

The Angels' Blessing

Music and lyrics by Debbie Friedman

May our right hand bring us closer to our godliness
May our left hand give us strength to face each day
And before us may our vision light our paths ahead
And behind us may well-being heal our way

And all around us is *Shechinah*...

Miy'mini Michael, umismoli Gavriel
Umil'fanai Uri'eil, umei'achorai R'facil

מימיני מיכאל, ומשמאלי גבריאל
ומלפני אוריאל, ומאחורי רפאל

V'al roshi Shechina...

ועל ראשי שכינה...

*May Michael be at my right hand, Gabriel at my left; before me Uriel, behind me Raphael;
and above my head, the Divine Presence.*

Numbers במדבר 1:1-19

1 On the first day of the second month, in the second year following the exodus from the land of Egypt, the Eternal One spoke to Moses in the wilderness of Sinai, in the Tent of Meeting, saying:

א וַיְדַבֵּר יְהוָה אֶל־מֹשֶׁה בְּמִדְבַּר סִינַי
בְּאֶהַל מוֹעֵד בְּאַחַד לַחֹדֶשׁ הַשְּׁנִי בַשָּׁנָה
הַשְּׁנִית לְצֵאתְכֶם מֵאֶרֶץ מִצְרָיִם
לֵאמֹר:

2 Take a census of the whole Israelite company [of fighters] by the clans of its ancestral houses, listing the names, every male, head by head.

ב שְׂאוּ אֶת־רֹאשׁ כָּל־עֵדַת בְּנֵי־יִשְׂרָאֵל
לְמִשְׁפְּחֹתֵם לְבֵית אָבִתְכֶם בְּמִסְפָּר
שְׁמוֹת כָּל־זָכָר לְגִלְגֻלְתְּכֶם:

3 You and Aaron shall record them by their groups, from the age of twenty years up, all those in Israel who are able to bear arms.

ג מִבְּנֵי עֶשְׂרִים שָׁנָה וּמַעְלָה כָּל־יָצֵא
צָבָא בְּיִשְׂרָאֵל תִּפְקְדוּ אֹתָם לְצַבֵּאתְכֶם
אֹתָהּ וְאֶהְרֹן:

4 Associated with you shall be a representative of each tribe, each one the head of his ancestral house.

ד וְאֶתְכֶם יְהִיוּ אִישׁ אִישׁ לְמִטָּה אִישׁ
רֹאשׁ לְבֵית־אָבִתָּיו הוּא:

5 These are the names of the representatives who shall assist you: from Reuben, Elizur son of Shedeur.

ה וְאֵלֶּה שְׁמוֹת הָאֲנָשִׁים אֲשֶׁר יַעֲמְדוּ
אִתְּכֶם לְרֹאוּבֵן אֶל־יִצְחָר בֶּן־שִׁדְיָאוּר:

6 From Simeon, Shelumiel son of Zurishaddai.

ו לְשִׁמְעוֹן שְׁלִמְיֵאל בֶּן־צוּרִישַׁדָּי:

7 From Judah, Nahshon son of Amminadab.

ז לְיְהוּדָה נַחֲשׁוֹן בֶּן־עַמִּינָדָב:

8 From Issachar, Nethanel son of Zuar.

ח לְיִשָּׂשכָר נֹתָנָאֵל בֶּן־צוּעָר:

9 From Zebulun, Eliab son of Helon.

ט לְזְבוּלוֹן אֶלְיָאֵב בֶּן־חֵלֹן :

10 From the sons of Joseph:
from Ephraim, Elishama son of Ammihud;
from Manasseh, Gamaliel son of Pedahzur.

י לְבִנְיָ יוֹסֵף לְאֶפְרַיִם אֶלִישָׁמָע
בֶּן־עַמִּיהוּד לְמַנַּשֶׁה גַּמְלִיאֵל
בֶּן־פְּדָהצֹר :

11 From Benjamin, Abidan son of Gideoni.

יא לְבִנְיָמִן אַבְיָדָן בֶּן־גִּדְעֹנִי :

12 From Dan, Ahiezer son of Ammishaddai.

יב לְדָן אַחִיעֶזֶר בֶּן־עַמִּישַׁדָּי :

13 From Asher, Pagiel son of Ocran.

יג לְאַשֶׁר פַּגְעִיאֵל בֶּן־עֲכָרוֹ :

14 From Gad, Eliasaph son of Deuel.

יד לְגָד אֶלְיָסָף בֶּן־דְּעוּאֵל :

15 From Naphtali, Ahira son of Enan.

טו לְנַפְתָּלִי אַחִירָע בֶּן־עֵינָן :

16 Those are the elected of the assembly, the
chieftains of their ancestral tribes: they are the
heads of the contingents of Israel.

טז אֵלֶּה קְרוּאֵי הָעֵדָה נְשִׂאֵי מַטּוֹת
אֲבוֹתָם רָאשֵׁי אֲלֵפֵי יִשְׂרָאֵל הֵם :

17 So Moses and Aaron took those
representatives, who were designated by name,

יז וַיִּקַּח מֹשֶׁה וְאַהֲרֹן אֶת הָאֲנָשִׁים
הָאֵלֶּה אֲשֶׁר נִקְּבוּ בְשֵׁמֹת :

18 and on the first day of the second month they
convoked the whole company [of fighters], who
were registered by the clans of their ancestral
houses—the names of those aged twenty years
and over being listed head by head.

יח וְאֵת כָּל־הָעֵדָה הִקְהִילוּ בְּאֶחָד
לַחֹדֶשׁ הַשְּׁנִי וַיִּתְיַלְדּוּ עַל־מִשְׁפְּחוֹתָם
לְבֵית אֲבוֹתָם בְּמִסְפַּר שְׁמוֹת מִבֶּן
עֶשְׂרִים שָׁנָה וּמַעְלָה לְגַלְגֻּלְתָּם :

19 As the Eternal had commanded Moses, so he
recorded them in the wilderness of Sinai.

יט כַּאֲשֶׁר צִוָּה יְהוָה אֶת־מֹשֶׁה
וַיִּפְקְדֵם בְּמִדְבַּר סִינַי :

Haftarah for Bamidbar: Ezekiel 47:6-12, 21-23

6 “Do you see, O mortal?” he said to me; and
he led me back to the bank of the stream.

ו וַיֹּאמֶר אֵלַי הֲרָאִיתָ בֶּן־אָדָם וַיּוֹלֶכְנִי
וַיְשִׁבֵנִי שְׂפַת הַנָּחַל :

7 As I came back, I saw trees in great profusion
on both banks of the stream.

ז בְּשׁוּבִי וְהִנֵּה אֶל־שְׂפַת הַנָּחַל עֵץ רַב
מְאֹד מְזֵה וּמְזֵה :

8 “This water,” he told me, “runs out to the
eastern region, and flows into the Arabah; and
when it comes into the sea, into the sea of foul
waters, the water will become wholesome.

ח וַיֹּאמֶר אֵלַי הַמַּיִם הָאֵלֶּה יּוֹצְאִים
אֶל־הַגְּלִילָה הַקְּדֻמוֹנָה וַיִּרְדּוּ
עַל־הָעֲרָבָה וַבָּאוּ הַלְּמָה אֶל־הַיָּמָה
הַמוּצְאִים וְנִרְפְּאוּ הַמַּיִם :

9 Every living creature that swarms will be able to live wherever this stream goes; the fish will be very abundant once these waters have reached there. It will be wholesome, and everything will live wherever this stream goes.

10 Fishermen shall stand beside it all the way from En-gedi to En-eglaim; it shall be a place for drying nets; and the fish will be of various kinds [and] most plentiful, like the fish of the Great Sea.

11 But its swamps and marshes shall not become wholesome; they will serve to [supply] salt.

12 All kinds of trees for food will grow up on both banks of the stream. Their leaves will not wither nor their fruit fail; they will yield new fruit every month, because the water for them flows from the Temple. Their fruit will serve for food and their leaves for healing.”

21 This land you shall divide for yourselves among the tribes of Israel.

22 You shall allot it as a heritage for yourselves and for the strangers who reside among you, who have begotten children among you. You shall treat them as Israelite citizens; they shall receive allotments along with you among the tribes of Israel.

23 You shall give the strangers an allotment within the tribe where they reside—declares the Eternal.

ט וְהָיָה כָּל־נֹפֵשׁ חַיָּה | אֲשֶׁר־יִשְׂרָף אֶל
כָּל־אֲשֶׁר יָבוֹא שָׁם נְחָלִים יַחֲיֶה וְהָיָה
הַדָּגָה רַבָּה מְאֹד כִּי בָאוּ שָׁמָּה הַמַּיִם
הַאֵלֶּה וַיִּרְפְּאוּ וְחַי כָּל אֲשֶׁר־יָבוֹא
שָׁמָּה הַנְּחָל:

י וְהָיָה עִמָּדוֹ עָלָיו דְּוָגִים מֵעֵין גְּדִל
וְעַד־עֵין עֲגָלִים מִשְׁטוֹחַ לַחֲרָמִים יִהְיוּ
לְמִינָהּ תִּהְיֶה דְגָתָם כְּדָגַת הַיָּם הַגָּדוֹל
רַבָּה מְאֹד:

יא בְּצִאתָו וּגְבָעָיו וְלֹא יִרְפְּאוּ לְמַלַּח
נִתְּנוּ:

יב וְעַל־הַנְּחָל יַעֲלֶה עַל־שִׁפְתּוֹ
מִזֶּה וּמִזֶּה | כָּל־עֵץ־מֵאֲכָל לֹא־יָבֹל
עָלָהוּ וְלֹא־יִתֶּם פְּרִיּוֹ לַחֲדָשִׁיו יִבְכָּר כִּי
מִיָּמָיו מִן־הַמִּקְדָּשׁ הִמָּה יוֹצְאִים וְהָיָה
פְּרִיּוֹ לְמֵאֲכָל וְעָלָהוּ לְתִרוּפָּה:

כא וְחִלַּקְתֶּם אֶת־הָאָרֶץ הַזֹּאת לְכֶם
לְשִׁבְטֵי יִשְׂרָאֵל:

כב וְהָיָה תַפְּלוּ אוֹתָהּ בְּנַחֲלָהּ לְכֶם
וְלַהַגְרִים הַגְּרִים בְּתוֹכְכֶם אֲשֶׁר־הוֹלְדוּ
בְנִים בְּתוֹכְכֶם וְהָיוּ לְכֶם כְּאֶזְרַח בְּבְנֵי
יִשְׂרָאֵל אֶתְכֶם יַפְּלוּ בְּנַחֲלָה בְּתוֹךְ
שִׁבְטֵי יִשְׂרָאֵל:

כג וְהָיָה בְּשִׁבְט אֲשֶׁר־גָּר הַגֵּר אֶתּוֹ שָׁם
תִּתְּנוּ נַחֲלָתוֹ נְאֻם אֲדֹנָי יְהוִה:

Siman Tov

Siman tov umazal tov umazal tov v'siman tov
Y'hei lanu, ul'chol Yisrael.

It is a good and lucky sign for us and all Israel!

סימן טוב ומזל טוב.
ומזל טוב וסימן טוב.
יהא לנו. ולכל ישראל.

Refuah Shleimah

Ronni Behar, Ira Berlin, Howard Berman, Chayim ben Miriam, Judith Chisholm, David Diskin, Don Elisburg, Netanel Felber, Phil Feld, Rabbi Stanley Funston, Pat Goldman, Ellie Goldberg, Hannah Goldberg, Ken Goldstein, Barbara Green, Sean Grogan, Skylar Haas, David Hahn, Robin Kaplan, Joyce Kitcho, Stu Levine, Dan Lutenecker, Micah ben Nechama Evi, Mildred Marin, Stephanie Mendez, Sophie Meyers, Bryant Monroe, Bill Page, Jack Paul, Rachel bat Chava, David Reynolds, Lois Rosen, Eric Rosenberg, Sarah Golde bat Shifrah, David Scheever, Jo Schonewolf, Charles Schussheim, Diana Seasonwein, Cynthia Seymour, Paulette Shulman, Elsa Smith, Alan Thal, Susan Turnbull, Betty Ustun, Bobbie Wendel, Mimi Wolf

We Remember Those Lost to Violence in Washington, DC

Christopher Callahan, 64, SE DC; Arianna Davis, 10, NE DC; Aaron Derricott Jr., 24, NW DC; Calvin Gray, 29, District Heights, MD; Romello Hammond, 23, SE DC; Marquis Johnson, 19, no fixed address; Devonte Maxwell, 30, NW DC; Anthony Eric Petty, 60, no fixed address

Shiva

Laurence Hoffman, father of Matthew Hoffman

Shloshim

Bob Booth, Ruth Eder, Thelma Freedman, Peter Latrobe Heyrman, Timothy O. Lipman

Yahrzeit

Emily Adler, Martin Anenberg, Louis Appleton, Rick Black, Martin Bloom, Suzanne Blotner, Sam Bordman, Marvin K. Broder, Dorothy Brown, Sidney H. Closter, Florence Dickelman, Daniel Michael Effros, Manuel Gitlin, Hyman Glass, Barbara Goldberg, David Goldberg, Eleanor Golden, Arthur Karabell, Minnette Knopman, Thelma Lilian Meyer Murer, Suzanne Oppenheimer, Murray Peltz, Maxine Sablosky, Bella Weiner, Guy Wentworth, Barbara Wertheimer

Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.
B'alma di v'ra chirutei, v'yamlich malchuteih,
b'chayeichon uv'yomeichon uv'chayei d'chol
beit Yisrael, ba'agala uvizman kariv. V'imru:
Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei
almaya.
Yitbarach v'yishtabach v'yitpaar v'yitromam
v'yitnasei, v'yit'hadar v'yit'aleh v'yit'halal sh'mei
d'kud'sha,
b'rich Hu.
L'eila min kol birchata v'shirata, tushb'chata
v'nechemata, daamiran b'alma. V'imru: Amen.
Y'hei sh'lama raba min sh'maya, v'chayim aleinu
v'al kol Yisrael. V'imru: Amen.
Oseh shalom bimromav, Hu yaaseh shalom
aleinu, v'al kol Yisrael, v'al kol yoshvei tevel.
V'imru: Amen.

Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime. And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high, bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.

Od Yavo Shalom

Od yavo shalom aleinu v'al kulam.
Salaam, aleinu v'al kol ha'olam.

Peace will come upon us, and on everyone. Salaam on us and on everyone.

עוד יבוא שלום עלינו ועל כָּלָם.
סלאם, עלינו ועל כָּל הָעוֹלָם.

Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.

DANIEL G. ZEMEL, Rabbi
JOSHUA BERAHA, Associate Rabbi | STEPHANIE CRAWLEY, Associate Rabbi
BETH WERLIN, Executive Director | DEBRA WINTER, Director of Spiritual Arts
SHARON TASH, Education Director
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