

February 3, 2023

13 Sh'vat, 5783

Shabbat B'shalach/Shabbat Shirah

*It has been told to you, what is good, and what Adonai requires of you
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)*



Our sanctuary is a sanctuary. Please keep your mobile phone turned off.

The oneg is hosted by Sukkat Shalom and by the Edelstein Peck family.

Refugee Shabbat with Mark Hetfield, CEO of HIAS

L'cha Dodi

L'cha dodi likrat kallah, likrat kallah
P'nei shabbat n'kab'lah, n'kab'lah.
Shabbat shalom um'vorach!

לְכָה דוּדֵי לְקִרְאֵת כַּלָּה
פְּנֵי שַׁבָּת נְקַבְּלָה וְנְקַבְּלָה
שַׁבָּת שְׁלוֹם וּמְבוֹרָךְ!

*Beloved, come to meet the bride; beloved, come to greet Shabbat.
A peaceful and blessed Shabbat.*

Hinei Ma Tov

Hinei ma tov u'ma na-im
shevet achim gam yachad.

הִנֵּה מַה-טוֹב וּמַה-נְּעִים
שֵׁבֶת אַחִים גַּם-יַחַד.

*How good it is; how sweet it is, to be together on this day.
Shalom Aleichem, Salaam Aleikoom.*

Candles

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher
kidshanu b'mitzvotav v'tzivanu l'hadlik neir shel
Shabbat.

בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר
קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

*We praise You, Eternal God, Sovereign of the universe.
You hallow us with Your Mitzvot and command us to kindle the light of Shabbat.*

Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.

DANIEL G. ZEMEL, Rabbi
JOSHUA BERAHA, Associate Rabbi | STEPHANIE CRAWLEY, Associate Rabbi
SAMANTHA FRANK, Rabbinic Fellow | RACHEL SCHMELKIN, Rabbinic Fellow
BETH WERLIN, Executive Director | DEBRA WINTER, Director of Spiritual Arts | SHARON TASH, Education Director
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Kiddush

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
borei p'ri hagafen. Baruch Atah, Adonai, Eloheinu,
Melech ha'olam, asher kidshanu b'mitzvotav v'ratzah
vanu, v'shabat kodsho b'ahavah uv'ratzon hinchilanu,
zikaron l'maaseh v'reishit. Ki hu yom t'hilah l'mikra'ei
kodesh, zeicher litziat mitzrayim. Ki vanu vacharta
v'otanu kidashta mikol ha'amim, v'shabbat kodsh'cha
b'ahavah uv'ratzon hinchaltanu. Baruch Atah,
Adonai, m'kadeish hashabbat.

ברוך אתה יי, אלהינו מלך העולם,
בורא פרי הגפן. ברוך אתה יי, אלהינו מלך
העולם, אשר קדשנו במצותיו ורצה בנו,
ושבת קדשו באהבה וברצון הנחילנו, זכרון
למעשה בראשית. כי הוא יום תחילה
למקראי קדש, זכר ליציאת מצרים. כי-בנו
בחרת ואותנו קדשת, מכל-העמים, ושבבת
קדשך באהבה וברצון הנחלתנו. ברוך אתה
יי, מקדש השבת.

We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine.

We praise You, Eternal God, Sovereign of the universe; You call us to holiness with the Mitzvah of Shabbat – the sign of Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days. On Shabbat especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.

Challah

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
hamotzi lechem min ha'aretz.

ברוך אתה יי, אלהינו מלך העולם,
המוציא לחם מן הארץ.

*We praise You, Eternal God, Sovereign of the universe,
who causes bread to come from the earth.*

The New Colossus

Emma Lazarus

"Give me your tired, your poor,
Your huddled masses yearning to breathe free,
The wretched refuse of your teeming shore.
Send these, the homeless, tempest-tost to me,
I lift my lamp beside the golden door!"

Refuah Shleimah

Ronni Behar, Ira Berlin, Ellen Buckley, Judith Chisholm, Don Elisburg, Netanel Felber, Phil Feld, Rabbi Stanley Funston, Pat Goldman, Ken Goldstein, Jeffrey Goodman, Helene Granof, Richard Greenfield, Skylar Haas, David Hahn, Dusty Kaplan, Jay Kaufman, Zev Shmuel Kesselman, Lum Laurri, Mark Laurri, Stu Levine, Dan Lutenegeger, Chris Mahle, Micah ben Nechama Evi, Mildred Marin, Stephanie Mendez, Sophie Meyers, Bryant Monroe, Jack Paul, Rachel bat Chava, Lois Rosen, Sarah Golde bat Shifrah, David Scheever, Jo Schonewolf, Charles Schussheim, Cynthia Seymour, Annette Shaw, Elsa Smith, Alan Thal, Susan Turnbull, Brian J. Tunney, Betty Ustun, Peter Waldheim, Mimi Wolf, Yael Yudis Malcah bas Gilah

We Remember a Few of Far Too Many Lives Lost to COVID-19

Kevin Priestly, 56, blue-collar worker, husband, Goldthorpe, England
Charles Correll, 10, enjoyed wheelchair racing and cartoons, Staten Island, New York
Kelvin Allen, 58, center of a large, multi-generational family, Richmond, Virginia

We Remember Those Lost to Violence in Washington, DC

Sergio Flores, Arlington, VA; Marcus Jones, 45, Capitol Heights, MD

Shiva

Eve Sparberg, mother of Jodi Enda

Shloshim

Robert Effros, Alice Goldman, Robert J. Kaye

Yahrzeit

Gloria Waldman Appel, Hilda Berner, Johannes Biller, Elias "Al" Booth, Robert Budoff, Kirby S. W. Capen, Josefina Feeser, Rosalie Fleisher, Juan Francisco Fournier, Susanne Gesheker, Donald Glazer, Harold Goldman, Anna Wise Goldstein, Samuel Goldstein, Esther Gould, Ernest Green, Sarita Gruenberg, Simon Josen, Morris Kabat, Rita Karen, Harold Knopman, Judith Levin, Edythe F Levine, Wendy McLaughlin, Allen Nadler, Morton Narva, David Raviv, Ethel Siegel Rosen, Elizabeth Gelman Rosenbaum, John Williamson Sewell, Lillian Shapiro, Muriel K. Skolnick, Samuel B. Skolnick, Carol Stevenson, Dorothy Umansky, Anne Weinberg, Daphne Weiner, George "Buddy" Weiner, Frank L. Weinstein, Jean Zierowicz

Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih, b'chayeichon
uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala
uvizman kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.
Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei,
v'yit'hadar v'yit'aleh v'yit'halal sh'mei d'kud'sha,
b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata v'nechemata,
daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol
Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol
Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

*Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our
lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised,
honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise,
and comfort, to which we say Amen. May there be abundant peace from
heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to
all who dwell on earth. To which we say Amen.*

If Not Now

Carrie Newcomer

If not now, tell me when?
We may never see this moment
or place in time again
If not now, if not now, tell me when?

I see sorrow and trouble in this land...
Although there will be struggle,
we'll make the change we can
If not now, if not now, tell me when?

We may never see the promised land...
And yet we'll make the journey,
we'll walk it hand in hand
If not now, if not now, tell me when?

So we'll work until it's done –
every person, everyone
Every soul that's ever longed for something better,
something brighter...

It will take a change of heart for this to mend...
But miracles do happen,
every shining now and then
If not now, if not now, tell me when?

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא.
בְּעֵלְמָא דִּי בְּרָא כְרַעוּתֵיהּ וְיִמְלִיךָ מַלְכוּתֵיהּ בְּחַיֵּינוּ
וּבְיוֹמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעֵגְלָא וּבְזִמְן
קָרִיב, וְאָמְרוּ אָמֵן.
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמִים וּלְעָלְמֵי עֲלְמֵיָא.
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקֻדְשָׁא.
בְּרִיךְ הוּא.
לְעֵלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבְּחָתָא וְנַחֲמָתָא
דְאָמְרִין בְּעֵלְמָא. וְאָמְרוּ אָמֵן.
יְהֵא שְׁלָמָא רַבָּא מִן שְׁמֵיָא וְחַיִּים עֲלֵינוּ וְעַל כָּל
יִשְׂרָאֵל. וְאָמְרוּ אָמֵן.
עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עֲלֵינוּ וְעַל
כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֵל. וְאָמְרוּ אָמֵן.