

October 28, 2023  
13 Cheshvan, 5784  
Shabbat Lech L'cha

*It has been told to you, what is good, and what Adonai requires of you  
Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)*



**Our sanctuary is a sanctuary. If your mobile phone is not in use as an adaptive device, please turn it off.  
Services this morning are led by Rabbi Crawley and Rabbi Slakman.**

**Genesis בְּרֵאשִׁית 12: 11-20**

**11** When he had almost reached Egypt, he said to his wife Sarai, “Look, now—I know what a beautiful woman you are!

יֵא וַיְהִי כַּאֲשֶׁר הִקְרִיב לְבֹא מִצְרַיִם וַיֹּאמֶר  
אֶל-שָׂרַי אִשְׁתּוֹ הִנֵּה-נָא יִדְעָתִי כִּי אִשָּׁה יְפֹת-  
מְרֹאֵה אָתָּה:

**12** So when the Egyptians see you, and say: ‘This is his wife,’ they may kill me; but you they shall keep alive.

יִב וְהָיָה כִּי-יִרְאוּ אֹתְךָ הַמִּצְרַיִם וְאָמְרוּ אִשְׁתּוֹ  
זֹאת וְהָרְגוּ אֹתִי וְאֹתְךָ יִחְיֶה:

**13** Please say then that you are my sister, so that on your account it may go well for me, and that my life may be spared because of you.”

יִג אָמַרְי-נָא אֶחְתִּי אָתָּה לְמַעַן יֵיטֵב-לִי בְּעִבְרֹךָ  
וְחַיְתָה נְפֹשִׁי בְּגִלְגֹּךָ:

**14** And, indeed, when Abram arrived in Egypt the Egyptians saw how exceptionally beautiful the woman was;

יִד וַיְהִי כִּבֹּא אַבְרָם מִצְרַיִם וַיִּרְאוּ הַמִּצְרַיִם  
אֶת-הָאִשָּׁה כִּי-יָפָה הִוא מְאֹד:

**15** when Pharaoh’s ministers saw her, they lauded her to Pharaoh, and the woman was taken to Pharaoh’s palace.

טו וַיִּרְאוּ אֹתָהּ שָׂרֵי פַרְעֹה וַיְהַלְלוּ אֹתָהּ  
אֶל-פַּרְעֹה וַתִּקַּח הָאִשָּׁה בַּיִת פַּרְעֹה:

**16** Through her it did go well for Abram, as he acquired sheep, cattle, and asses, male and female slaves, she-asses and camels.

טז וּלְאַבְרָם הֵיטִיב בְּעִבְרֹה וַיְהִי-לּוֹ  
צֹאן-וּבָקָר וְחֲמֹרִים וְעַבְדִּים וְשִׁפְחֹת וְאֹתָנֹת  
וּגְמָלִים:

**17** The Eternal then struck Pharaoh and his household with severe afflictions because of Sarai, Abram’s wife.

יז וַיִּנְגַע יְהוָה אֶת-פַּרְעֹה וְגַעִים גְּדֹלִים  
וְאֶת-בֵּיתוֹ עַל-דְּבַר שָׂרַי אִשְׁתְּ אַבְרָם:

**18** Pharaoh now summoned Abram and said, “What have you done to me? Why did you not tell me that she was your wife?

יח וַיִּקְרָא פַרְעֹה לְאַבְרָם וַיֹּאמֶר מַה-זֹּאת עָשִׂיתָ  
לִּי לָמָּה לֹא-הִגַּדְתָּ לִּי כִּי אִשְׁתְּךָ הִוא:

**19** Why did you say that she was your sister, so that I took her as a wife for myself? Look, now that it turns out that she is your wife: take [her] and begone!”

יט לָמָּה אָמַרְתָּ אֶחְתִּי הִוא וְאִקַּח אֹתָהּ לִּי לְאִשָּׁה  
וְעַתָּה הִנֵּה אִשְׁתְּךָ קַח וְלֵךְ:

20 Pharaoh then issued orders and they drove him away, with his wife and all that he owned.

כ וַיֵּצֵא עָלָיו פַּרְעֹה אֲנָשִׁים וַיִּשְׁלְחוּ אֹתוֹ וְאֶת־אִשְׁתּוֹ וְאֶת־כָּל־אֲשֶׁר־לוֹ:

**Haftarah for Lech L'cha: I Samuel 1:7-14**

7 This happened year after year: Every time she went up to the House of the Eternal, the others would taunt her, so that she wept and would not eat.

ז כֹּכֹן יַעֲשֶׂה שָׁנָה בְּשָׁנָה מִדֵּי עֲלֹתָהּ בְּבֵית יְהוָה בֶּן תִּכְעַסְסָה וּתִבְכֶּה וְלֹא תֹאכַל:

8 Her husband Elkanah said to her, “Hannah, why are you crying and why aren’t you eating? Why are you so sad? Am I not more devoted to you than ten sons?”

ח וַיֹּאמֶר לָהּ אֶלְקָנָה אִישָׁה חַנָּה לָמָּה תִּבְכִּי וְלָמָּה לֹא תֹאכְלִי וְלָמָּה יִרַע לְבַבְךָ הַלֹּא אֲנִכְל טוֹב לָךְ מֵעֲשָׂרָה בָּנִים:

9 After they had eaten and drunk at Shiloh, Hannah rose.—The priest Eli was sitting on the seat near the doorpost of the temple of the Eternal.

ט וּתְקַם חַנָּה אַחֲרַי אֲכָלָה בְּשֵׁלָה וְאַחֲרַי שָׁתָה וְעָלִי הִפְתָּן יָשֵׁב עַל־הַכֹּסֶא עַל־מְזוֹזֹת הַיֵּכָל יְהוָה:

10 In her wretchedness, she prayed to God, weeping all the while.

י וְהִיא מָרַת גִּפְשׁ וּתְתַפְּלֵל עַל־יְהוָה וּבָכָה תִּבְכֶּה:

11 And she made this vow: “O God of Hosts, if You will look upon the suffering of Your maidservant and will remember me and not forget Your maidservant, and if You will grant Your maidservant a male child, I will dedicate him to the Eternal for all the days of his life; and no razor shall ever touch his head.”

יא וּתְדַר וְדָר וּתְאָמַר יְהוָה צְבָאוֹת אִם־רָאָה תִּרְאֶה אֲבַעֲנִי אֲמַתְךָ וְזָכַרְתָּנִי וְלֹא־תִשְׁכַּח אֶת־אֲמַתְךָ וְנִתְתָּה לְאֲמַתְךָ זָרַע אֲנָשִׁים וְנִתְתָּיו לִיהוָה כָּל־יְמֵי חַיָּיו וּמוֹרָה לֹא־יַעֲלֶה עַל־רֹאשׁוֹ:

12 As she kept on praying before the Eternal, Eli watched her mouth.

יב וְהָיָה כִּי הִרְבִּתָּהּ לְהִתְפַּלֵּל לִפְנֵי יְהוָה וְעָלִי שָׁמַר אֶת־פִּיהָ:

13 Now Hannah was praying in her heart; only her lips moved, but her voice could not be heard. So Eli thought she was drunk.

יג וְחַנָּה הִיא מְדַבֶּרֶת עַל־לִפָּהּ רַק שִׁפְתֶיהָ נִעֲוֹת וְקוֹלָהּ לֹא יִשְׁמָע וַיַּחְשְׁבֶהָ עָלִי לְשִׁכְרָה:

14 Eli said to her, “How long will you make a drunken spectacle of yourself? Sober up!”

יד וַיֹּאמֶר אֵלֶיהָ עַד־מָתַי תִּשְׁתַּכְּרִין הֲסִירִי אֶת־יַיְנְךָ מֵעַלְיָךְ:

**Refuah Shleimah**

Mohammad Amiri, Sarah Bardin, Evi Beck, Ronni Behar, Ira Berlin, Howard Berman, Judith Chisholm, Don Elisburg, Phil Feld, Nora Fletcher, Rabbi Stanley Funston, Helene Granof, Sean Grogan, David Hahn, Robin Kaplan, Mildred Katz, Stu Levine, Dan Lutenegger,

Catherine Lynch, Dan Mack, Mildred Marin, Micah ben Nechama Evi, Sophie Meyers, Bryant Monroe, Bill Page, David Pansegrouw, Rachel bat Chava, David Reynolds, Lois Rosen, Eric Rosenberg, Sarah Golde bat Shifrah, Jo Schonewolf, Charles Schussheim, Sarah Sherman, Paulette Shulman, Elsa Smith, Yolande Spinnato, Betty Ustun, Bobbie Wendel, Mimi Wolf

***We Pray for Those Held Captive by Hamas***

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Yaffa Adar, 85; Chen Almog-Goldstein, 48; Sharon Aloni Cunio, 34; Daniel Aloni, 44; Emilia Aloni, 5; Ofir Angel, 18; Anucha Angkaew; Noa Argamani, 26; Karina Arieve, 19; Doron Asher Katz, 34; Aviv Asher, 2; Raz Asher, 4; Liraz Assulin, 38; Noam Avigdori, 12; Sharon Avigdori, 52; Elma Avraham, 84; Nick Beiser, 19; Raz Ben Ami, 57; Celine Ben David Nagar, 32; Ohad Ben-Ami, 55; Agam Berger, 19; Shiri Bibas, 32; Ariel Bibas, 4; Yarden Bibas, 37; Kfir Bibas, 9 months; Elkana Bohbot, 24; Hagar Brodetz, 40; Ofri Brodetz, 10; Oriya Brodetz, 4.5; Yuval Brodetz, 8; Komkrit Chombua; Elia Cohen, 26; Amiram Cooper, 84; Emma Cunio, 3; Julie Cunio, 3; David Cunio, 33; Alexander Dancyg, 75; Evyatar David, 26; Karina Ella Davidov, 30; Sagui Dekel-Chen; Liri Elbag, 18; Itzhak Elgarat, 68; Dikla Eliaz Arava, 51; Tomer Eliaz, 17; Dafna Elyakim, 14; Ella Elyakim, 8; Noam Elyakim, 47; Mika Engel, 18; Ronen Engel, 54; Yuval Engel, 11; Carina Engel-Bert, 51; Carmel Gat, 39; Daniella Gilboa, 19; Guy Gilboa-Dalal, 22; Hersh Goldberg-Polin, 23; Agam Goldstein, 17; Gal Goldstein, 11; Tal Goldstein, 9; Avner Goren, 56; Maya Goren, 56; Ilana Gritzewsky, 30; Tamar Gutman, 27; Gad Haggai, 73; Inbar Haiman, 27; Louis Har, 70; Avshal Haran, 65; Naveh Haran, 8; Shoshan Haran, 67; Yahel Haran, 3; Ditzza Heiman, 84; Avigail Idan, 3; Tsachi Idan, 51; Manee Jirachat; Erez Kalderon, 12; Ofer Kalderon, 53; Sahar Kalderon, 16; Efrat Katz, 68; Elad Katzir, 47; Hannah Katzir, 77; Roni Krivoi, 25; Bar Kuperstein, 21; Maya Leimberg, 17; Gabriela Leimberg, 59; Naama Levy, 19; Or Levy, 33; Oded Liftshitz, 83; Shani Louk, 22; Alon Lulu Shamriz, 26; Adi Maizel; Noa Marciano, 19; Jake Marlowe, 26; Clara Marman, 63; Fernando Marman, 60; Almog Meir Jan, 21; Tamar Metzger, 78; Yoram Metzger, 80; Omri Miran, 46; Nattawaree "Yo" Moonkan, 35; Margalit Moses, 78; Gadi Moshe Mosez, 79; Adina Moshe, 72; Rotem Neumann, 25; Shifra Noy, 70; Silvia Ochayon, 58; Alon Ohel, 22; Natthaporn Onkaew; Alma Or, 13; Avinatan Or, 30; Dror Or; Noam Or, 15; Yonat Or; Kiattisak Patee; Chaim Peri, 79; Chana Peri, 79; Boonthom Phankong, 45; Mr. Pongtorn; Nadav Popplewell, 51; Itai Regev, 18; Maya Regev, 21; Ophelia Roitman, 77; Yarden Roman-Gat, 36; Ada Sagi, 74; Mia Schem, 21; Eli Sharabi, 55; Noa Sharabi, 16; Yossi Sharabi, 53; Parents of Sharone Lifschitz; Omer Shem Tov, 21; Ron Sherman, 19; Adi Shoham, 38; Nave Shoham, 8; Tal Shoham, 38; Yahel Gani Shoham, 3; Idan Shtivi, 28; Adrienne 'Aviva' Siegel, 62; Keith Siegel, 64; Margit Silberman, 63; Yossi Silberman, 67; O-wat Suriyasri, 40; Judith Lynne Weinstein, 70; Omer Wenkert, 22; Eitan Yahalomi, 12; Ohad Yahalomi, 49; Moran Stella Yanai, 40; Shlomo Ziv, 40

***We Remember Those Lost to Violence in Washington, DC***

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Reggie Brown, 64, NE DC; Daniel Hansford, 37, no fixed address; Diamonte Lewis, 24, SE DC; Anee Roberson, 30, NW DC; Anthony Stewart, 67, NW DC; Cahli Thomas, 29, NE DC

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## Shiva

Etta Braverman, mother of David Braverman (Randi), grandmother of Stacy Braverman Cloyd (Rese);  
Joanne Hathaway Meltzer, niece of Susan Bandler and Joel Korn

## Shloshim

Dianne Feinstein; Davina Hillman

## Yahrzeit

Harry Benda, Peter Benda, William Cloyd, Geraldine Feldman, Bill Grossman,  
Everett Gordon Gruber, Sadie Haber, Ethel Hillman, Margaret Lichtenstein, Lila Lief, Marc Love,  
Ivan Meitus, Jane Morningstar, Daria Naftulin, Jack Pasarew, Renee Reiff, Fanny Rockower,  
Ida Rolfe, Jay Rosenbluth, Mary Rosenstein, Beatrice Schimel, Ida Weinstein Schotz,  
Beatrice Schuman, Esther Segall, Elise Shapira, Harry Soffer, Rose Steinman, Jack Temchin,  
Valentin Yamaykin, Theodore Zeichner

## Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih,  
b'chayeichon uv'yomeichon uv'chayei d'chol  
beit Yisrael, ba'agala uvizman kariv. V'imru:  
Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei  
almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam  
v'yitnasei, v'yit'hadar v'yit'aleh v'yit'halal sh'mei  
d'kud'sha,

b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata  
v'nechemata, daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu  
v'al kol Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom  
aleinu, v'al kol Yisrael, v'al kol yoshvei tevel.  
V'imru: Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.

בְּעֵלְמָא דִּי בְרָא כְרַעוּתָהּ וְיִמְלִיךָ מַלְכוּתָהּ בְּחַיֵּינוּ  
וּבְיוֹמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעַגְלָא וּבְזִמְנָא  
קָרִיב, וְאָמְרוּ אָמֵן.

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמָא וְלְעָלְמֵי עָלְמֵינָא.

יְתַבְרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר  
וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקַדְשָׁא.

בְּרִיךְ הוּא.

לְעֵלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבַּחְתָּא וְנִחְמַתָּא  
דְאָמְרִין בְּעֵלְמָא. וְאָמְרוּ אָמֵן.

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל  
יִשְׂרָאֵל. וְאָמְרוּ אָמֵן.

עֲשֵׂה שְׁלוֹם בְּמִרְוֵמֵי הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל  
יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֶל. וְאָמְרוּ אָמֵן.

*Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime.  
And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted,  
extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we  
say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high,  
bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.*

DANIEL G. ZEMEL, Rabbi

JOSHUA BERAHA, Associate Rabbi | STEPHANIE CRAWLEY, Associate Rabbi

HEALY SLAKMAN, Assistant Rabbi | BETH WERLIN, Executive Director | SHARON TASH, Education Director