

March 3, 2023

11 Adar, 5783

Shabbat Zachor/Shabbat Tetzaveh

*It has been told to you, what is good, and what Adonai requires of you
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)*



Our sanctuary is a sanctuary. Please keep your mobile phone turned off.

The oneg is hosted by the b'nai mitzvah class.

Welcoming Shabbat with Rabbi Lauren Tuchman

Naming of Louisa Josephine Voorhees, child of Ariel and Sam Voorhees

Candles

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher
kidshanu b'mitzvotav v'tzivanu l'hadlik neir shel
Shabbat.

ברוך אתה יי, אלהינו מלך העולם, אשר
קדשנו במצותיו וצונו להדליק נר של שבת.

*We praise You, Eternal God, Sovereign of the universe.
You hallow us with Your Mitzvot and command us to kindle the light of Shabbat.*

Kiddush

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
borei p'ri hagafen. Baruch Atah, Adonai, Eloheinu,
Melech ha'olam, asher kidshanu b'mitzvotav v'ratzah
vanu, v'shabat kodsho b'ahavah uv'ratzon hinchilanu,
zikaron l'maaseh v'reishit. Ki hu yom t'hilah l'mikra'ei
kodesh, zeicher litziat mitzrayim. Ki vanu vacharta
v'otanu kidashta mikol ha'amim, v'shabbat kodsh'cha
b'ahavah uv'ratzon hinchaltanu. Baruch Atah, Adonai,
m'kadeish hashabbat.

ברוך אתה יי, אלהינו מלך העולם,
בורא פרי הגפן. ברוך אתה יי, אלהינו מלך
העולם, אשר קדשנו במצותיו ורצה בנו,
ושבת קדשו באהבה וברצון הנחילנו, זכרון
למעשה בראשית. כי הוא יום תחילה
למקראי קדש, זכר ליציאת מצרים. כי-בנו
בחרת ואותנו קדשתי, מכל-העמים, ושבת
קדשך באהבה וברצון הנחלתנו. ברוך אתה
יי, מקדש השבת.

We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine.

We praise You, Eternal God, Sovereign of the universe; You call us to holiness with the Mitzvah of Shabbat – the sign of Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days. On Shabbat especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.

Challah

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
hamotzi lechem min ha'aretz.

ברוך אתה יי, אלהינו מלך העולם,
המוציא לחם מן הארץ.

*We praise You, Eternal God, Sovereign of the universe,
who causes bread to come from the earth.*

Hashkiveinu

English text by Larry Jonas

Hashkiveinu Adonai Eloheinu l'shalom, l'shalom
V'haamideinu shomreinu l'chaim
Ufros aleinu sukkat sh'lomecha,
ufros aleinu sukkat sh'lomecha, Amen.

Shelter us beneath your wings, O Adonai
Guard us from all harmful things, O Adonai
Keep us safe throughout the night
 'til we wake with morning's light
Teach us, God, wrong from right. Amen.

Layehudim

Layehudim haita ora, v'simcha, v'sason, v'ikar.

לַיְהוּדִים, הַיְתָה אוֹרָה וְשִׂמְחָה,
וְשִׂשׂוֹן, וְיִקָּר.

For the Jews there was radiance, and happiness, and joy, and honor. Esther 8:16

Blood Drive

March 26, 2023
9 am - 1 pm
@ Temple Micah



TEMPLE MICAH
BLOOD DRIVE

in partnership with Inova

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The Belonging Project

complete the survey:



Refuah Shleimah

Ronni Behar, Ira Berlin, Howard Berman, Judith Chisholm, Don Elisburg, Netanel Felber, Phil Feld, Rabbi Stanley Funston, Pat Goldman, Ken Goldstein, Helene Granof, Skylar Haas, David Hahn, Carl Halperin, Dusty Kaplan, Zev Shmuel Kesselman, Lum Laurri, Mark Laurri, Stu Levine, Dan Lutenegger, Chris Mahle, Micah ben Nechama Evi, Mildred Marin, Stephanie Mendez, Sophie Meyers, Bryant Monroe, Jack Paul, Ed Pizer, Rachel bat Chava, Lois Rosen, Sarah Golde bat Shifrah, David Scheever, Jo Schonewolf, Charles Schussheim, Cynthia Seymour, Annette Shaw, Elsa Smith, Alan Thal, Susan Turnbull, Brian J. Tunney, Betty Ustun, Peter Waldheim, Mimi Wolf, Yael Yudis Malcah bas Gilah

We Remember a Few of Far Too Many Lives Lost to COVID-19

C. R. Rajagopalan, 64, writer, teacher, and environmentalist, Thrissur, India
John Ferreira, 91, Workers' Circle, market gardener, great-grandparent, loved pie, Bristol, RI
Andrew Farres Jr., 62, Florida sports fan and devoted grandparent, Chilhowie, VA

We Remember Those Lost to Violence in Washington, DC

Harold Bogan, 34, Temple Heights, MD; Rasheed Byles, SE DC;
Dimitri Remache, 30, Fort Washington, MD; Kevin Sharp, 30, SE DC;
Wayne Sheppard, 32, Seat Pleasant, MD; Antonio Woodson, Capitol Heights, MD

Shloshim

Rosalyn Rena Factor, Ethel Hansan, Jay Kaufman, Henry Rosenblum

Yahrzeit

Max Isaac Allender, Marc B. Birman, Naomi Blumberg, Elaine Brown, Robert Brunner, George Howard Burch, Jane Busker, Elizabeth Claster, Thomas Coates, Marie Therese Fleurence, Hyman Goldman, Rae Goren, Isaac Green, Manya Grossman, Irwin Grossman, Henry Grunwald, Stephanie Hadley, Ruth A. Halpern, Ida Heftman, Leon Hunt, Charles Kahn Jr., Stuart Kirsh, Anna Klinger, Rabbi Lynne Landsberg, Julius Levine, Midori Maruyama, Gail Faber McDonald, Edward Martin Posner, Harry Roth, Mildred Saracco, Betty Ann Schooler, Lloyd Schuster, David Schwartz, Claire Schwartz, Eugene Seelig, Jerome Silver, Susan Skoller, Maude Stanfield, Minnie Steinberg, Max Tochen, Sylvia Waxman, Fred Wegner, Samuel Henry Weiner, Frances Wiesberg

Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih, b'chayeichon
uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala
uvizman kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.
Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei,
v'yit'hadar v'yit'aleh v'yit'halal sh'mei d'kud'sha,
b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata v'nechemata,
daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol
Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol
Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

*Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our
lifetime. And the life of all Israel— speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised,
honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise,
and comfort, to which we say Amen. May there be abundant peace from
heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to
all who dwell on earth. To which we say Amen.*

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.
בְּעֵלְמָא דִּי בְרָא כְרַעוּתֵיהּ וְיִמְלִיךָ מַלְכוּתֵיהּ בְּחַיֵּינוּ
וּבְיוֹמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעֵגְלָא וּבְזִמְנָן
קְרִיב, וְאָמְרוּ אָמֵן.
יְהִי שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמֵי עֲלְמֵיָא.
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקֻדְשָׁא.
בְּרִיךְ הוּא.
לְעֵלְמָא מִן כָּל בִּרְכָתָא וְשִׁירָתָא תְּשֻׁבְחָתָא וְנַחֲמָתָא
דְאָמְרִין בְּעֵלְמָא. וְאָמְרוּ אָמֵן.
יְהִי שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עֲלֵינוּ וְעַל כָּל
יִשְׂרָאֵל. וְאָמְרוּ אָמֵן.
עֹשֶׂה שְׁלוֹם בְּמִרְוֵמוֹ הוּא יַעֲשֶׂה שְׁלוֹם עֲלֵינוּ וְעַל
כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֵל. וְאָמְרוּ אָמֵן.

Shabbat Shalom!

Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.

DANIEL G. ZEMEL, Rabbi

JOSHUA BERAHA, Associate Rabbi | STEPHANIE CRAWLEY, Associate Rabbi

SAMANTHA FRANK, Rabbinic Fellow | RACHEL SCHMELKIN, Rabbinic Fellow

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