

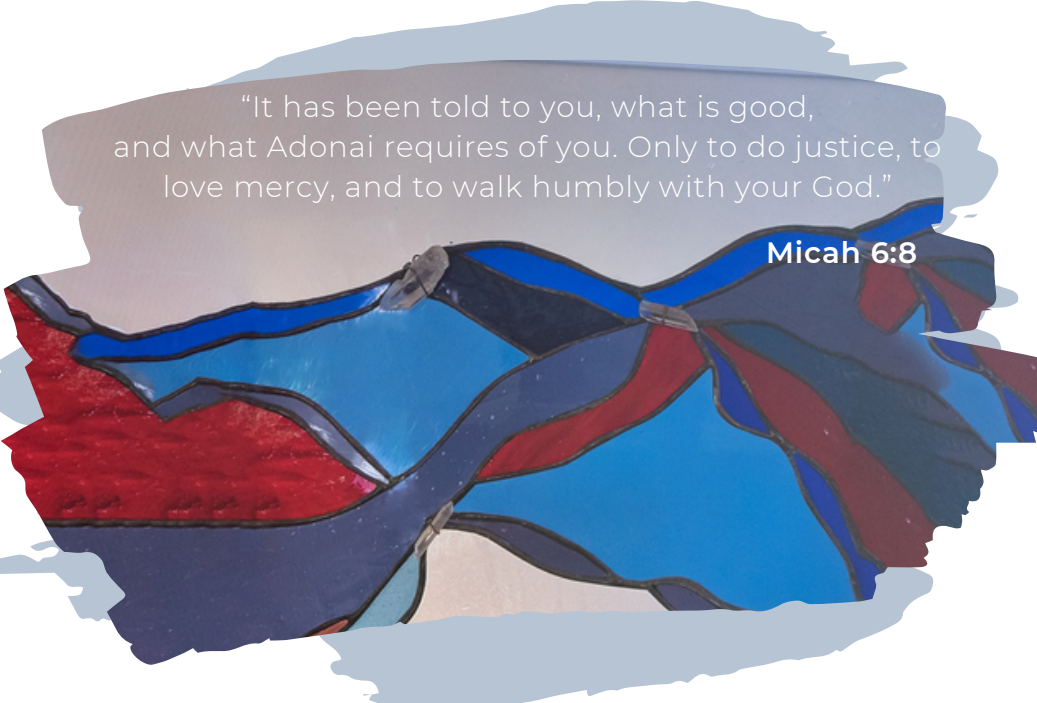
Celebrate Shabbat

APRIL 5-6, 2024
27 ADAR II, 5784

SHABBAT
HACHODESH/SHMINI

“It has been told to you, what is good,
and what Adonai requires of you. Only to do justice, to
love mercy, and to walk humbly with your God.”

Micah 6:8



Daniel G. Zemel, Rabbi

Joshua Beraha, Associate Rabbi | **Stephanie Crawley**, Associate Rabbi
Healy Slakman, Assistant Rabbi | **Beth Werlin**, Executive Director
Sharon Tash, Education Director

WELCOMING SHABBAT



APRIL 5, 2024

Our Shabbat service is led by
Rabbi Zemel, Rabbi Slakman,
Rabbi Beraha, and Rabbi Frank.

Blessing for Candles

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ
לְהַדְלִיק נֵר שַׁבָּת.

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
asher kidshanu b'mitzvotav v'tzivanu l'hadlik neir
shel Shabbat.

*We praise You, Eternal God, Sovereign of the universe. You
hallow us with Your Mitzvot and command us to kindle the
light of Shabbat.*

Kiddush - Blessing for Wine

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרֵי הַגָּפֶן
בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתֶיךָ וְרָצָה בְּנוֹ
וְשַׁבַּת קִדְּשׁוֹ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ זְכוֹר לְמַעֲשֵׂה בְּרֵאשִׁית. כִּי
הוּא יוֹם תְּחִלָּה לְמִקְרָאֵי קִדְּשׁ זְכוֹר לִיצִיאַת מִצְרַיִם. כִּי בְנוֹ בְּחִרְתָּ
וְאוֹתָנוּ קִדְּשָׁתָּ מִכָּל הָעַמִּים וְשַׁבַּת קִדְּשָׁהּ בְּאַהֲבָה וּבְרָצוֹן הִנְחַלְתָּנוּ
בְּרוּךְ אַתָּה ה' מְקִדְּשׁ הַשַּׁבָּת.

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, borei
p'ri hagafen. Baruch Atah, Adonai, Elonheinu, Melech
ha'olam, asher kidshanu b'mitzvotav v'ratzah vanu,
v'shabat kodsho b'ahavah uv'ratzon hinchilanu,
zikaron l'maaseh v'reishit. Ki hu yom t'hilah l'mikra'ei
kodesh, zeicher litziat mitzrayim. Ki vanu vacharta
v'otanu kidashta mikol ha'amim, v'shabbat kodsh'cha
b'ahavah uv'ratzon hinchaltanu. Baruch Atah, Adonai,
m'kadeish hashabbat.

We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine. We praise You, Eternal God, Sovereign of the Universe, You call us to holiness with the Mitzvah of Shabbat - the sign of Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days.

On Shabbat especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.

Challah - Blessing for Bread

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמוֹצֵיא לֶחֶם מִן
הָאָרֶץ.

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
hamotzi lechem min ha'aretz.

*We praise You, Eternal God, Sovereign of the universe, who
causes bread to come from the earth.*

Boi Kallah

בוֹאֵי כָלָה בּוֹאֵי כָלָה
פְּנֵי שַׁבָּת נִקְבְּלָה
בוֹאֵי כָלָה בּוֹאֵי כָלָה
לְכֵה דוּדֵי לְקִרְאֵת כָּלָה
פְּנֵי שַׁבָּת נִקְבְּלָה.

Boi kallah, boi kallah
P'nei Shabbat nekabelah
Boi kallah, boi kallah
L'cha dodi, l'cha dodi likrat kallah,
p'nei Shabbat n'kab'lah.

*Come, o Bride, come, o Bride, let us welcome Shabbat.
Come, my friend, to meet the bride; let us welcome Shabbat.*

Hashkiveinu

music and lyrics by Mah Tovv: Chasen and Zweiback

הַשְּׂכִיבֵנוּ יְיָ אֱלֹהֵינוּ לְשָׁלוֹם
וְהַעֲמִידֵנוּ שׁוֹמְרֵינוּ לְחַיִּים
וּפְרֹשׂ עָלֵינוּ סֶכֶת שְׁלוֹמָךְ, אָמֵן.

Hashkiveinu Adonai Eloheinu l'shalom.

V'haamideinu Shomreinu, l'chaim.

Ufros aleinu sukkat sh'lomecha,

Ufros aleinu sukkat sh'lomecha, Amen.

Shelter them beneath Your wings, O Adonai

Guard them from all harmful things, O Adonai

Keep them safe throughout the night

Til they wake with morning's light

Teach us, God, wrong from right, Amen.

Ein Od

וְהִשְׁבֵּת אֶל-לִבְכֶּךָ כִּי יְהוָה הוּא הָאֱלֹהִים
אֵין עוֹד מִלְבָּדוֹ, אַפְס זולָתוֹ
אֶחָד - יְהוָה אֶחָד וְשֵׁמוֹ אֶחָד.

V'hasheivota el levavecha ki Adonai Hu HaElohim

Ein od milvado, efes zulato

Echad, Adonai echad, uSh'mo echad.

Bring to your heart the knowledge that Adonai is God

There is no other, nothing without.

One, Adonai is One, and Your Name is One.

SHABBAT MORNING SERVICE

APRIL 6, 2024

Our Shabbat Morning service is led by
Rabbi Slakman, Rabbi Beraha,
and Rabbi Frank.

Torah: Leviticus 9:22-10:15

Our Torah reading can be found in the blue Torah commentary book on page 619 and in the Women's Commentary (green) on page 599.

Siman Tov

Siman tov umazal tov umazal tov v'siman tov
Y'hei lanu, ul'chol Yisrael.

סִימָן טוֹב וּמַזָּל טוֹב.
וּמַזָּל טוֹב וְסִימָן טוֹב
יְהֵא לָנוּ. וּלְכֹל יִשְׂרָאֵל.

It is a good and lucky sign for us and for all Israel!

Shehechyanu

Baruch Atah Adonai Eloheinu, Melech ha-olam,
shehecheyanu v'kiy'manu v'higianu laz'man
hazeh.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁהַחַיָּנוּ וְקִיַּמְנוּ וְהִגִּיעָנוּ לְזֶמַן הַזֶּה.

*Praise to You, Adonai our God, Sovereign of the universe, for
giving us life, sustaining us, and enabling us to reach
this season.*

We Celebrate the Bar Mitzvah of Henry Rosand

Aliyah I	Karen Rosenbaum
Aliyah II	Ellen Rosand, Jonathan Rosand
Aliyah III	Jonathan Wertheimer, Rebecca Kopans
Aliyah IV	Sarah, Eric, Sam, and Leo Rosand
Aliyah V	Henry Rosand
Petichah I	Ben Rosand, Ollie Rosand, Judy Polachek
Hagbah	Moshe Kopans
Gelilah	William Wertheimer, Emma Wertheimer
Petichah II	Ella Kopans, Ilai Meyer

Thank you to our Oneg and Kiddush sponsors:

Our b'nai mitzvah class and the Rosand family

Thank you to our ushers:

Jonah King, Aaron Saad, Naomi Schneider

Special thanks to our choir.

Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.

Asher Yatzar

I thank You for my life, body and soul
Help me realize I am beautiful and whole
I'm perfect the way I am, and a little broken too
I will live each day as a gift I give to You.

Baruch Atah Adonai, rofeih chol basar umafli laasot.

ברוך אתה יי רופא כל בשר ומפליא לעשות.

Blessed are you, Adonai, who heals all flesh, working wondrously.

Haftarah: 2 Samuel 6: 13-15

וַיְהִי כִּי צָעְדוּ נֹשְׂאֵי אָרוֹן־יְהוָה שְׁשֶׁה צָעָדִים וַיִּזְבַּח שׁוֹר
וּמְרִיא: וְדָוִד מְכַרְכֵּר בְּכָל־עֹז לְפָנָי יְהוָה וְדָוִד חָגַר אֶפֶוד בָּד:
וְדָוִד וְכָל־בֵּית יִשְׂרָאֵל מֵעַלִּים אֶת־אָרוֹן יְהוָה בְּתִרוּעָה וּבְקוֹל
שׁוֹפָר:

(13) When the bearers of the Ark of the Eternal had moved forward six paces, he sacrificed an ox and a fatling. (14) David whirled with all his might before God; David was girt with a linen ephod. (15) Thus David and all the House of Israel brought up the Ark of the Eternal with shouts and with blasts of the horn.

Refuah Shleimah

Mohammad Amiri, Sarah Bardin, Evi Beck,
Ronni Behar, Ira Berlin, Gary Brown, Sandra Brown,
Judith Chisholm, David ben Miriam,
Robert Dorfman, Don Elisburg, Phil Feld,
Nora Fletcher, Rabbi Stanley Funston,
Helene Granof, David Hahn, Robin Kaplan,
Mildred Katz, Hy Levine, Liba bat Yaakova,
Dan Lutenegger, Catherine Lynch, Dan Mack,
Mildred Marin, Micah ben Nechama Evi,
Sophie Meyers, Bryant Monroe, Lynda Mulhauser,
David Pedersen, Nancy Piness, Sheila Platoff,
Rachel bat Chava, David Reynolds, Roslyn Richter,
Eric Rosenberg, Sarah Golde bat Shifrah,
Jo Schonewolf, Charles Schusheim, Sarah Sherman,
Paulette Shulman, Elsa Smith, Betty Ustun,
Paul Vordermann, Bobbie Wendel, Mimi Wolf

May I Suggest

Susan Werner; arr. Joshua Fishbein, adapted from Red Molly

sung by the Temple Micah choir

May I suggest, may I suggest to you
May I suggest this is the best part of your life
May I suggest this time is blessed for you
This time is blessed and shining almost blinding bright
Just turn your head, and you'll begin to see
The thousand reasons that were just beyond your sight
The reasons why, why I suggest to you
Why I suggest this is the best part of your life

There is a world that's been addressed to you
Addressed to you, intended only for your eyes
A secret world, like a treasure chest to you
Of private scenes and brilliant dreams that mesmerize
A lover's trusting smile, a tiny baby's hands
The million stars that fill the turning sky at night
Oh I suggest, oh I suggest to you
Oh I suggest this is the best part of your life

There is a hope that's been expressed in you
The hope of seven generations, maybe more
And this is the faith that they invest in you
It's that you'll do one better than was done before
Inside you know, inside you understand
Inside you know what's yours to finally set right
And I suggest, and I suggest to you
And I suggest this is the best part of your life

This is a song, comes from the west to you
Comes from the west, comes from the slowly setting sun
With a request, with a request of you
To see how very short the endless days will run
And when they're gone, and when the dark descends
Oh we'd give anything for one more hour of light
And I suggest this is the best part of your life
Yes I suggest this is the best part of your life.

We Remember Those Lost to Violence in the Washington, DC Area

Philip Prendergast, 41, Silver Spring, MD;
Marquis Ward, 19, NW DC

Shiva

Sarah Marie McKemie

Shloshim

Barry Bainton

Yahrzeit

Ed Arvey, Mordecai Ben-David, Carol Bierman, Leon Brown, Philip Cohen, Theresa Corbett, Gilbert Cranberg, Susan Freedman, Bertha Schmal Gassman, Rose Ginsburg, Ruth Gitlitz, Myron Goren, Stephanie Gregory Mitchell, Gary Hamos, Claire Hersh, Peter Hoffman, Edwin J. Jacob, Sylvia Jacobson, Mildred Kaufman, Allen Leboff, Glendora Lott, Esther Ludwig, Pearl Lutzker, Louise Mach, Erik Medeby, Jacob Meyers, Warren Mountain, Thomas L. Newberry, Paul Nussbaum, Matt Penn, Pauline Povill, Anna Raitiere, Sue Ransohoff, Phyllis Ravel Rosenblum, Joseph Schuman, Sadie Cooley Shreck, Rose Slater, Jeanne Smith, Dorothy Ward

Shabbat Shalom!



Our sanctuary is a sanctuary. If your mobile phone is not in use as an adaptive device, please turn it off.

