

July 30, 2022

2 Av, 5782

Shabbat Masei

It has been told to you, what is good, and what Adonai requires of you  
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)



### Love the One Your God

Music and lyrics by Lincoln Brewster

Love the One your God with all your heart, with all your soul, with all your might, and with all your strength.

With all your heart, with all your soul,  
With all your might, with all your strength...

### Numbers במדבר 36: 1-13

- א** וַיִּקְרְבוּ רֹאשֵׁי הָאָבוֹת לְמִשְׁפַּחַת בְּנֵי גִלְעָד בֶּן-מְכִיר בֶּן-מְנַשֶּׁה מִמִּשְׁפַּחַת בְּנֵי יוֹסֵף וַיִּדְבְּרוּ לִפְנֵי מֹשֶׁה וּלְפְנֵי הַנְּשָׂאִים רֹאשֵׁי אָבוֹת לְבְנֵי יִשְׂרָאֵל:
- 1** The family heads in the clan of the descendants of Gilead son of Machir son of Manasseh, one of the Josephite clans, came forward and appealed to Moses and the chieftains, family heads of the Israelites.
- ב** וַיֹּאמְרוּ אֶת-אֲדֹנָי צְוָה יְהוָה לָתֵת אֶת-הָאָרֶץ בְּנַחֲלָה בְּגוֹרֵל לְבְנֵי יִשְׂרָאֵל וְאֲדֹנָי צְוָה בִּיהוָה לָתֵת אֶת-נַחֲלַת צֶלְפְּחָד אַחֵינוּ לְבָנֹתָיו:
- 2** They said, “The Eternal commanded my lord to assign the land to the Israelites as shares by lot, and my lord was further commanded by the Eternal to assign the share of our kinsman Zelophehad to his daughters.
- ג** וְהָיוּ לְאֶחָד מִבְּנֵי שְׁבֵטֵי בְנֵי יִשְׂרָאֵל לְנָשִׁים וְנִגְרָעָה נַחֲלָתָן מִנַּחֲלַת אֲבוֹתֵינוּ וְנוֹסַף עַל נַחֲלַת הַמַּטֵּה אֲשֶׁר תִּהְיֶינָה לָהֶם וּמִגֵּרֵל נַחֲלָתָנוּ יִגְרָע:
- 3** Now, if they marry persons from another Israelite tribe, their share will be cut off from our ancestral portion and be added to the portion of the tribe into which they marry; thus our allotted portion will be diminished.
- ד** וְאִם יִהְיֶה הַיָּבֵל לְבְנֵי יִשְׂרָאֵל וְנוֹסְפָה נַחֲלָתָן עַל נַחֲלַת הַמַּטֵּה אֲשֶׁר תִּהְיֶינָה לָהֶם וּמִנַּחֲלַת מַטֵּה אֲבוֹתֵינוּ יִגְרָע נַחֲלָתָנוּ:
- 4** And even when the Israelites observe the jubilee, their share will be added to that of the tribe into which they marry, and their share will be cut off from the ancestral portion of our tribe.”
- ה** וַיִּצַו מֹשֶׁה אֶת-בְּנֵי יִשְׂרָאֵל עַל-פִּי יְהוָה לֵאמֹר כִּן מַטֵּה בְנֵי יוֹסֵף דְּבָרִים:
- 5** So Moses, at the Eternal’s bidding, instructed the Israelites, saying: “The plea of the Josephite tribe is just.
- ו** זֶה הַדְּבָר אֲשֶׁר-צִוָּה יְהוָה לְבָנוֹת צֶלְפְּחָד לֵאמֹר לְטוֹב בְּעֵינֵיהֶם תִּהְיֶינָה לְנָשִׁים אֵךְ לְמִשְׁפַּחַת מַטֵּה אֲבוֹתָהֶם תִּהְיֶינָה לְנָשִׁים:
- 6** This is what the Eternal has commanded concerning the daughters of Zelophehad: They may marry anyone they wish, provided they marry into a clan of their father’s tribe.

ז וְלֹא־תֵסֵב נַחֲלָה לְבְנֵי יִשְׂרָאֵל מִמֵּטָה אֶל־מֵטָה כִּי אִישׁ בְּנַחֲלַת מֵטָה אֲבֹתָיו יִדְבְּקוּ בְנֵי יִשְׂרָאֵל: 7 No inheritance of the Israelites may pass over from one tribe to another, but the Israelite [heirs]—each of them—must remain bound to the ancestral portion of their tribe.

ח וְכֹל־בַּת יִרְשֶׁת נַחֲלָה מִמֵּטוֹת בְּנֵי יִשְׂרָאֵל לְאָחָד מִמִּשְׁפַּחַת מֵטָה אֲבִיהָ תִהְיֶה לְאִשָּׁה לְמַעַן יִירָשׁוּ בְנֵי יִשְׂרָאֵל אִישׁ נַחֲלַת אֲבֹתָיו: 8 Every daughter among the Israelite tribes who inherits a share must marry someone from a clan of her father's tribe, in order that every Israelite [heir] may keep an ancestral share.

ט וְלֹא־תֵסֵב נַחֲלָה מִמֵּטָה לְמֵטָה אַחֵר כִּי־אִישׁ בְּנַחֲלָתוֹ יִדְבְּקוּ מֵטוֹת בְּנֵי יִשְׂרָאֵל: 9 Thus no inheritance shall pass over from one tribe to another, but the Israelite tribes shall remain bound each to its portion."

י כַּאֲשֶׁר צִוָּה יְהוָה אֶת־מֹשֶׁה כִּן עָשׂוּ בָנוֹת צִלְפָּחָד: 10 The daughters of Zelophehad did as the Eternal had commanded Moses:

יא וַתִּהְיֶינָה מַחֲלָה תִרְצָה וְחֹגְלָה וּמִלְכָּה וְנָעָה בָנוֹת צִלְפָּחָד לְבְנֵי דְדִיָּהוּן לְנָשִׁים: 11 Mahlah, Tirzah, Hoglah, Milcah, and Noah, Zelophehad's daughters, were married to sons of their uncles,

יב מִמִּשְׁפַּחַת בְּנֵי־מְנַשֶּׁה בֶן־יוֹסֵף הָיוּ לְנָשִׁים וַתִּהְיֶינָה לְמֵטָה מִשְׁפַּחַת אֲבִיהֶן: 12 marrying into clans of descendants of Manasseh son of Joseph; and so their share remained in the tribe of their father's clan.

יג אֵלֶּה הַמִּצְוֹת וְהַמְשָׁפְטִים אֲשֶׁר צִוָּה יְהוָה בְּיַד־מֹשֶׁה אֶל־בְּנֵי יִשְׂרָאֵל בְּעַרְבַת מוֹאָב עַל יַרְדֵּן יְרִיחוֹ: 13 These are the commandments and regulations that the Eternal enjoined upon the Israelites, through Moses, on the steppes of Moab, at the Jordan near Jericho.

## Come Healing

*Music and lyrics by Leonard Cohen*

O gather up the brokenness and bring it to me now  
The fragrance of those promises you never dared to vow  
The splinters that you carry, the cross you left behind  
Come, healing of the body; come, healing of the mind  
And let the heavens hear it, the penitential hymn  
Come, healing of the spirit; come, healing of the limb

Behold the gates of mercy in arbitrary space  
And none of us deserving the cruelty or the grace  
O solitude of longing where love has been confined  
Come, healing of the body; come, healing of the mind

O see the darkness yielding that tore the light apart  
Come, healing of the reason; come, healing of the heart

O troubled dust concealing an undivided love  
The heart beneath is teaching to the broken heart above  
Let the heavens falter, let the earth proclaim:  
Come, healing of the altar; come, healing of the Name  
And let the heavens hear it, the penitential hymn  
Come, healing of the spirit; come, healing of the limb  
O see the darkness yielding that tore the light apart  
Come, healing of the reason; come, healing of the heart

## Haftarah for Masei: Jeremiah 2:4—4:2

### Jeremiah 2:4-8

(ד) שְׁמְעוּ דְבַר־יְהוָה בַּיַּת יַעֲקֹב  
וְכָל־מִשְׁפְּחוֹת בַּיַּת יִשְׂרָאֵל:  
(4) Hear the word of the Eternal,  
O House of Jacob,  
Every clan of the House of Israel!

(ה) כֹּה אָמַר יְהוָה מִה־מָצְאוּ  
אֲבוֹתֵיכֶם בְּלִעוֹל כִּי רָחֲקוּ מֵעָלַי  
וַיֵּלְכוּ אַחֲרֵי הַהֶבֶל וַיִּהְבְּלוּ:  
(5) Thus said the Eternal:  
What wrong did your fathers find in Me  
That they abandoned Me  
And went after delusion and were deluded?

(ו) וְלֹא אָמְרוּ אֵינָהּ יְהוָה הַמַּעֲלָה  
אֶתְנוּ מֵאֶרֶץ מִצְרַיִם הַמּוֹלִיד אֶתְנוּ  
בַּמִּדְבָּר בְּאֶרֶץ עֲרָבָה וְשׁוּחָה בְּאֶרֶץ  
צִיָּה וְצַלְמוֹת בְּאֶרֶץ לֹא־עֲבַר בָּהּ אִישׁ  
וְלֹא־יָשַׁב אָדָם שָׁם:  
(6) They never asked themselves,  
“Where is God,  
Who brought us up from the land of Egypt,  
Who led us through the wilderness,  
A land of deserts and pits,  
A land of drought and darkness,  
A land no man had traversed,  
Where no human being had dwelt?”

(ז) וָאָבִיָּא אֶתְכֶם אֶל־אֶרֶץ הַכַּרְמֶל  
לֶאֱכֹל פְּרִיָּה וְטוֹבָה וְתָבֵאוּ וְתַטְמְאוּ  
אֶת־אֶרְצִי וַנִּחַלְתִּי שְׂמֹתֶם לְתוֹעֵבָה:  
(7) I brought you to this country of farm land  
To enjoy its fruit and its bounty;  
But you came and defiled My land,  
You made My possession abhorrent.

(ח) הַכֹּהֲנִים לֹא אָמְרוּ אֵינָהּ יְהוָה  
וְתַפְּשֵׁי הַתּוֹרָה לֹא יִדְעוּנִי וְהַרְעִים  
פְּשָׁעוּ בִּי וְהִנְבְּאִים נִבְּאוּ בַבַּעַל וְאַחֲרָי  
לֹא־יֹעֲלוּ הֵלְכוּ:  
The priests never asked themselves,  
“Where is God?”  
The guardians of the Teaching ignored Me;  
The rulers rebelled against Me,  
And the prophets prophesied by Baal  
And followed what can do no good.

### Jeremiah 2:28

(כח) וְאַיִה אֱלֹהֶיךָ אֲשֶׁר עָשִׂיתָ לָּךְ  
יִקּוּמוּ אִם־יֹשִׁיעוּךָ בְּעֵת רָעַתְךָ כִּי  
מִסַּפֵּר עָרִיךָ הֵיוּ אֱלֹהֶיךָ יְהוּדָה:  
(28) And where are those gods  
You made for yourself?  
Let them arise and save you, if they can,  
In your hour of calamity.  
For your gods have become, O Judah,  
As many as your towns!

## Jeremiah 3:4

(ד) הֲלוֹא מֵעַתָּה קָרָאת לִי אָבִי (4) Just now you called to Me, “Father!  
אֱלֹוֹף נַעֲרִי אַתָּה: You are the Companion of my youth.

## Jeremiah 4:1-2

(א) אִם-תָּשׁוּב יִשְׂרָאֵל נְאֻם-יְהוָה  
אֲלֵי תָשׁוּב וְאִם-תִּסָּיר שְׁקֹוצֶיךָ מִפְּנֵי  
וְלֹא תִנּוּד: (1) If you return, O Israel  
—declares the Eternal—  
If you return to Me,  
If you remove your abominations  
from My presence  
And do not waver,

(ב) וְנִשְׁבַּעְתָּ חַיֵּיהוָה בְּאֵמֶת בְּמִשְׁפָּט  
וּבְצִדְקָה וְהִתְבָּרְכוּ בּוֹ גּוֹיִם וּבּוֹ  
יִתְהַלְלוּ: (2) And swear, “As God lives,”  
In sincerity, justice, and righteousness—  
Nations shall bless themselves by you  
And praise themselves by you.

### *Refuah Shleimah*

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Ronni Behar, Ira Berlin, Michael Brenner, Ellen Buckley, Autumn Iris Callahan, Judith Chisholm, Barbara Cleveland, Netanel Felber, Joan Feld, Chelo Fournier, Aubrey Garber, Barbara Gayler, Pat Goldman, Jeffrey Goodman, Richard Greenfield, Ezra Mac Grossman, David Hahn, Judy Hurvitz, Joan Kupferberg, Lum Laurri, Mark Laurri, Lisa Lehman, Stu Levine, Sam Levinson, Dan Lutenegger, Chris Mahle, Mildred Marin, Stephanie Mendez, Sophie Meyers, Bryant Monroe, Robin Parry, Jack Paul, Rachel bat Chava, Lois Rosen, Eric Rosenberg, Sarah Golde bat Shifrah, David Scheever, Charles Schussheim, Cynthia Seymour, Annette Shaw, Sam Sinkler, Eve Sparberg, Irving Swatzburg, Alan Thal, Susan Turnbull, Betty Ustun

## **Aleinu/It's On Us**

*Music and Lyrics by Dan Nichols and Ellen Dreskin*

It's up to us to call ourselves to task, to sing what's good and true,  
To bring about redemption, it's what we were freed to do  
For what's the point of being here if we're not moved to change our ways?  
Aleinu l'shabeiach, it's time to live our praise.

We are carrying the stories, of the ones who came before,  
What stories will be told of us, when we are here no more?  
We commit ourselves to action, it brings meaning to our days,  
Aleinu l'shabeiach, it's time to live our praise.

It's up to us to own the vision, we are an answer to a call.  
It's up to us to live the words we speak, for the benefit of all  
It's up to us to bow down deeply, there's a broken world to raise.  
Aleinu l'shabeiach, it's time to live our praise.

## ***We Remember a Few of Far Too Many Lives Lost to COVID-19***

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Halina Hai, 64, publisher, editor, and poet, Bila Tserkva, Ukraine

Jonathan Leverett, 40, trivia buff, woodworker, and parent, Augusta, Georgia

Howard and Thea Pinskey, 81 and 79, philanthropists married 55 years, Annapolis, Maryland

## ***We Remember Those Lost to Violence in Washington, DC***

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Shelton Robinson, 34, Forestville, MD; Audora Williams, 33, SE DC; William Whittington Jr., 40, SE DC

## ***Shiva***

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Thelma Weiner, mother of George Weiner

## ***Shloshim***

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Beverly G. Ferreira; Helen Mandel Grob; Eileen Kovey Mackler; Norman A. Oshtry; Louis Alvin Wunnenberg

## ***Yahrzeit***

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Aaron Altschul, Morton Bahr, Fred Balash, Paul Benayoun, Harold "Harry" Berman, Morton Bobowick, Jeanette Coral, Jonah Gitlitz, Herman Goldberg, Gerald Goldenberg, Howard Shea Grob, Annie Lass, Thomas Mackie, Florence Marvin, Sylvia Rosen, Gary Schwartz, Arnold Shafrin, Leona Stein, Benjamin Sterenfeld, Phyllis Winter

## Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih,  
b'chayeichon uv'yomeichon uv'chayei d'chol beit  
Yisrael, ba'agala uvizman kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam  
v'yitnasei, v'yit'hadar v'yit'aleh v'yit'halal sh'mei  
d'kud'sha,

b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata  
v'nechemata, daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al  
kol Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu,  
v'al kol Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

*Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.*

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא.

בְּעֵלְמָא דִּי בְּרָא כְרַעוּתֵיהּ וְיִמְלִיךְ מַלְכוּתֵיהּ בְּחַיֵּינוּ  
וּבְיָמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעֵגְלָא וּבְזִמְן קָרִיב,  
וְאָמְרוּ אָמֵן.

יְהִי שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמָא וּלְעָלְמֵי עָלְמֵינָא.

יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר  
וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְּקֻדְשָׁא.  
בְּרִיךְ הוּא.

לְעֵלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבְּחָתָא וְנִחַמְתָּא דְּאִמְרֵינוּ  
בְּעֵלְמָא. וְאָמְרוּ אָמֵן.

יְהִי שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל.  
וְאָמְרוּ אָמֵן.

עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל  
יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֵל. וְאָמְרוּ אָמֵן.

***Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.***

**DANIEL G. ZEMEL**, Rabbi

**JOSHUA BERAHA**, Associate Rabbi | **STEPHANIE CRAWLEY**, Associate Rabbi

**BETH WERLIN**, Executive Director | **DEBRA WINTER**, Director of Spiritual Arts

**SHARON TASH**, Education Director

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