

April 22, 2023

1 Iyar, 5783

Shabbat Tazria-Metzora

It has been told to you, what is good, and what Adonai requires of you  
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)



Our sanctuary is a sanctuary. Please keep your mobile phone turned off.  
As we celebrate today, we thank you for refraining from photography.

We Celebrate the Bar Mitzvah of Alex Levin

- Passing of the Torah..... David and Diane Sigman, Laura Sigman, Nick Levin
- Aliyah I ..... Betsy Broder and David Wentworth
- Aliyah II..... David and Diane Sigman
- Aliyah III ..... Nick and Doug Levin
- Aliyah IV ..... Laura and Rachel Sigman
- Aliyah V..... Alex Levin
- Petichah I ..... Julius Schatz and Clare Pinkert
- Gelilah ..... Pamela and Robert Levin
- Petichah II..... Dulce and Dora Baptista
- Ushers ..... Deborah Ben-David, Isaac Kodis, and Martin Kodis;  
Charlie, Elizabeth, and Fred Jacob

Asher Yatzar: Beautiful and Broken

Music and English lyrics by Dan Nichols

I thank You for my life, body and soul  
Help me realize I am beautiful and whole  
I'm perfect the way I am, and a little broken too  
I will live each day as a gift I give to You.

Baruch Atah Adonai, rofeih chol basar umafli laasot. ברוך אתה יי רופא כל בשר ומפליא לעשות.  
Blessed are you, Adonai, who heals all flesh, working wondrously.

Torah: Leviticus ויקרא 13:9-11, 24-26, 57-59; 14:12-15; 15:30-33

ט נגע צרעת כי תהיה באדם והוא בא 9 When a person has a scaly affection, it shall be  
אלה הכהן : reported to the priest.

י וראה הכהן והנה שאת לבנה 10 If the priest finds on the skin a white swelling  
בעור והיא הפכה שער לבן ומחית which has turned some hair white, with a patch of  
בשר חי בשאת : undisciplined flesh in the swelling,

**יא** צִרְעַת נוֹשֶׁנֶת הוּא בְּעוֹר בְּשָׂרוֹ וְטִמְאֹה הִכְהִיֹן לֹא יִסְגְּרוּנוּ כִּי טִמְאֵה הוּא: 11 it is chronic leprosy on the skin of the body, and the priest shall pronounce the person impure; being impure, that person need not be isolated.

**כד** אִזּוּ בְּשָׂרָה כִּי־יִהְיֶה בְּעוֹרוֹ מְכוֹת־אֵשׁ וְהִיָּתָה מַחֲיַת הַמְּכוֹה בַּהֲרַת לְבָנָה אֲדַמְדָּמַת אִזּוּ לְבָנָה: 24 When the skin of one's body sustains a burn by fire, and the patch from the burn is a discoloration, either white streaked with red, or white,

**כה** וְרָאָה אֹתָהּ הִכְהִיֹן וְהָנָה נֶהְפֹּךְ שֵׁעָר לָבָן בַּבְּהֵרַת וּמְרָאָה עֲמֹק מִן־הָעוֹר צִרְעַת הוּא בַּמְּכוֹה פִּרְחָה וְטִמְאֵה אֹתוֹ הִכְהִיֹן נִגַּע צִרְעַת הוּא: 25 the priest shall examine it. If some hair has turned white in the discoloration, which itself appears to go deeper than the skin, it is leprosy that has broken out in the burn. The priest shall pronounce the person impure; it is a leprous affection.

**כו** וְאִם יִרְאֶנָה הִכְהִיֹן וְהָנָה אִין־בַּבְּהֵרַת שֵׁעָר לָבָן וְשִׁפְלָה אֵינְנָה מִן־הָעוֹר וְהוּא כֶּהָה וְהִסְגִּירוּ הִכְהִיֹן שִׁבְעַת יָמִים: 26 But if the priest finds that there is no white hair in the discoloration, and that it is not lower than the rest of the skin, and it is faded, the priest shall isolate that person for seven days.

**נז** וְאִם־תִּרְאָה עוֹד בְּבָגָד אִזּוּ־בְשֵׁתִי אִזּוּ־בְעֵרֵב אִזּוּ בְּכָל־כְּלִי־עוֹר פִּרְחַת הוּא בְּאֵשׁ תִּשְׂרֹפְנוּ אֵת אֲשֶׁר־בּוֹ הִנְגַּע: 57 and if it occurs again in the cloth—whether in warp or in woof—or in any article of skin, it is a wild growth; the affected article shall be consumed in fire.

**נח** וְהִבָּגַד אִזּוּ־הַשֵּׁתִי אִזּוּ־הָעֵרֵב אִזּוּ־כָל־כְּלִי־הָעוֹר אֲשֶׁר תִּכְבֹּס וְסָר מֵהֶם הִנְגַּע וְכִבֵּס שֵׁנִית וְטָהַר: 58 If, however, the affection disappears from the cloth—warp or woof—or from any article of skin that has been washed, it shall be washed again, and it shall be pure.

**נט** זֹאת תּוֹרַת נִגַּע־צִרְעַת בְּגָד הַצֹּמֵר אִזּוּ הַפְּשֵׁתִים אִזּוּ הַשֵּׁתִי אִזּוּ הָעֵרֵב אִזּוּ כָל־כְּלִי־עוֹר לְטָהָרוֹ אִזּוּ לְטִמְאוֹ: 59 Such is the procedure for eruptive affections of cloth, woolen or linen, in warp or in woof, or of any article of skin, for pronouncing it pure or impure.

**מא** וְלָקַח הִכְהִיֹן אֶת־הַכֶּבֶשׂ הָאֶחָד וְהִקְרִיב אֹתוֹ לְאַשֶׁם וְאֶת־לֹג הַשֶּׁמֶן וְהִנִּיף אֹתָם תְּנוּפָה לִפְנֵי יְהוָה: 12 The priest shall take one of the male lambs and offer it with the *log* of oil as a reparation offering, and he shall elevate them as an elevation offering before the Eternal.

**מב** וְשַׁחַט אֶת־הַכֶּבֶשׂ בְּמִקְוֹם אֲשֶׁר יִשַׁחַט אֶת־הַחֲטָאת וְאֶת־הָעֹלָה בְּמִקְוֹם הַקֹּדֶשׁ כִּי כְּחֲטָאת הָאֲשֶׁם הוּא לִכְהִיֹן קֹדֶשׁ קֹדָשִׁים הוּא: 13 The lamb shall be slaughtered at the spot in the sacred area where the purification offering and the burnt offering are slaughtered. For the reparation offering, like the purification offering, goes to the priest; it is most holy.

- מג** וְלָקַח הַכֹּהֵן מִדַּם הָאֲשֶׁם וְנָתַן הַכֹּהֵן עַל־תְּנוּדָאֵזֶן הַמִּטְהָר הַיְמָנִית וְעַל־בָּהֶן יָדוֹ הַיְמָנִית וְעַל־בָּהֶן רִגְלוֹ הַיְמָנִית :
- מז** וְלָקַח הַכֹּהֵן מִלֶּג הַשֶּׁמֶן וַיִּצַק עַל־כַּף הַכֹּהֵן הַשְּׂמָאלִית :
- ל** וְעָשָׂה הַכֹּהֵן אֶת־הָאֶחָד חֲטָאת וְאֶת־הָאֶחָד עֹלָה וְכָפַר עָלֶיהָ הַכֹּהֵן לִפְנֵי יְהוָה מִזֹּב טִמְאַתָּה :
- לא** וְהִזְרַתֶּם אֶת־בְּנֵי־יִשְׂרָאֵל מִטִּמְאַתֶּם וְלֹא יָמָתוּ בְּטִמְאַתֶּם בְּטִמְאַם אֶת־מִשְׁכְּנִי אֲשֶׁר בְּתוֹכְכֶם :
- לב** זֹאת תוֹרַת הַזָּב וְאֲשֶׁר תֵּצֵא מִמֶּנּוּ שְׂכַבְתָּ זָרַע לְטִמְאַה־בָּהּ :
- לג** וְהַדָּוָה בְּנִדְתָּהּ וְהַזָּב אֶת־זוּבוֹ לְזָכָר וְלִנְקֵבָה וְלֵאִישׁ אֲשֶׁר יִשְׁכַּב עִם־טִמְאַהּ :
- 14 The priest shall take some of the blood of the reparation offering, and the priest shall put it on the ridge of the right ear of the one who is being purified, and on the thumb of the right hand, and on the big toe of the right foot.
- 15 The priest shall then take some of the *log* of oil and pour it into the palm of his own left hand.
- 30 The priest shall offer the one as a purgation offering and the other as a burnt offering; and the priest shall make expiation on her behalf, for her impure discharge, before the Eternal.
- 31 You shall put the Israelites on guard against their impurity, lest they die through their impurity by defiling My Tabernacle which is among them.
- 32 Such is the ritual concerning one who has a discharge: concerning him who has an emission of semen and becomes impure thereby;
- 33 and concerning her whose condition is that of menstrual separation; and concerning anyone, male or female, who has a discharge; and concerning a man who lies with an impure woman.

## Haftarah for Tazria-Metzora: Psalm 51:1-21

- א** לַמְנַצֵּחַ מִזְמוֹר לְדָוִד :
- ב** בָּבוֹא־אֵלָיו נָתַן הַנְּבִיא כַּאֲשֶׁר־בָּא אֶל־בַּת־שֶׁבַע :
- ג** חַנּוּנֵי אֱלֹהִים כְּחַסְדֶּךָ כָּרֹב רַחֲמֶיךָ מַחַח פְּשָׁעֵי :
- ד** הָרַב כִּבְּסֵנִי מֵעוֹנֵי וּמַחֲטָאתֵי טַהַרֵּנִי :
- ה** כִּי־פָשַׁעִי אָנִי אֲדַע וְחַטָּאתִי נֶגְדִי תָמִיד :
- ו** לְבַדְּךָ חַטָּאתִי וְהִרַע בְּעֵינֶיךָ עֲשִׂיתִי לְמַעַן תִּצְדַּק בְּדַבְרֶךָ תִּזְכֶּה בְּשִׁפְטֶךָ :
- 1 For the leader. A psalm of David,
- 2 when Nathan the prophet came to him after he had come to Bathsheba.
- 3 Have mercy upon me, O God, as befits Your faithfulness; in keeping with Your abundant compassion, blot out my transgressions.
- 4 Wash me thoroughly of my iniquity, and purify me of my sin;
- 5 for I recognize my transgressions, and am ever conscious of my sin.
- 6 Against You alone have I sinned, and done what is evil in Your sight; so You are just in Your sentence, and right in Your judgment.

ז הַיְבַעְנוֹן חוֹלַלְתִּי וּבְחַטָּא יִחַמְתַּנִּי 7 Indeed I was born with iniquity; with sin my  
אִמִּי mother conceived me.

ח הַיְרַאֲמֶת חֶפְצְךָ בַּטְּחוֹת וּבְסֵתִים 8 Indeed You desire truth about that which is  
חֲכָמָה תוֹדִיעֵנִי hidden; teach me wisdom about secret things.

## Siman Tov

Siman tov umazal tov  
umazal tov v'siman tov  
Y'hei lanu, ul'chol Yisrael.

סִימָן טוֹב וּמַזָּל טוֹב.  
וּמַזָּל טוֹב וְסִימָן טוֹב.  
יְהִי לָנוּ. וּלְכָל יִשְׂרָאֵל.

*It is a good and lucky sign for us and all Israel!*

## ***Refuah Shleimah***

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Ronni Behar, Ira Berlin, Howard Berman, Bob Booth, Chayim ben Miriam, Judith Chisholm, Don Elisburg, Netanel Felber, Phil Feld, Rabbi Stanley Funston, Pat Goldman, Ken Goldstein, Barbara Green, Sean Grogan, Skylar Haas, David Hahn, Robin Kaplan, Zev Shmuel Kesselman, Lum Laurri, Mark Laurri, Stu Levine, Dan Lutenegeger, Chris Mahle, Micah ben Nechama Evi, Mildred Marin, Stephanie Mendez, Sophie Meyers, Bryant Monroe, Bill Page, Jack Paul, Rachel bat Chava, David Reynolds, Lois Rosen, Eric Rosenberg, Sarah Golde bat Shifrah, David Scheever, Jo Schonewolf, Charles Schussheim, Diana Seasonwein, Cynthia Seymour, Paulette Shulman, Elsa Smith, Alan Thal, Susan Turnbull, Betty Ustun, Bobbie Wendel, Mimi Wolf

***We Remember Those Lost to Violence in Washington, DC***

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Latanya Campbell, 33, SE DC; Raymond Carter III, SE DC; Amonte Wood, 20, NE DC

***Condolences***

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Thelma Freedman, aunt of Mark Freedman

***Shiva***

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Sheila Bamberger, mother of Miriam Grogan; Elizabeth Eby, partner of Ben Richter

***Shloshim***

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Ruth Henoach, Pearl Lutzker

***Yahrzeit***

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Jane R. Abrams, Ruth Sonnenblick Appleton, Cyril Bachorik, Louise Brunner, Leonard Chaifetz, Patricia Cohn, Dennis Davis, Edward Flattau, Leon David Freedman, Richard Gilford, Anne Gitlin, Arthur Murray Golden, Harriet Goldman, Eileen Gozonsky, Rabbi Milton Greenwald, Beverly Grusin, Djamila Mevorah Hadayo, Leon Hadayo, Marika Hadayo, Rashel Bueno Hadayo, Reina Hadayo, Esther Hoffer, Jerry Josen, Deena L. Kaplan, Ralph Kartzman, Julia Kertzer, Barbara Kutzen, Joseph Kutzen, Sanford Lazar, Sarah Levin, Jack Levin, Arthur Liberstein, Sylvia Melamed, David Melendy, David Metsch, Esperanza Pasco, Edmund Pollack, Lydia Sablosky, Thomas Sablosky, Melvin Saferstein, Morris Gallup Sahr, Irwin Satin, Irwin Schumacher, Bernard Shapiro, Eva Sigman, Philip Sigman, Hyman Skoler, Lillian Sugarman, Lanni Tama, Joseph Wagenheim, Jonathan Wentworth

## Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih, b'chayeichon  
uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala  
uvizman kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almayא.  
Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei,  
v'yit'hadar v'yit'aleh v'yit'halal sh'mei d'kud'sha,  
b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata v'nechemata,  
daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol  
Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol  
Yisrael, v'al kol yoshvei tevel. V'imru: Amen.

יִתְגַּדֵּל וַיִּתְקַדֵּשׁ שְׁמֵהּ רַבָּא.  
בְּעֵלְמָא דִּי בְרָא כְרְעוּתֵיהּ וַיְמַלִּיךְ מַלְכוּתֵיהּ  
בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעֵגְלָא  
וּבְזִמְן קָרִיב, וְאָמְרוּ אָמֵן.  
יְהִי שְׁמֵהּ רַבָּא מְבָרָךְ לְעָלְמֵי עֲלְמֵיָא.  
יִתְבָּרַךְ וַיִּשְׁתַּבַּח וַיִּתְפָּאֵר וַיִּתְרוֹמֵם וַיִּתְנַשֵּׂא  
וַיִּתְהַדָּר וַיִּתְעַלֶּה וַיִּתְהַלָּל שְׁמֵהּ דְקֻדְשָׁא.  
בְּרִיךְ הוּא.  
לְעֵלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבְּחָתָא וְנַחֲמָתָא  
דְאָמְרִין בְּעֵלְמָא. וְאָמְרוּ אָמֵן.  
יְהִי שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עֲלֵינוּ וְעַל כָּל  
יִשְׂרָאֵל. וְאָמְרוּ אָמֵן.  
עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עֲלֵינוּ וְעַל  
כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֵל. וְאָמְרוּ אָמֵן.

*Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our  
lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised,  
honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise,  
and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel,  
to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth.*

***Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and  
Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their  
stewardship of this land and the vital contribution of indigenous peoples to this nation we share.***

**DANIEL G. ZEMEL**, Rabbi

**JOSHUA BERAHA**, Associate Rabbi | **STEPHANIE CRAWLEY**, Associate Rabbi

**SAMANTHA FRANK**, Rabbinic Fellow | **RACHEL SCHMELKIN**, Rabbinic Fellow

**BETH WERLIN**, Executive Director | **DEBRA WINTER**, Director of Spiritual Arts | **SHARON TASH**, Education Director

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