

October 28, 2022  
4 Cheshvan, 5783  
Shabbat Noach



*It has been told to you, what is good, and what Adonai requires of you  
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)*

***Naming of Sloane Seifert, Child of Nichole and Jed Seifert***  
*The oneg is provided by Jane and Chuck Alexander, Susannah Fox and Eric Halperin,  
and Jodi and Jarrett Ferrier.*

## Hinei Ma Tov

Hinei ma tov u'ma na-im  
shevet achim gam yachad.

הִנֵּה מַה-טוֹב וּמַה-נְּעִים  
שֵׁבֶת אַחִים גַּם-יַחַד.

How good it is; how sweet it is, to be together on this day.

*Shalom Aleichem, Salaam Aleikoom.*

## Candles

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher  
kidshanu b'mitzvotav v'tzivanu l'hadlik neir shel  
Shabbat.

בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר  
קִדְּשָׁנוּ בְּמִצְוֹתַיִךְ וְצִוִּינוּ לְהַדְלִיק נֵר שֶׁל  
שַׁבָּת.

*We praise You, Eternal God, Sovereign of the universe.*

*You hallow us with Your Mitzvot and command us to kindle the light of Shabbat.*

## Kiddush

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,  
borei p'ri hagafen. Baruch Atah, Adonai, Eloheinu,  
Melech ha'olam, asher kidshanu b'mitzvotav v'ratzah  
vanu, v'shabat kodsho b'ahavah uv'ratzon hinchilanu,  
zikaron l'maaseh v'reishit. Ki hu yom t'hilah l'mikra'ei  
kodesh, zeicher litziat mitzrayim. Ki vanu vacharta  
v'otanu kidashta mikol ha'amim, v'shabbat kodsh'cha  
b'ahavah uv'ratzon hinchaltanu. Baruch Atah,  
Adonai, m'kadeish hashabbat.

בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
בוֹרֵא פְּרֵי הַגֶּפֶן. בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ  
הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתַיִךְ וְרָצָה בָּנוּ,  
וְשַׁבָּת קֹדֶשׁ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ, זִכְרוֹן  
לְמַעֲשֵׂה בְּרֵאשִׁית. כִּי הוּא יוֹם תְּחִילָה  
לְמִקְרָאֵי קֹדֶשׁ, זִכָּר לְיִצְיַאת מִצְרַיִם. כִּי-בָנוּ  
בְּחַרְתָּ וְאוֹתָנוּ קִדְּשָׁתָּ, מִכָּל-הָעַמִּים, וְשַׁבָּת  
קֹדֶשׁ בְּאַהֲבָה וּבְרָצוֹן הִנְחַלְתָּנוּ. בָּרוּךְ אַתָּה  
יי, מְקַדֵּשׁ הַשַּׁבָּת.

*We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine.*

*We praise You, Eternal God, Sovereign of the universe; You call us to holiness with the Mitzvah of Shabbat – the sign of Your love, a  
reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days. On Shabbat especially, we hearken to  
Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.*

***Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and  
Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their  
stewardship of this land and the vital contribution of indigenous peoples to this nation we share.***

## Challah

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,  
hamotzi lechem min ha'aretz.

ברוך אתה יי, אלהינו מלך העולם,  
המוציא לחם מן הארץ.

*We praise You, Eternal God, Sovereign of the universe,  
who causes bread to come from the earth.*

## Oseh Shalom

Oseh Shalom bim'ro'mav  
Hu ya'aseh shalom alei'nu  
V'al kol Yisrael, v'al kol yoshvei tevel  
V'imru, Amen.

עושה שלום במרומו  
הוא יעשה שלום עלינו  
ועל כל ישראל  
ועל כל יושבי תבל  
ואמרו אמן.

*May the One who makes peace in the heavens  
Descend on us; and the world will say, Amen.*

The water is wide and I can't cross over  
Neither have I wings that I could fly  
Build me a boat that can carry two  
And both shall row, my love and I.

## ***Refuah Shleimah***

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Ronni Behar, Ira Berlin, Ellen Buckley, Judith Chisholm, Barbara Cleveland, Netanel Felber,  
Phil Feld, Chelo Fournier, Aubrey Garber, Pat Goldman, Jeffrey Goodman, Richard Greenfield,  
Ezra Mac Grossman, Larry Gutter, David Hahn, Joan Kupferberg, Lum Laurri, Mark Laurri,  
Lisa Lehman, Stu Levine, Sam Levinson, Dan Lutenegger, Chris Mahle, Mildred Marin,  
Stephanie Mendez, Sophie Meyers, Bryant Monroe, Robin Parry, Jack Paul, Rachel bat Chava,  
Lois Rosen, Eric Rosenberg, Sarah Golde bat Shifrah, David Scheever, Charles Schussheim,  
Cynthia Seymour, Annette Shaw, Sam Sinkler, Elsa Smith, Eve Sparberg, Irving Swatzburg,  
Alan Thal, Susan Turnbull, Betty Ustun, Mimi Wolf

## ***We Remember a Few of Far Too Many Lives Lost to COVID-19***

Quazi Rosy, 73, poet and parliamentarian, Dhaka, Bangladesh

Harry Bialor, 90, Holocaust survivor, composer, and librettist, New York, New York

Santos Rodriguez, 45, immigrant, volunteer bus driver, and parent, Hyattsville, Maryland

## ***We Remember Those Lost to Violence in Washington, DC***

Storm Serenity Frazier, six weeks, NE DC; Christian Mitchell, 21, NW DC; Quion Shears, 24, SE DC;

Kevaughn Washington, 31, Oxon Hill, MD

## ***Shloshim***

Frank Liebermann; Estelle Silverstein; Jean Simon

## ***Yahrzeit***

Harry Benda, David A. Feldman, Rena Gruenberg, Sadie Haber, Joshua I. Justin, Royce Katsir, Lila Lief,

Margaret Locke, Ivan Meitus, Nate Muskin, Daria Naftulin, John Pasco, David Peters, Louis Raitiere,

Renee Reiff, Fanny Rockower, Jay Rosenbluth, Beatrice Schimel, Ida Weinstein Schotz, Elise Shapira,

Shirley Suconik, Jack Temchin, Ralph Weinheimer, Valentin Yamaykin, Theodore Zeichner

## **Kaddish Yatom**

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih, b'chayeichon

uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala

uvizman kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei,

v'yit'hadar v'yit'aleh v'yit'halal sh'mei d'kud'sha,

b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata v'nechemata,

daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol

Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol

Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

*Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.*

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא.

בְּעֵלְמָא דִּי בְּרָא כְרַעוּתֵיהּ וְיִמְלִיךְ מַלְכוּתֵיהּ בְּחַיֵּינוּ

וּבְיָמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעֵגְלָא וּבְזִמְנָן

קָרִיב, וְאִמְרוּ אָמֵן.

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמֵי עֵלְמֵיָא.

יְתַבְרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא

וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלַּל שְׁמֵהּ דְקַדְשָׁא.

בְּרִיךְ הוּא.

לְעֵלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבְּחָתָא וְנִחַמְתָּא

דְאִמְרִין בְּעֵלְמָא. וְאִמְרוּ אָמֵן.

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמֵיָא וְחַיִּים עֲלֵינוּ וְעַל כָּל

יִשְׂרָאֵל. וְאִמְרוּ אָמֵן.

עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עֲלֵינוּ וְעַל

כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֵל. וְאִמְרוּ אָמֵן.

DANIEL G. ZEMEL, Rabbi

JOSHUA BERAHA, Associate Rabbi | STEPHANIE CRAWLEY, Associate Rabbi

SAMANTHA FRANK, Rabbinic Fellow | RACHEL SCHMELKIN, Rabbinic Fellow

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