rachel bat Chava, Lois Rosen, Eric Rosenberg, Rabbi Steve Sager, Sarah Golde bat Shifrah, David Scheever, Charles Schussheim, Cynthia Seymour, Annette Shaw, Sam Sinkler, Eve Sparberg, Victor Springer, Yolande Spinnato, Betty Ustun, Heather Weisman, Mimi Wolf

### Psalm 147: Broken Hearted (Shir Yaakov)

Harofei lishvurei lev  
Um'chabesh le'atzvotam.

הַרְפֵּא לְשִׁבּוּרֵי לֵב  
וּמְחַבֵּשׁ לְעֵצְבוֹתָם :

Moneh mispar lakochavim  
Lechulam shemot yikra

מוֹנֵה מִסְפָּר לְכוֹכְבֵימ  
לְכֻלָּם שְׁמוֹת יִקְרָא:

Healer of the broken-hearted , Binder of our wounds  
Counter of uncountable stars, You know who we are

Ana el na refa na lah  
Halelu yah.

אֲנִי אֵל נָא רְפֵא נָא לָהּ  
הַלְלוּ יְהוָה.

### Kiddush

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, borei p'ri hagafen. Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher kidshanu b'mitzvotav v'ratzah vanu, v'shabat kodsho b'ahavah uv'ratzon hinchilanu, zikaron l'maaseh v'reishit. Ki hu yom t'hilah l'mikra'ei kodesh, zeicher litziat mitzrayim. Ki vanu vacharta v'otanu kidashta mikol ha'amim, v'shabbat kodsh'cha b'ahavah uv'ratzon hinchaltanu. Baruch Atah, Adonai, m'kadeish hashabbat.

בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
בוֹרֵא פְרֵי הַגֶּפֶן. בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ  
הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְרָצָה בָּנוּ, וְשָׁבֵת  
קִדְּשׁוּ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ, זָכוֹר לְמַעֲשֵׂה  
בְּרֵאשִׁית. כִּי הוּא יוֹם תְּחִילָה לְמִקְרָאֵי קִדְּשׁ, זָכוֹר  
לִיצִיאַת מִצְרָיִם. כִּי-בָנוּ בְּחֶרֶת וְאוֹתָנוּ קִדְּשָׁתָּ,  
מִכָּל-הָעַמִּים, וְשָׁבֵת קִדְּשָׁתָּ בְּאַהֲבָה וּבְרָצוֹן  
הִנְחַלְתָּנוּ. בָּרוּךְ אַתָּה יי, מְקַדֵּשׁ הַשַּׁבָּת.

*We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine.*

*We praise You, Eternal God, Sovereign of the universe; You call us to holiness with the Mitzvah of Shabbat – the sign of Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days. On Shabbat especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.*

### Challah

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,  
hamotzi lechem min ha'aretz.

בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

*We praise You, Eternal God, Sovereign of the universe, who causes bread to come from the earth.*

## Lo Alecha

Lo alecha ham'lacha ligmor,  
Lo alecha ligmor.

לא עליך המלאכה לגמור.

V'lo ata ben chorim l'hibatil mimena,  
V'lo ata ben chorin.

ולא אתה בן-חורין להבטל ממנה  
ולא אתה בן-חורין.

You are not obligated to complete the work; nor are you free to desist from it. (*Pirkei Avot* 2:16)

## Counting of the Omer

## ספירת העומר

Baruch atah, Adonai Eloheinu, Melech haolam, asher  
kidshanu b'mitzvotav v'tzivanu al s'firat haomer.

ברוך אתה יי, אלהינו מלך העולם, אשר  
קדשנו במצותיו וצונו על ספירת העומר.

*Our praise to You, Adonai, Sovereign of all, who hallows us with mitzvot,  
commanding us to count the Omer.*

Hayom **arba'ah asar** yom,  
she'heim shnay shavuot la'omer.

היום ארבעה עשר יום,  
שהם שני שבועות לעומר.

Today is **fourteen** days, which is two weeks of the Omer.

## *We Remember a Few of Far Too Many Lives Lost to COVID-19*

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Julio Botton, 92, survived Bergen-Belsen, Mexico City, Mexico  
Alex Torres, 33, loved cruises and family dinners, Auburn, Massachusetts  
Edward Shuty Jr., 40, teacher, Salisbury, Maryland

## *We Remember Those Lost to Violence in Washington, DC*

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Kinnon Abdullah, 22, NE DC; Ladonia Boggs, 39, NE DC; Zekaria Elmi, 26, Alexandria, VA; Delonte Williams, 24, SE DC

## *Condolences*

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Melvin Saferstein, brother of Roberta Goren

## *Shiva*

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Marlyn Socolar, longtime member and friend of Temple Micah

## *Shloshim*

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Carol Bernstein Ellin; Ellen Jane London; Stephanie Gregory Mitchell; Harvey Nathan;  
Rick Obrand; Gail Sadick

## *Yahrzeit*

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Jane R. Abrams, Herbert Barchoff, Eva Bell, Mitch Bernstein, Gwen Berreth, Milton Booth,  
Bette Gelula Cooper, Dennis Davis, Chester Fienberg, Edward Flattau, Richard Futrovsky, Eileen Gozonsky,  
Zipporah Spiegel Grohman, Djamila Mevorah Hadayo, Marika Hadayo, Rashel Bueno Hadayo, Reina Hadayo,  
Ida Russakoff Hoos, Solis Horowitz, Deena L. Kaplan, Amy Keller, Julia Kertzer, Arthur Liberstein,  
David Metsch, Fred Neubauer, Leonard Rosenstein, Larry Sherman, Hyman Skoler, Joseph Wagenheim,  
Martha Weinheimer, Eleanor Wenick, Wynne Woo, Saul Zizmor

## Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih, b'chayeichon uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala uvizman kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei, v'yit'hadar v'yit'aleh v'yit'halal sh'mei d'kud'sha, b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata v'nechemata, daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא.  
בְּעֵלְמָא דִּי בְּרָא כְרֵעוּתָהּ וְיִמְלִיךְ מַלְכוּתָהּ בְּחַיֵּינוּ  
וּבְיוֹמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעֵגְלָא וּבְזִמְנָן  
קְרִיב, וְאָמְרוּ אָמֵן.

יְהִי שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמֵי עֲלְמֵיָא.  
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׂא  
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקֻדְשָׁא.  
בְּרִיךְ הוּא.

לְעֵלְמָא מִן כָּל בְּרִכְתָּא וְשִׁירְתָּא תְּשַׁבְּחָתָא וְנַחֲמָתָא  
דְאָמְרִין בְּעֵלְמָא. וְאָמְרוּ אָמֵן.  
יְהִי שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עֲלֵינוּ וְעַל כָּל  
יִשְׂרָאֵל. וְאָמְרוּ אָמֵן.

עֹשֶׂה שְׁלוֹם בְּמִרְוֵמֵי הוּא יַעֲשֶׂה שְׁלוֹם עֲלֵינוּ וְעַל  
כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֵל. וְאָמְרוּ אָמֵן.

*Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us.*

## Shalom Aleichem

Shalom aleichem, malachei hashareit,  
malachei Elyon,  
mimelech mal'chei hamlachim,  
HaKadosh Baruch Hu.

שְׁלוֹם עֲלֵיכֶם, מַלְאַכֵי הַשָּׁרֵת,  
מַלְאַכֵי עֲלִיּוֹן,  
מִמְלֶכֶךְ מַלְכֵי הַמַּלְאָכִים,  
הַקְּדוֹשׁ בְּרוּךְ הוּא.

Bo-achem l'shalom, malachei hashalom,  
malachei Elyon,  
mimelech mal'chei hamlachim,  
HaKadosh Baruch Hu.

בוֹאֲכֶם לְשָׁלוֹם, מַלְאַכֵי הַשָּׁלוֹם,  
מַלְאַכֵי עֲלִיּוֹן,  
מִמְלֶכֶךְ מַלְכֵי הַמַּלְאָכִים,  
הַקְּדוֹשׁ בְּרוּךְ הוּא.

Bar'chuni l'shalom, malachei hashalom,  
malachei Elyon,  
mimelech mal'chei hamlachim,  
HaKadosh Baruch Hu.

בְּרַכּוּנִי לְשָׁלוֹם, מַלְאַכֵי הַשָּׁלוֹם,  
מַלְאַכֵי עֲלִיּוֹן,  
מִמְלֶכֶךְ מַלְכֵי הַמַּלְאָכִים,  
הַקְּדוֹשׁ בְּרוּךְ הוּא.

Tzeit'chem l'shalom, malachei hashalom,  
malachei Elyon,  
mimelech mal'chei hamlachim,  
HaKadosh Baruch Hu.

צֵאתְכֶם לְשָׁלוֹם, מַלְאַכֵי הַשָּׁלוֹם,  
מַלְאַכֵי עֲלִיּוֹן,  
מִמְלֶכֶךְ מַלְכֵי הַמַּלְאָכִים,  
הַקְּדוֹשׁ בְּרוּךְ הוּא.

*Peace be to you, O ministering angels, messengers of the Most High, Majesty of majesties, Holy One of Blessing.  
Enter in peace, O messengers of peace, angels of the Most High, Majesty of majesties, Holy One of Blessing.  
Bless me with peace, O messengers of peace, angels of the Most High, Majesty of majesties, Holy One of Blessing.  
Depart in peace, O messengers of peace, angels of the Most High, Majesty of majesties, Holy One of Blessing.*

*Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.*

**DANIEL G. ZEMEL**, Rabbi

**JOSHUA BERAHA**, Associate Rabbi | **STEPHANIE CRAWLEY**, Associate Rabbi

**BETH WERLIN**, Executive Director | **DEBRA WINTER**, Director of Spiritual Arts

**SHARON TASH**, Education Director

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*to all Israel, and to all who dwell on earth. To which we say Amen.*