

May 14, 2022
13 Iyar, 5782
Shabbat Behar

*It has been told to you, what is good, and what Adonai requires of you
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)*



We Celebrate the Bat Mitzvah of Charlotte Williams

Aliyah I.....Alexandra Wisotsky
Aliyah II.....Neil Sadick
Aliyah III.....Sara and Trenor Williams
Aliyah IV.....Charlotte Williams
Hagbah.....Andrew Oestreicher
Petichah.....Stella Williams
Gelilah.....Jodie Williams, Emily Clayton, Lexi Clayton

Asher Yatzar: Beautiful and Broken

Music and English lyrics by Dan Nichols

I thank You for my life, body and soul
Help me realize I am beautiful and whole
I'm perfect the way I am, and a little broken too
I will live each day as a gift I give to You.

Baruch Atah Adonai, rofeih chol basar umafla laasot.

בָּרוּךְ אַתָּה יְיָ רוֹפֵא כָּל בָּשָׂר וּמַפְלִיא
לַעֲשׂוֹת.

Blessed are you, Adonai, who heals all flesh, working wondrously.

Leviticus ויקרא 25:1-7, 36-43

א וַיְדַבֵּר יְהוָה אֶל־מֹשֶׁה בְּהַר סִינַי
לֵאמֹר:

1 The Eternal One spoke to Moses on
Mount Sinai:

ב דַּבֵּר אֶל־בְּנֵי יִשְׂרָאֵל וְאָמַרְתָּ
אֲלֵהֶם כִּי תֵבֵאוּ אֶל־הָאָרֶץ אֲשֶׁר
אֲנִי נֹתֵן לָכֶם וְשַׁבְתָּה הָאָרֶץ שִׁבְתַּת
לַיהוָה:

2 Speak to the Israelite people and say to
them: When you enter the land that I assign
to you, the land shall observe a sabbath of
the Eternal.

ג שֵׁשׁ שָׁנִים תִּזְרַע שָׂדֶךְ וְשֵׁשׁ
שָׁנִים תִּזְמַר כַּרְמְךָ וְאַסַּפְתָּ
אֶת־תְּבוּאָתָה:

3 Six years you may sow your field and six
years you may prune your vineyard and
gather in the yield.

ד וּבִשְׁנַת הַשְּׁבִיעִית שְׁבַת שְׁבַתוֹן יְהִי לְאֶרֶץ שְׁבַת לַיהוָה שְׁדֵךְ לֹא תִזְרַע וְכַרְמֶךָ לֹא תִזְמַר: 4 But in the seventh year the land shall have a sabbath of complete rest, a sabbath of the Eternal: you shall not sow your field or prune your vineyard.

ה אֶת סִפְיַח קְצִירְךָ לֹא תִקְצֹר וְאֶת־עֲנַבֵי נֹזֵיךָ לֹא תִבְצֹר שְׁנַת שְׁבַתוֹן יְהִי לְאֶרֶץ: 5 You shall not reap the aftergrowth of your harvest or gather the grapes of your untrimmed vines; it shall be a year of complete rest for the land.

ו וְהִיטָה שְׁבַת הָאָרֶץ לָכֶם לֶאֱכֹלָה לָךְ וּלְעַבְדְּךָ וְלְאִמְתְּךָ וְלִשְׂכִירְךָ וְלִתּוֹשְׁבֵי הַגָּרִים עִמָּךְ: 6 But you may eat whatever the land during its sabbath will produce—you, your male and female slaves, the hired and bound laborers who live with you,

ז וְלִבְהֶמְתְּךָ וְלִחַיָּה אֲשֶׁר בְּאֶרְצְךָ תִּהְיֶה כָּל־תְּבוּאָתָהּ לֶאֱכֹל: 7 and your cattle and the beasts in your land may eat all its yield.

לו אֶל־תִּקַּח מִאֲתוֹ נִשְׁךְ וְתִרְבִּית וִירֵאתָ מֵאֱלֹהֶיךָ וְחִי אִתְּךָ עִמָּךְ: 36 [D]o not exact advance or accrued interest, but fear your God. Let your kin live by your side as such.

לז אֶת־כֶּסֶףְךָ לֹא־תִתֵּן לוֹ בְּנִשְׁךְ וּבְמִרְבִּית לֹא־תִתֵּן אֶכְלָךְ: 37 Do not lend your money at advance interest, nor give your food at accrued interest.

לח אֲנִי יְהוָה אֱלֹהֵיכֶם אֲשֶׁר־הוֹצֵאתִי אֶתְכֶם מִמִּצְרַיִם לָתֵת לָכֶם אֶת־אֶרֶץ כְּנָעַן לְהִיּוֹת לָכֶם לֵאלֹהִים: 38 I the Eternal am your God, who brought you out of the land of Egypt, to give you the land of Canaan, to be your God.

לט וְכִי־יִמּוֹד אִתְּךָ עַמָּךְ וְנִמְכַר לָךְ לֹא־תַעֲבֹד בּוֹ עַבְדָּת עֶבֶד: 39 If your kin under you continue in straits and must be given over to you, do not subject them to the treatment of a slave.

מ כְּשֹׁכֵיר כְּתוֹשֵׁב יְהִי עִמָּךְ עַד־שְׁנַת הַיָּבֵל יַעֲבֹד עִמָּךְ: 40 Remaining with you as a hired or bound laborer, they shall serve with you only until the jubilee year.

מא וַיֵּצֵא מִעִמָּךְ הוּא וּבָנָיו עִמּוֹ וְשָׁב אֶל־מִשְׁפַּחְתּוֹ וְאֶל־אֲחֻזַּת אֲבֹתָיו יָשׁוּב: 41 Then they, along with any children, shall be free of your authority; they shall go back to their family and return to the ancestral holding.—

מב כִּי־עַבְדֵי הֵם אֲשֶׁר־הוֹצֵאתִי אֶתְכֶם מִמִּצְרַיִם לֹא יִמְכְּרוּ מִמִּכְרַת עֶבֶד: 42 For they are My servants, whom I freed from the land of Egypt; they may not give themselves over into servitude.—

מג לא־תִרְדֶּה בּוּ בְּפָרְךָ וַיִּרְאֶתָּ 43 You shall not rule over them ruthlessly;
מֵאֵלֶיךָ : you shall fear your God.

Haftarah for Behar: Jeremiah 32:13-15

יג וְאֶצְוֶה אֶת־בָּרוּךְ לְעֵינֵיהֶם 13 In their presence I charged Baruch as
לְאמֹר : follows:

יד כֹּה־אָמַר יְהוָה צְבָאוֹת אֱלֹהֵי 14 Thus said the Eternal, the God of Israel:
יִשְׂרָאֵל לְקוֹחַ אֶת־הַסְּפָרִים "Take these documents, this deed of
הָאֵלֶּה אֶת־סֵפֶר הַמִּקְנָה הַזֶּה purchase, the sealed text and the open one,
וְאֶת־הַחֲתוּמִּים וְאֶת־סֵפֶר הַגְּלוּי and put them into an earthen jar, so that
הַזֶּה וּנְתַתֶּם בְּכָל־חָרֶשׁ לְמַעַן they may last a long time."
יַעֲמְדוּ יָמִים רַבִּים :

טו כִּי כֹה אָמַר יְהוָה צְבָאוֹת 15 For thus said the Eternal, the God of
אֱלֹהֵי יִשְׂרָאֵל עוֹד יִקְנוּ בְּתֵימֵי Israel: "Houses, fields, and vineyards shall
וְשָׂדוֹת וּכְרָמִים בְּאֶרֶץ הַזֹּאת again be purchased in this land."

Siman Tov

Siman tov umazal tov umazal tov v'siman tov
Y'hei lanu, ul'chol Yisrael.

It is a good and lucky sign for us and all Israel!

סִימָן טוֹב וּמְזָל טוֹב.
וּמְזָל טוֹב וְסִימָן טוֹב.
יְהֵא לָנוּ. וּלְכָל יִשְׂרָאֵל.

Shehecheyanu

Baruch ata Adonai Eloheinu Melech ha-olam,
Shehecheyanu v'kiymanu v'higiyanu lazman hazeh.

בָּרוּךְ אַתָּה, יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
שֶׁהַחַיִּינוּ וְקִיְמָנוּ וְהִגִּיעַנוּ לְזִמְנוֹ הַזֶּה.

*Source of blessing, Eternal our God, You fill the universe with majestic might, giving us life,
upholding the life within us, and bringing us to this time.*

Refuah Shleimah

Emily Alpern-Fisch, Alan Appel, Ronni Behar, Ira Berlin, Michael Brenner, Ellen Buckley, Judith Chisholm, Barbara Cleveland, Netanel Felber, Chelo Fournier, Marlene Garnett, Barbara Gayler, Sandy Goldberg, Jeffrey Goodman, Richard Greenfield, Ezra Mac Grossman, David Hahn, Judy Hurvitz, Robin Kaplan, Deborah Kraut, Joan Kupferberg, Wasu Lawal, Lisa Lehman, Philip Levine, Stu Levine, Sam Levinson, Dan Lutenecker, Chris Mahle, Mildred Marin, Stephanie Mendez, Sophie Meyers, Bryant Monroe, Lynda Mulhauser, Jumuna Nathan, Robin Parry, Jack Paul, Rachel bat Chava, Lois Rosen, Eric Rosenberg, Rabbi Steve Sager, Sarah Golde bat Shifrah, David Scheever, Charles Schussheim, Cynthia Seymour, Annette Shaw, Sam Sinkler, Eve Sparberg, Victor Springer, Yolande Spinnato, Alan Thal, Betty Ustun, Heather Weisman, Mimi Wolf

We Remember a Few of Far Too Many Lives Lost to COVID-19

Marcelo M. Malta, 79, immigrant, thought American food was terrible, Rio De Janeiro, Brazil
Sonny Pham Mai, 33, the baby of the family, loved to cook, Las Vegas, Nevada
Leslie (71), John (44), and Enekee (45) Leake-Cherry, “inseparable,” Washington, DC

We Remember Those Lost to Violence in Washington, DC

David Boyd, 48, NW DC; James Curtis, 38, SE DC; Rashad Davis, 32, SE DC;
Treyvon Green, 33, SE DC; Antonio Jones, 22, no fixed address; Deonte Pittman, 19, SE DC

Condolences

Jon Goodman, cousin of Michael Inlander; Pete Reiniger, husband of Arlene Reiniger

Shiva

Rose Burstin, mother of Helen Burstin; Geneviève Kristensen, mother of Peter Kristensen

Shloshim

Arthur Murray Golden, Carol Bernstein Ellin, Arthur Frank, Ellen Jane London, Harvey Nathan, Gail Sadick, Melvin Safterstein, Marlyn Socolar

Yahrzeit

Violet Anenberg, Ben Appel, Albert Karl Bodem, Doris Brown, Max Coral, Jeanne Dillon, Evelyn Donenfeld, John Ferreira, Sylvia Garrell, David Goldberg, Eleanor Golden, Ruth Gruenberg, Agnes Hamos, Fred Hart, Reuben Heller, Eva Jacob, Arthur Saul Kant, Max Katz, Sylvia Lang, Anna Lit, Jerome Mark, Hyman Mazur, Alvin Meyer, Marty Obrand, Irving Richter, Edward Schultz, Joan Schwarz, Priscilla R. Stern, Maria Maija Swornik, Elbert Evans Ward, Martin Wenick, Myrna G. Wisotsky, Saul Morris Wolf, Rabbi Marjorie Yudkin

Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.
B'alma di v'ra chirutei, v'yamlich malchuteih,
b'chayeichon uv'yomeichon uv'chayei d'chol beit
Yisrael, ba'agala uvizman kariv. V'imru: Amen.
Y'hei sh'mei raba m'varach l'alam ul'almei almaya.
Yitbarach v'yishtabach v'yitpaar v'yitromam
v'yitnasei, v'yit'hadar v'yit'aleh v'yit'halal sh'mei
d'kud'sha,
b'rich Hu.
L'eila min kol birchata v'shirata, tushb'chata
v'nechemata, daamiran b'alma. V'imru: Amen.
Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al
kol Yisrael. V'imru: Amen.
Oseh shalom bimromav, Hu yaaseh shalom aleinu,
v'al kol Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא.
בְּעֵלְמָא דִּי בְרָא כְרַעוּתָהּ וְיִמְלִיךְ מַלְכוּתָהּ
בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל
בְּעֵגְלָא וּבְזִמְן קָרִיב, וְאָמְרוּ אָמֵן.
יְהִי שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמַי
וְלְעָלְמֵי
עֲלְמֵינָא.
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלַּל שְׁמֵהּ דְקַדְדִּישָׁא.
בְּרִיךְ הוּא.
לְעֵלָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תְּשֻׁבְחָתָא
וְנִחְמָתָא דְאָמִירוֹן בְּעֵלְמָא. וְאָמְרוּ אָמֵן.
יְהִי שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ
וְעַל כָּל יִשְׂרָאֵל. וְאָמְרוּ אָמֵן.
עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם
עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֵל.
וְאָמְרוּ אָמֵן.

Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.

Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.

DANIEL G. ZEMEL, Rabbi
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