

February 17, 2023

20 Sh'vat, 5783

Shabbat Shekalim/Shabbat Mishpatim

*It has been told to you, what is good, and what Adonai requires of you  
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)*



**Our sanctuary is a sanctuary. Please keep your mobile phone turned off.**

*The oneg is hosted by the b'nai mitzvah class.*

**Repro Shabbat  
with Guest Speaker, Dr. Carolyn Sufrin**

**Candles**

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher **בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּךָ הָעוֹלָם, אֲשֶׁר**  
kidshanu b'mitzvotav v'tzivanu l'hadlik neir shel **קִדְּשָׁנוּ בְּמִצְוֹתֶיךָ וְצִוֵּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.**  
Shabbat.

*We praise You, Eternal God, Sovereign of the universe.  
You hallow us with Your Mitzvot and command us to kindle the light of Shabbat.*

**Kiddush**

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, **בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּךָ הָעוֹלָם,**  
borei p'ri hagafen. Baruch Atah, Adonai, Eloheinu, **בּוֹרֵא פְּרֵי הַגֶּפֶן. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּךָ**  
Melech ha'olam, asher kidshanu b'mitzvotav v'ratzah **הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתֶיךָ וְרָצָה בְּנוֹ,**  
vanu, v'shabat kodsho b'ahavah uv'ratzon hinchilanu, **וְשַׁבָּת קִדְּשׁוּ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ, זְכָרוֹן**  
zikaron l'maaseh v'reishit. Ki hu yom t'hilah l'mikra'ei **לְמַעֲשֵׂה בְּרֵאשִׁית. כִּי הוּא יוֹם תְּחִילָה**  
kodesh, zeicher litziat mitzrayim. Ki vanu vacharta **לְמִקְרָאֵי קִדְּשׁ, זְכָר לִיצִיאַת מִצְרָיִם. כִּי-בְנוֹ**  
v'otanu kidashta mikol ha'amim, v'shabbat kodsh'cha **בְּחַרְתָּ וְאוֹתָנוּ קִדְּשָׁתָּ, מִכָּל-הָעַמִּים, וְשַׁבָּת**  
b'ahavah uv'ratzon hinchaltanu. Baruch Atah, **קִדְּשָׁתָּ בְּאַהֲבָה וּבְרָצוֹן הִנְחַלְתָּנוּ. בְּרוּךְ אַתָּה**  
Adonai, m'kadeish hashabbat. **יי, מְקַדֵּשׁ הַשַּׁבָּת.**

*We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine.*

*We praise You, Eternal God, Sovereign of the universe; You call us to holiness with the Mitzvah of Shabbat – the sign of Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days. On Shabbat especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.*

**Challah**

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, **בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּךָ הָעוֹלָם,**  
hamotzi lechem min ha'aretz. **הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.**

*We praise You, Eternal God, Sovereign of the universe,  
who causes bread to come from the earth.*

## Olam Chesed Yibaneh

Olam chesed yibaneh.

עולם חסד יבנה.

I will build this world from love... ta da dai dai dai ya da da dai

And you must build this world from love... ta dai dai...

And if we build this world from love...

Then God will build this world from love...

## *Refuah Shleimah*

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Ronni Behar, Ira Berlin, Howard Berman, Ellen Buckley, Judith Chisholm, Don Elisburg, Netanel Felber, Phil Feld, Rabbi Stanley Funston, Pat Goldman, Ken Goldstein, Jeffrey Goodman, Helene Granof, Richard Greenfield, Skylar Haas, David Hahn, Dusty Kaplan, Zev Shmuel Kesselman, Lum Laurri, Mark Laurri, Stu Levine, Dan Lutenegger, Chris Mahle, Micah ben Nechama Evi, Mildred Marin, Stephanie Mendez, Sophie Meyers, Bryant Monroe, Jack Paul, Rachel bat Chava, Lois Rosen, Sarah Golde bat Shifrah, David Scheever, Jo Schonewolf, Charles Schussheim, Cynthia Seymour, Annette Shaw, Elsa Smith, Alan Thal, Susan Turnbull, Brian J. Tunney, Betty Ustun, Peter Waldheim, Mimi Wolf, Yael Yudis Malcah bas Gilah

## *We Remember a Few of Far Too Many Lives Lost to COVID-19*

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Nad'a Urbánková, 83, stage and screen actress, Prague, Czech Republic  
Emily Thompson, 37, parent, loved crochet and card games, Lexington, Kentucky  
Barbara Shanahan, 94, "sharp of tongue but big of heart," Richmond, Virginia

## *We Remember Those Lost to Violence in Washington, DC*

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Thomas Goodman, 42, SE DC; Melvin Henderson, 27, SE DC

## *Shiva*

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Ethel Hansan, aunt of Cheryl Schwartz, grandaunt of Rielle Miller Gabriel

## *Shloshim*

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Alice Goldman, Jay Kaufman, Henry Rosenblum, Eve Sparberg

## *Yahrzeit*

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Frank David Allender, Tuna Barkey, Lorraine Beraha, Rachel Feldhay Brenner, Edgar Cahn, Jane Coates, Eugene Cohen, Nathan Feldman, Ruth Ann Ferguson, Eliana Finberg, Ruth Gruber, Rosette Herschkovitz, Clarence Ikerd, Betsy Kanarek, Leonard Karabell, Hannah Laipson, Eric W. Larisch, Liesl Lipczenko, Josephine Narva, Bob Nielsen, Rachel Paikin, Anna Reiner-Charval, Philip Schiff, Hanna Schussheim, Russell Scott, Melvyn Weiner, Etta Sugarman Weisman, Natalie Westreich

## Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih, b'chayeichon  
uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala  
uvizman kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.  
Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei,  
v'yit'hadar v'yit'aleh v'yit'halal sh'mei d'kud'sha,  
b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata v'nechemata,  
daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol  
Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol  
Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא.  
בְּעֵלְמָא דִּי בְּרָא כְרַעוּתָהּ וְנִמְלִיךְ מַלְכוּתָהּ בְּחַיֵּינוּ  
וּבְיוֹמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעֵגְלָא וּבְזִמְנָן  
קָרִיב, וְאָמְרוּ אָמֵן.  
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמֵי עֵלְמֵיָא.  
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא  
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקֻדְשָׁא.  
בְּרִיךְ הוּא.  
לְעֵלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תִּשְׁבַּחְתָּא וְנִחַמְתָּא  
דְאָמְרִין בְּעֵלְמָא. וְאָמְרוּ אָמֵן.  
יְהֵא שְׁלָמָא רַבָּא מִן שְׁמֵיָא וְחַיִּים עֲלֵינוּ וְעַל כָּל  
יִשְׂרָאֵל. וְאָמְרוּ אָמֵן.  
עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עֲלֵינוּ וְעַל  
כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֵל. וְאָמְרוּ אָמֵן.

*Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.*

***Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.***

DANIEL G. ZEMEL, Rabbi

JOSHUA BERAHA, Associate Rabbi | STEPHANIE CRAWLEY, Associate Rabbi

SAMANTHA FRANK, Rabbinic Fellow | RACHEL SCHMELKIN, Rabbinic Fellow

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## Some Questions for Repro Shabbat

Why are you, personally, invested in reproductive health, rights, and justice?

What do you learn from your faith tradition about reproductive health, rights, and justice?

Are there places where you struggle with your tradition's approach?

Do you regard protecting reproductive rights, health, and justice as a religious value? If so, why?

How do you feel when you see people arguing that religion compels them to try to limit abortion access?

How do you see abortion access intersect with other issues—immigrant justice, economic justice, racial justice, or other things?

One in four people who can get pregnant will have an abortion by age 45. What does that raise for you as you consider the people in your community, and what do you hope they are taking away from this conversation, seeing you talk about this now?

Our nation's founding principle of religious liberty means that no one can impose a single religious belief on all through law or regulation. How do you think about the separation of church and state as it intersects with reproductive health, rights, and justice?

Can you speak to the role of the interfaith community in the fight for reproductive freedom? Why do you believe it is important that people of faith speak out on these critical issues?

What can our audience do to advocate for abortion access/reproductive rights in your state and across the country?

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National Council of Jewish Women