

September 30, 2022

6 Tishrei, 5783

Shabbat Vayeilech/Shabbat Shuva

It has been told to you, what is good, and what Adonai requires of you
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)



The oneg is hosted by Marla Bobowick; Ann Cohen; Kate Kiggins and Jared Blum in celebration of the birth of their grandson, Jonah Glen Harlow Blum; Anne and Billy Pizer; and Debbie and Jim Roumell in honor of their soon-to-arrive grandchild.

Eternity Utters a Day

Text: Abraham Joshua Heschel; Music by Dan Nichols

A thought has blown the marketplace away. There is a song on the wind, and joy in the trees.
Shabbat has arrived in the world. Scattering a song, in the silence of the night.
And eternity utters a day.

Candles

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher kidshanu b'mitzvotav v'tzivanu l'hadlik neir shel Shabbat. *ברוך אתה יי, אלהינו מלך העולם, אשר קדשנו במצותיו וצונו להדליק נר של שבת.*
We praise You, Eternal God, Sovereign of the universe.
You hallow us with Your Mitzvot and command us to kindle the light of Shabbat.

Kiddush

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, borei p'ri hagafen. Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher kidshanu b'mitzvotav v'ratzah vanu, v'shabat kodsho b'ahavah uv'ratzon hinchilanu, zikaron l'maaseh v'reishit. *ברוך אתה יי, אלהינו מלך העולם, בורא פרי הגפן. ברוך אתה יי, אלהינו מלך העולם, אשר קדשנו במצותיו ורצה בנו, ושבת קדשו באהבה וברצון הנחילנו, זכרון למעשה בראשית. כי הוא יום תחילה למקראי קדש, זכר ליציאת מצרים. כי-בנו בחרת ואותנו קדשת, מכל-העמים, ושבת קדשך באהבה וברצון הנחלתנו. ברוך אתה יי, מקדש השבת.*
Ki hu yom t'hilah l'mikra'ei kodesh, zeicher litziat mitzrayim. Ki vanu vacharta v'otanu kidashta mikol ha'amim, v'shabbat kodsh'cha b'ahavah uv'ratzon hinchaltanu. Baruch Atah, Adonai, m'kadeish hashabbat.

We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine.
We praise You, Eternal God, Sovereign of the universe; You call us to holiness with the Mitzvah of Shabbat – the sign of Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days. On Shabbat especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.

Challah

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, hamotzi lechem min ha'aretz. *ברוך אתה יי, אלהינו מלך העולם, המוציא לחם מן הארץ.*

We praise You, Eternal God, Sovereign of the universe, who causes bread to come from the earth.

Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.

DANIEL G. ZEMEL, Rabbi
JOSHUA BERAHA, Associate Rabbi | STEPHANIE CRAWLEY, Associate Rabbi
BETH WERLIN, Executive Director | DEBRA WINTER, Director of Spiritual Arts
SHARON TASH, Education Director
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Let There Be Love/Hashkiveinu

Let there be love and understanding among us,
Let peace and friendship be our shelter from life's storms.

Hashkiveinu Adonai Eloheinu
Hashkiveinu l'shalom
V'hamideinu shomreinu l'chaim
Ufros aleinu sukkat shlomecha.

הַשְׁכִּיבֵנוּ יְיָ אֱלֹהֵינוּ
הַשְׁכִּיבֵנוּ לְשָׁלוֹם
וְהַעֲמִידֵנוּ שׁוֹמְרֵנוּ לְחַיִּים
וּפְרוֹשׂ עָלֵינוּ סֻכַּת שְׁלוֹמְךָ

*Grant, O God, that we lie down in peace, and raise us up, our Guardian, to life renewed.
Spread over us the shelter of Your peace.*

Hashiveinu/We Return

We return (*we return*), we return (*we return*)
We return, return again
We return (*we return*), we return (*we return*)
We return, return again and again, to (*love... hope... truth... You...*)

Hashiveinu, Adonai, Eilecha, v'nashuva.
Chadeish yameinu k'kedem.

הַשִּׁיבֵנוּ יְהוָה אֱלֹהֵינוּ, וְנָשׁוּבָה
חַדֵּשׁ יָמֵינוּ כְּקֶדֶם.

Return us to You, Adonai, and we will return. Renew our days as of old.

Refuah Shleimah

Ronni Behar, Ira Berlin, Ellen Buckley, Judith Chisholm, Barbara Cleveland, Netanel Felber, Phil Feld, Chelo Fournier, Ginger From, Aubrey Garber, Pat Goldman, Jeffrey Goodman, Richard Greenfield, Ezra Mac Grossman, David Hahn, Joan Kupferberg, Lum Laurri, Mark Laurri, Lisa Lehman, Stu Levine, Sam Levinson, Dan Lutenegger, Chris Mahle, Mildred Marin, Stephanie Mendez, Doug Meyer, Sophie Meyers, Bryant Monroe, Robin Parry, Jack Paul, Rachel bat Chava, Lois Rosen, Eric Rosenberg, Sarah Golde bat Shifrah, David Scheever, Charles Schusheim, Cynthia Seymour, Annette Shaw, Sam Sinkler, Elsa Smith, Eve Sparberg, Irving Swatzburg, Alan Thal, Susan Turnbull, Betty Ustun, Mimi Wolf

We Remember a Few of Far Too Many Lives Lost to COVID-19

Sergei Vasilevich Beletsky, 68, restorer, historian, and archaeologist, Saint Petersburg, Russia
Wes Whitehead, 65, had a quirky sense of humor and adored his wife, Shoreline, Washington
Scott Bennett, 70, “a DC bohemian,” founded Amsterdam Falafelshop, Washington, DC

We Remember Those Lost to Violence in Washington, DC

Harold Blair III, NE DC; Jamal Gibson, 23, SE DC; David Scott, 32, NE DC; Antonio Taylor, 26, NE DC; Bacilio Villatoro, 67, Silver Spring, MD

Shiva

Daniel Claster, father of Becky Claster; Susan Landfield

Shloshim

Rabbi Jimmy Kessler; Beverlee Schiff; Victor Springer

Yahrzeit

Robert David Allender, Laurel Bergold, Tessie Birman, Louis Anthony "Tony" Coloretti, Edward Cooley, Dora Evers. Nick Fletcher, Miriam Foster, Josef Karl Gartner, Samuel Gottlieb, Edmund Greenwald, Robert Gruenberg, Edward Robert Halpert, Sidney Hoos, Irwin Jennis, Sara Laver, Paul Lavilla, Sidney Levy, Robert Lewis, Philip A. Lief, Lillian Maurer, Elaine May, William Paul, Hallie Rich, John K. Rose, Donald Rothberg, Dorothy Waldman Shuff, Elliott Simon, Mark Snyderman, Herman Surick, Mike Taphouse

Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih, b'chayeichon
uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala uvizman
kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei,
v'yit'hadar v'yit'aleh v'yit'halal sh'mei d'kud'sha,
b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata v'nechemata,
daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol
Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol
Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.
בְּעֵלְמָא דִּי בְּרָא כְּרַעוּתֵיהּ וְיִמְלִיךְ מַלְכוּתֵיהּ בְּחַיֵּינוּ
וּבְיוֹמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעֵגְלָא וּבְזִמְנָא
קָרִיב, וְאָמְרוּ אָמֵן.
יְהִי שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמֵי עֵלְמַיָּא.
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקַדְשָׁא.
בְּרִיךְ הוּא.
לְעֵלְמָא מִן כָּל בְּרִכְתָּא וְשִׁירְתָּא תְּשַׁבְּחָתָא וְנַחֲמָתָא
דְאָמִירָן בְּעֵלְמָא. וְאָמְרוּ אָמֵן.
יְהִי שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עֲלֵינוּ וְעַל כָּל
יִשְׂרָאֵל. וְאָמְרוּ אָמֵן.
עֲשֵׂה שְׁלוֹם בְּמִרְוֵמֵי הוּא יַעֲשֵׂה שְׁלוֹם עֲלֵינוּ וְעַל
כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֵל. וְאָמְרוּ אָמֵן.

Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.