

October 14, 2023

29 Tishrei, 5783

Shabbat B'reishit

It has been told to you, what is good, and what Adonai requires of you

Only to do justice, to love mercy, and to walk humbly with your God. (Micah 6:8)



**Our sanctuary is a sanctuary. If your mobile phone is not in use as an adaptive device, please turn it off.
Services this morning are led by Rabbi Crawley, Rabbi Slakman, and Dan Lee.**

Genesis בְּרֵאשִׁית 1:1-9

1 When God was about to create heaven and earth,

א בְּרֵאשִׁית בָּרָא אֱלֹהִים אֶת הַשָּׁמַיִם וְאֶת הָאָרֶץ:

2 the earth was a chaos, unformed, and on the chaotic waters' face there was darkness. Then God's spirit glided over the face of the waters,

ב וְהָאָרֶץ הִיְתָה תְהוֹמוֹת וְבַהֹוּ וְחֹשֶׁךְ עַל־פְּנֵי תְהוֹמוֹת וְרוּחַ אֱלֹהִים מְרַחֶפֶת עַל־פְּנֵי הַמַּיִם:

3 and God said, "Let there be light!"—and there was light.

ג וַיֹּאמֶר אֱלֹהִים יְהִי אֹר וַיְהִי־אֹר:

4 And when God saw how good the light was, God divided the light from the darkness;

ד וַיִּרְא אֱלֹהִים אֶת־הָאֹר כִּי־טוֹב וַיַּבְדֵּל אֱלֹהִים בֵּין הָאֹר וּבֵין הַחֹשֶׁךְ:

5 God then called the light Day, and called the darkness Night, and there was evening and there was morning, [the] first day.

ה וַיִּקְרָא אֱלֹהִים לְאֹר יוֹם וְלַחֹשֶׁךְ קִרְיָ לַיְלָה וַיְהִי־עֶרֶב וַיְהִי־בֹקֶר יוֹם אֶחָד:

6 God then said, "Let there be an expanse in the midst of the waters, and let it divide water from water!"

ו וַיֹּאמֶר אֱלֹהִים יְהִי רָקִיעַ בְּתוֹךְ הַמַּיִם וַיְהִי מַבְדִּיל בֵּין מַיִם לְמַיִם:

7 So God made the expanse, separating the waters beneath the expanse from the waters above the expanse—and so it was.

ז וַיַּעַשׂ אֱלֹהִים אֶת־הַרְקִיעַ וַיַּבְדֵּל בֵּין הַמַּיִם אֲשֶׁר מֵעַל לַרָקִיעַ וַיְהִי־כֵן:

8 God then called the expanse Sky, and there was evening and there was morning, a second day.

ח וַיִּקְרָא אֱלֹהִים לַרָקִיעַ שָׁמַיִם וַיְהִי־עֶרֶב וַיְהִי־בֹקֶר יוֹם שֵׁנִי:

9 God then said, "Let the waters beneath the sky be collected in one place, so that the dry ground may be seen!"—and so it was.

ט וַיֹּאמֶר אֱלֹהִים יִקְוּוּ הַמַּיִם מִתַּחַת הַשָּׁמַיִם אֶל־מְקוֹם אֶחָד וְתִרְאָה הַיַּבֵּשֶׁת וַיְהִי־כֵן:

DANIEL G. ZEMEL, Rabbi

JOSHUA BERAHA, Associate Rabbi | STEPHANIE CRAWLEY, Associate Rabbi

HEALY SLAKMAN, Assistant Rabbi | BETH WERLIN, Executive Director | SHARON TASH, Education Director

Before the reading:

Blessed are you, Adonai our God, whose spirit inspired our prophets, and whose spirit inspires us to thoughtfully discern their words. Each generation that has come before has taught and made our prophets' words their own. Thank you for *binah*, understanding, and *deah*, knowledge: for the opportunity to choose the holy words that we pass on to the next generation.

Haftarah for B'reishit: Ecclesiastes 4:1-4, 7-12

1 I further observed all the oppression that goes on under the sun: the tears of the oppressed, with none to comfort them; and the power of their oppressors—with none to comfort them.

א וּשְׁבִתִי אֲנִי וְאָרָאָה אֶת־כָּל־הָעֹשִׂקִים
אֲשֶׁר נַעֲשִׂים תַּחַת הַשָּׁמֶשׁ וְהִנֵּה אִדְמַעַת
הָעֹשִׂקִים וְאִין לָהֶם מְנַחֵם וּמִיַּד עֹשִׂקֵיהֶם
כַּח וְאִין לָהֶם מְנַחֵם :

2 Then I accounted those who died long since more fortunate than those who are still living;

ב וּשְׁבַח אֲנִי אֶת־הַמֵּתִים שְׂכָרָם מֵתוֹ
מִרְחֵחַיִים אֲשֶׁר הָמָּה חַיִּים עֲדָנָה :

3 and happier than either are those who have not yet come into being and have never witnessed the miseries that go on under the sun.

ג וְטוֹב מִשְׁנֵיהֶם אֶת אֲשֶׁר־עָדוֹן לֹא הָיָה
אֲשֶׁר לֹא־רָאָה אֶת־הַמַּעֲשֶׂה הַרָע אֲשֶׁר
נַעֲשָׂה תַּחַת הַשָּׁמֶשׁ :

4 I have also noted that all labor and skillful enterprise come from men's envy of each other—another futility and pursuit of wind!

ד וְרֵאִיתִי אֲנִי אֶת־כָּל־עֲמָל וְאֶת כָּל־כְּשָׁרוֹן
הַמַּעֲשֶׂה כִּי הִיא קִנְיַת־אִישׁ מִרְעֵהוּ גַם־זֶה
הַבָּל וְרֵעוֹת רוּחַ :

7 And I have noted this further futility under the sun:

ז וּשְׁבִתִי אֲנִי וְאָרָאָה הַבָּל תַּחַת הַשָּׁמֶשׁ :

8 the case of the man who is alone, with no companion, who has neither son nor brother; yet he amasses wealth without limit, and his eye is never sated with riches. For whom, now, is he amassing it while denying himself enjoyment? That too is a futility and an unhappy business.

ח יֵשׁ אֶחָד וְאִין שְׁנֵי גַם בֵּן וְאָח אִין־לוֹ
וְאִין קָח לְכָל־עֲמָלוֹ גַם־[עֵינָו] (עֵינָיו)
לֹא־תִשְׂבַּע עֹשֶׁר וּלְמִי אֲנִי עֹמֵל וּמְחַסֵּר
אֶת־נַפְשִׁי מִטוֹבָה גַם־זֶה הַבָּל וְעֵנָן רָע
הוּא :

9 Two are better off than one, in that they have greater benefit from their earnings.

ט טוֹבִים הַשְּׁנָיִם מִן־הָאֶחָד אֲשֶׁר יִשְׁלָהֶם
שְׂכָר טוֹב בְּעֲמָלָם :

10 For should they fall, one can raise the other; but woe betide him who is alone and falls with no companion to raise him!

י כִּי אִם־יִפְּלוּ הָאֶחָד יִקִּים אֶת־חֵבְרוֹ וְאִילוֹ
הָאֶחָד שְׁיִפֹּל וְאִין שְׁנֵי לְהַקִּימוֹ :

11 Further, when two lie together they are warm; but how can he who is alone get warm?

יא גַם אִם־יִשְׁכְּבוּ שְׁנָיִם וְחַם לָהֶם וּלְאֶחָד
אֵיךְ יִחַם :

12 Also, if one attacks, two can stand up to him.
A threefold cord is not readily broken!

יב וְאִם יִתְקַפּוּ הָאֶחָד הַשְּׁנַיִם יַעֲמִדוּ נֶגְדּוֹ
וְהַחוּט הַמְּשֻׁלָּשׁ לֹא בִמְהֵרָה יִנָּתֵק:

After the Reading:

Thank you, O God, whose spirit inspired the prophets of old, and whose spirit inspires us to live with intention. God, you call to us to be our best. You call us to justice and mercy and to care for the oppressed. Blessed are you, Adonai our God, who gives us the ability to discern, to live, to inspire and to do your work.

Psalm 147: Broken Hearted (Shir Yaakov)

Harofei lishvurei lev
Um'chabesh le'atzvotam.

הַרְפֵּא לְשִׁבּוּרֵי לֵב
וּמְחַבֵּשׁ לְעֲצָבוֹתָם:

Moneh mispar lakochavim
Lechulam shemot yikra

מוֹנֵה מִסְפָּר
לְכוֹכְבִּים
לְכֻלָּם שְׁמוֹת יִקְרָא:

Healer of the broken-hearted , Binder of our wounds
Counter of uncountable stars, You know who we are

Ana el na refa na lah
Halelu yah.

אָנָּה אֵל נָא רַפֵּא נָא לָהּ
הַלְלוּ יְהוָה.

Refuah Shleimah

Mohammad Amiri, Sarah Bardin, Evi Beck, Ronni Behar, Ira Berlin, Judith Chisholm,
Don Elisburg, Phil Feld, Nora Fletcher, Rabbi Stanley Funston, Helene Granof, Sean Grogan,
David Hahn, Robin Kaplan, Stu Levine, Dan Lutenegger, Catherine Lynch, Dan Mack,
Mildred Marin, Micah ben Nechama Evi, Sophie Meyers, Bryant Monroe, Bill Page,
Rachel bat Chava, David Reynolds, Lois Rosen, Eric Rosenberg, Sarah Golde bat Shifrah,
Jo Schonewolf, Charles Schussheim, Sarah Sherman, Paulette Shulman, Elsa Smith,
Yolande Spinnato, Betty Ustun, Bobbie Wendel, Mimi Wolf

We Pray for the Safe Return of Those Held Captive by Hamas

Yafa Adar, 85; Sharon Alony Cunio, 34; Amelia Alony, 5; Anucha Angkaew; Noa Argamani, 25; Karina Arie, 19; Doron Asher Katz, 34; Aviv Asher, 3; Raz Asher, 5; Liraz Assulin, 38; Celine Ben David Nagar, 32; Ariel Bibas, 3; Shiri Bibas, 30; Yarden Bibas, 37; Kfir Bibas, 9 months; Komkrit Chombua; Nurit Cooper, 80; Amiram Cooper, 85; Emma Cunio, 3; Julie Cunio, 3; David Cunio, 33; Noya Dan, 13; Carmella Dan, 80; Karina Ella Davidov, 30; Sagui Dekel-Chen; Liri Elbag, 18; Dikla Eliaz Arava, 5; Tomer Eliaz, 17; Dafna Elyakim, 15; Noam Elyakim, 47; Ella Elyakim, 8; Hersh Goldberg-Polin, 23; Avner Goren, 56; Maya Goren, 56; Tamar Gutman, 27; Gad Haggai, 73; Shoshan Haran; Yahel Haran, 3; Avshal Haran, 65; Naveh Haran, 8; Ditzza Heiman, 84; Manee Jirachat; Erez Kalderon, 12; Sahar Kalderon, 16; Ofer Kalderon, 50; Efrat Katz, 67; Elad Katzir, 47; Hannah Katzir, 77; Bar Kuperstein, 21; Shani Louk; Adi Maizel; Jake Marlowe, 26; Tami Metzger, 78; Yoram Metzger, 80; Nattawaree "Yo" Moonkan, 35; Margalit Moses, 78; Rotem Neumann, 25; Shifra Noy, 70; Silvia Ochayon, 58; Natthaporn Onkaew; Dror Or; Yonat Or; Avinatan Or; Alma Or, 13; Noam Or, 15; Kiattisak Patee; Chana Peri, 75; Chaim Perl, 79; Boonthom Phankong, 45; Mr. Pongtorn; Nadav Popplewell, 51; Judith Tai Raanan; Natalie Raanan, 17; Ophelia Roitman, 77; Jordan Roman-Gat, 36; Ada Sagi, 74; Parents of Sharone Lifschitz; Ron Sherman, 19; Idan Shtivi, 28; Margit Silberman, 63; Yossi Silberman, 67; O-wat Suriyasri, 40; Ohad Vahalomy; Ethan Vahalomy, 12; Judith Lynne Weinstein, 70; Moran Stella Yanai, 40

**This list is incomplete.*

We Remember Those Lost to Violence in Washington, DC

Alonzo Jessie Atkins, 36, NW DC; Joshua Starr, 37, NE DC

Shiva

Ido Yisrael Shani, cousin of Elyse Greenwald

Shloshim

Dianne Feinstein, Harvey Gershbein, Joyce Kitcho

Yahrzeit

Tovey Barron, Phyllis Appel Bell, Raymond Busker, Anne Cooley, Jean Dattner, Charles Davisson, Ben Robert Diskin, Esther Dunsay, Reuben Freedman, Jerry Gross, Simon Hadley, Irene Heskes, Constance D. Jacob, Ruth Karabell, Marguerite Malgoire, Mack J. Meyers, Hortense Platoff, Louis Raitiere, Harold Rosenberg, Joel Rudick, Irving "Owie" Schneider, Jean Wentworth

Kaddish Yatom

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchuteih,
b'chayeichon uv'yomeichon uv'chayei d'chol
beit Yisrael, ba'agala uvizman kariv. V'imru:
Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei
almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam
v'yitnasei, v'yit'hadar v'yit'aleh v'yit'halal sh'mei
d'kud'sha,
b'rich Hu.

L'eila min kol birchata v'shirata, tushb'chata
v'nechemata, daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu
v'al kol Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom
aleinu, v'al kol Yisrael, v'al kol yoshvei tevel.

V'imru: Amen.

*Exalted and hallowed be God's great name. In the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime.
And the life of all Israel – speedily, imminently, to which we say Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted,
extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we
say Amen. May there be abundant peace from heaven, and life, for us and all Israel, to which we say Amen. May the One who creates harmony on high,
bring peace to us and to all Israel, and to all who dwell on earth. To which we say Amen.*

יִתְגַּדַּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא.
בְּעֵלְמָא דִּי בְרָא כְרַעוּתֵיהּ וְיִמְלִיךְ מַלְכוּתֵיהּ בְּחַיֵּינוּ
וּבְיוֹמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעֵגְלָא וּבְזִמְנָן
קְרִיב, וְאָמְרוּ אָמֵן.

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמָא וּלְעָלְמֵי עָלְמַיָּא.
יְתְבָרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלַּל שְׁמֵהּ דְקַדְשָׁא.
בְּרִיךְ הוּא.

לְעֵלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבְּחָתָא וְנִחַמְתָּא
דְאָמְרוּ בְּעֵלְמָא. וְאָמְרוּ אָמֵן.
יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל
יִשְׂרָאֵל. וְאָמְרוּ אָמֵן.

עֹשֶׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל
כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֵל. וְאָמְרוּ אָמֵן.

Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.