

May 13, 2022  
13 Iyar, 5782  
Shabbat Behar

It has been told to you, what is good, and what Adonai requires of you  
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)



### Eternity Utters a Day

Text: Abraham Joshua Heschel; Music by Dan Nichols

A thought has blown the marketplace away. There is a song on the wind, and joy in the trees.  
Shabbat has arrived in the world. Scattering a song, in the silence of the night.  
And eternity utters a day.

### Candles

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher  
kidshanu b'mitzvotav v'tzivanu l'hadlik neir shel Shabbat.

ברוך אתה יי, אלהינו מלך העולם, אשר קדשנו  
במצותיו וצונו להדליק נר של שבת.

*We praise You, Eternal God, Sovereign of the universe.*

*You hallow us with Your Mitzvot and command us to kindle the light of Shabbat.*

### Kiddush

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, borei p'ri  
hagafen. Baruch Atah, Adonai, Eloheinu, Melech ha'olam,  
asher kidshanu b'mitzvotav v'ratzah vanu, v'shabat kodsho  
b'ahavah uv'ratzon hinchilanu, zikaron l'maaseh v'reishit.  
Ki hu yom t'hilah l'mikra'ei kodesh, zeicher litziat  
mitzrayim. Ki vanu vacharta v'otanu kidashta mikol  
ha'amim, v'shabbat kodsh'cha b'ahavah uv'ratzon  
hinchaltanu. Baruch Atah, Adonai, m'kadeish hashabbat.

ברוך אתה יי, אלהינו מלך העולם,  
בורא פרי הגפן. ברוך אתה יי, אלהינו מלך  
העולם, אשר קדשנו במצותיו ורצה בנו, ושבת  
קדשו באהבה וברצון הנחילנו, זכרון למעשה  
בראשית. כי הוא יום תחילה למקראי קדש, זכר  
ליציאת מצרים. כי-בנו בחרת ואותנו קדשת,  
מכל-העמים, ושבת קדשך באהבה וברצון  
הנחלתנו. ברוך אתה יי, מקדש השבת.

*We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine.*

*We praise You, Eternal God, Sovereign of the universe; You call us to holiness with the Mitzvah of Shabbat – the sign of Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days. On Shabbat especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.*

### Challah

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,  
hamotzi lechem min ha'aretz.

ברוך אתה יי, אלהינו מלך העולם,  
המוציא לחם מן הארץ.

*We praise You, Eternal God, Sovereign of the universe, who causes bread to come from the earth.*

**Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.**

DANIEL G. ZEMEL, Rabbi  
JOSHUA BERAHA, Associate Rabbi | STEPHANIE CRAWLEY, Associate Rabbi  
BETH WERLIN, Executive Director | DEBRA WINTER, Director of Spiritual Arts  
SHARON TASH, Education Director  
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## Counting of the Omer

## ספירת העמר

Baruch atah, Adonai Eloheinu, Melech haolam, asher  
kidshanu b'mitzvotav v'tzivanu al s'firat haomer.

ברוך אתה יי, אלהינו מלך העולם, אשר  
קדשנו במצותיו וצונו על ספירת העמר.

*Our praise to You, Adonai, Sovereign of all, who hallows us with mitzvot,  
commanding us to count the Omer.*

Hayom sh'mona v'esrim yom,  
she'heim arba'ah shavuot la'omer.

היום שמונה ועשרים יום,  
שהם ארבעה שבועות לעמר.

Today is **twenty-eight** days, which is four weeks of the Omer.

## ***Refuah Shleimah***

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Emily Alpern-Fisch, Alan Appel, Ronni Behar, Ira Berlin, Michael Brenner, Ellen Buckley, Judith Chisholm, Barbara Cleveland, Netanel Felber, Chelo Fournier, Marlene Garnett, Barbara Gayler, Sandy Goldberg, Jeffrey Goodman, Richard Greenfield, Ezra Mac Grossman, David Hahn, Judy Hurvitz, Robin Kaplan, Deborah Kraut, Joan Kupferberg, Wasu Lawal, Lisa Lehman, Philip Levine, Stu Levine, Sam Levinson, Dan Lutenegger, Chris Mahle, Mildred Marin, Stephanie Mendez, Sophie Meyers, Bryant Monroe, Lynda Mulhauser, Jumuna Nathan, Robin Parry, Jack Paul, Rachel bat Chava, Lois Rosen, Eric Rosenberg, Rabbi Steve Sager, Sarah Golde bat Shifrah, David Scheever, Charles Schussheim, Cynthia Seymour, Annette Shaw, Sam Sinkler, Eve Sparberg, Victor Springer, Yolande Spinnato, Alan Thal, Betty Ustun, Heather Weisman, Mimi Wolf

### ***We Remember a Few of Far Too Many Lives Lost to COVID-19***

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Marcelo M. Malta, 79, immigrant, thought American food was terrible, Rio De Janeiro, Brazil  
Sonny Pham Mai, 33, the baby of the family, loved to cook, Las Vegas, Nevada  
Leslie (71), John (44), and Enekee (45) Leake-Cherry, “inseparable,” Washington, DC

### ***We Remember Those Lost to Violence in Washington, DC***

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David Boyd, 48, NW DC; James Curtis, 38, SE DC; Rashad Davis, 32, SE DC;  
Treyvon Green, 33, SE DC; Antonio Jones, 22, no fixed address; Deonte Pittman, 19, SE DC

### ***Condolences***

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Jon Goodman, cousin of Michael Inlander; Pete Reiniger, husband of Arlene Reiniger

### ***Shiva***

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Rose Burstin, mother of Helen Burstin; Geneviève Kristensen, mother of Peter Kristensen

### ***Shloshim***

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Arthur Murray Golden, Carol Bernstein Ellin, Arthur Frank, Ellen Jane London, Harvey Nathan, Gail Sadick,  
Melvin Safterstein, Marlyn Socolar

### ***Yahrzeit***

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Violet Anenberg, Ben Appel, Albert Karl Bodem, Doris Brown, Max Coral, Jeanne Dillon, Evelyn Donenfeld,  
John Ferreira, Sylvia Garrell, David Goldberg, Eleanor Golden, Ruth Gruenberg, Agnes Hamos, Fred Hart,  
Reuben Heller, Eva Jacob, Arthur Saul Kant, Max Katz, Sylvia Lang, Anna Lit, Jerome Mark, Hyman Mazur,  
Alvin Meyer, Marty Obrand, Irving Richter, Edward Schultz, Joan Schwarz, Priscilla R. Stern,  
Maria Maija Swornik, Elbert Evans Ward, Martin Wenick, Myrna G. Wisotsky, Saul Morris Wolf,  
Rabbi Marjorie Yudkin

## Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih, b'chayeichon  
uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala uvizman  
kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei,  
v'yit'hadar v'yit'aleh v'yit'halal sh'mei d'kud'sha,  
b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata v'nechemata,  
daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol  
Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol  
Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.  
בְּעֵלְמָא דִּי בְרָא כְרַעוּתֵיהּ וְיִמְלִיךְ מַלְכוּתֵיהּ בְּחַיֵּיכוֹן  
וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעֵגְלָא וּבְזִמְן  
קָרִיב, וְאָמְרוּ אָמֵן.

יְהִי שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמִים וּלְעֵלְמֵי עֲלַמְיָא.  
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא  
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקַדְשָׁא.  
בְּרִיךְ הוּא.

לְעֵלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תִּשְׁבַּחְתָּא וְנַחֲמָתָא  
דְאָמְרִין בְּעֵלְמָא. וְאָמְרוּ אָמֵן.

יְהִי שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל  
יִשְׂרָאֵל. וְאָמְרוּ אָמֵן.

עֹשֶׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל  
כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֶל. וְאָמְרוּ אָמֵן.

*Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.*

## Hinei Ma Tov

Hinei ma tov u'ma na-im  
shevet achim gam yachad.

How good it is; how sweet it is, to be together on this day.  
*Shalom Aleichem, Salaam Aleikoom.*

הִנֵּה מַה-טוֹב וּמַה-נְּעִים  
שֵׁבֶת אַחִים גַּם-יַחַד.

***Shabbat Shalom!***