

Celebrate Shabbat

JANUARY 12-13, 2024
4 SH'VAT 5784

SHABBAT
VA'EIRA

"It has been told to you, what is good,
and what Adonai requires of you. Only to do justice, to
love mercy, and to walk humbly with your God."

Micah 6:8



Daniel G. Zemel, Rabbi

Joshua Beraha, Associate Rabbi | **Stephanie Crawley**,
Associate Rabbi

Healy Slakman, Assistant Rabbi | **Beth Werlin**,
Executive Director

Sharon Tash, Education Director

WELCOMING SHABBAT



JANUARY 12, 2024

Our Shabbat service is led by Rabbi Zemel, Rabbi Crawley, and Dan Lee.

Blessing for Candles

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
asher kidshanu b'mitzvotav v'tzivanu l'hadlik neir
shel Shabbat.

*We praise You, Eternal God, Sovereign of the universe.
You hallow us with Your Mitzvot and command us to
kindle the light of Shabbat.*



Kiddush - Blessing for Wine

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרֵי הַגָּפֶן
בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו וְרָצָה בְּנוֹ וְשַׁבַּת קִדְּשׁוֹ בְּאַהֲבָה וּבְרָצוֹן
הַנְּחִילָנוּ זְכוֹר לְמַעֲשֵׂה בְּרֵאשִׁית. כִּי הוּא יוֹם תְּחִלָּה
לְמִקְרָאֵי קִדְּשׁ זִכָּר לִיצִיאַת מִצְרַיִם. כִּי בְּנוֹ בְּחַרְתָּ
וְאוֹתָנוּ קִדְּשָׁתָּ מִכָּל הָעַמִּים וְשַׁבַּת קִדְּשָׁךְ בְּאַהֲבָה
וּבְרָצוֹן הַנְּחַלְתָּנוּ
בָּרוּךְ אַתָּה ה' מְקַדֵּשׁ הַשַּׁבָּת.

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, borei p'ri hagafen. Baruch Atah, Adonai, Elonheinu, Melech ha'olam, asher kidshanu b'mitzvotav v'ratzah vanu, v'shabat kodsho b'ahavah uv'ratzon hinchilanu, zikaron l'maaseh v'reishit. Ki hu yom t'hilah l'mikra'ei kodesh, zeicher litziat mitzrayim. Ki vanu vacharta v'otanu kidashta mikol ha'amim, v'shabbat kodsh'cha b'ahavah uv'ratzon hinchaltanu. Baruch Atah, Adonai, m'kadeish hashabbat.

We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine. We praise You, Eternal God, Sovereign of the Universe, You call us to holiness with the Mitzvah of Shabbat - the sign of Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days.

On Shabbat especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.



Challah - Blessing for Bread

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמוֹצִיא לֶחֶם
מִן הָאָרֶץ.

Baruch Atah, Adonai, Eloheinu, Melech
ha'olam, hamotzi lechem min ha'arets.

*We praise You, Eternal God, Sovereign of the
universe, who causes bread to come from the earth.*

Refuah Shleimah

Mohammad Amiri, Nenna Arvidson, Sarah Bardin,
Evi Beck, Ronni Behar, Ira Berlin, Howard Berman,
Gary Brown, Sandra Brown, Judith Chisholm,
Don Elisburg, Phil Feld, Nora Fletcher,
Rabbi Stanley Funston, Helene Granof, David Hahn,
Robin Kaplan, Mildred Katz, Brenda Levenson,
Hy Levine, Dan Lutenegger, Catherine Lynch,
Dan Mack, Mildred Marin, Micah ben Nechama Evi,
Sophie Meyers, Bryant Monroe, Bill Page,
David Pansegrouw, Sheila Platoff, Rachel bat Chava,
David Reynolds, Eric Rosenberg,
Sarah Golde bat Shifrah, Jo Schonewolf,
Charles Schussheim, Sarah Sherman,
Paulette Shulman, Elsa Smith, Betty Ustun,
Paul Vordermann, Bobbie Wendel, Mimi Wolf



If Not Now

written by Carrie Newcomer

If not now, tell me when?
We may never see this moment
or place in time again
If not now, if not now, tell me when?

I see sorrow and trouble in this land...
Although there will be struggle,
we'll make the change we can
If not now, if not now, tell me when?

We may never see the promised land...
And yet we'll make the journey,
we'll walk it hand in hand
If not now, if not now, tell me when?

So we'll work until it's done –
every person, everyone
Every soul that's ever longed for something
better,
something brighter...¹

It will take a change of heart for this to mend...
But miracles do happen,
every shining now and then
If not now, if not now, tell me when?



Shiva

Susan Taradash Garbo, cousin of Geri Nielsen;
Burton Greenstein

Shloshim

Nancy Baum, Lois P. Broder, Stephen Kieffer,
Herman Levine

Yahrzeit

Bruce Block, Alice Goldman, Beverly Grunwald,
Myron Grusin, Taissa Silvers Hauser, Herbert Kabat,
Rita Karen, Raymond Lang, Jack Layton, Leah Lazere,
Doris Luterman-Surick, Eleanor Mazur, Lena Ornish,
Oscar Patcher, Shirley Peltz, Regine Weiss Ransohoff,
David E. Rosenbaum, Barry Rubens, Mark Sablosky,
Jerome B. Sewell, Sonnie Shulman, Semih Ustun,
Sumner Victor, Sharon Wallsten, Estelle Rogers Weiss,
Elaine Wolff, Haskell Wolff

SHABBAT MORNING SERVICE



JANUARY 13, 2024

Our Shabbat Morning service is led by Rabbi Crawley, Rabbi Zemel, and Dan Lee.

Torah: Exodus 9: 1-17

Our Torah reading can be found in the blue Torah commentary book on page 389 and in the Women's Commentary (green) on page 344.

Siman Tov

Siman tov umazal tov umazal tov v'siman tov
Y'hei lanu, ul'chol Yisrael.

סִימָן טוֹב וּמְזָל טוֹב.
וּמְזָל טוֹב וְסִימָן טוֹב
יְהֵא לָנוּ. וּלְכֹל יִשְׂרָאֵל.

It is a good and lucky sign for us and for all Israel!

Shehechyanu

Baruch Atah Adonai Eloheinu, Melech ha-olam,
shehecheyanu v'kiy'manu v'higianu laz'man hazeh.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁהַחַיִּינוּ וְקִיַּמְנוּ וְהִגִּיעָנוּ לְזֶמַן הַזֶּה.

Praise to You, Adonai our God, Sovereign of the universe, for giving us life, sustaining us, and enabling us to reach this season.



We Celebrate the Bat Mitzvah of Marika Eilperin Light

Aliyah I	Stan Shulman
Aliyah II	Michael, Violet, and Clover Demos
Aliyah III	Laurie Foster, Lee Brady, Alex Brady
Aliyah IV	Juliet Light Eilperin, Andrew Eilperin Light, Miloš Eilperin Light
Aliyah V	Marika Eilperin Light
Petichah I	Ali Demos, Michelle Hester
Hagbah	Dena Peake
Gelilah	Bill Brady, Karuna Mehta
Petichah II	Alex Duncan

Thank you to our Oneg & Kiddush sponsors:

*Our B'nai Mitzvah class
and the Eilperin Light family*

Thank you to our ushers:

*Susannah Fox, Eric Halperin, Eliza Leroy,
Chayse Levin, Annie Worden*

Special thanks to our choir

*Temple Micah acknowledges our synagogue
stands on the traditional territory of the
Piscataway and Nacotchtank (Anacostan)
peoples. We pay respect to their elders past
and present and recognize their stewardship of
this land and the vital contribution of
indigenous peoples to this nation we share.*



Haftarah: Amos 5:11-15, 21-24

with excerpts and commentary from
Dr. Martin Luther King, Jr.'s "I Have a Dream"

לְכֵן יַעַן בּוֹשְׁסֶכֶם עַל־דָּל וּמִשְׁאֵת־בֵּר תִּקְחוּ מִמֶּנּוּ בְּתֵי גְזִית בְּנִיתֶם וְלֹא־תִשְׁבוּ
בָם כְּרַמֵּי־חֶמֶד גִּטְעָתָם וְלֹא תִשְׁתּוּ אֹת־יַיִנָם: כִּי יִדְעֹתִי רַבִּים פִּשְׁעֵיכֶם וַעֲצָמִים
חֲטָאתֵיכֶם צָרְרִי צָדִיק לִקְחֵי כֶּפֶר וְאֶבְיוֹנִים בְּשַׁעַר הַטּוֹ: לְכֵן הִמְשַׁכִּיל בְּעֵת
הַהִיא יָדַם כִּי עַת רָעָה הִיא: דָּרְשׁוּ־טוֹב וְאַל־רָע לְמַעַן תַּחֲיוּ וִיהִי־לְכֵן יְהוָה
אֱלֹהֵי־צְבָאוֹת אֲתָכֶם כַּאֲשֶׁר אֲמַרְתֶּם: שְׁנֹאוּ־רָע וְאֶהְבּוּ טוֹב וְהִצִּיגוּ בְשַׁעַר
מִשְׁפָּט אוֹלֵי יַחֲנֹן יְהוָה אֱלֹהֵי־צְבָאוֹת שְׂאֵרֵי יוֹסֵף:
שְׁנֵאתִי מֵאֲסֹתַי חֲגִיבֶיכֶם וְלֹא אֲרִיחַ בְּעִצְרֹתֵיכֶם: כִּי אִם־תַּעֲלוּ־לִי עֲלוֹת
וּמִנְחֹתֵיכֶם לֹא אֲרַצֶּה וְשִׁלְמִם מְרִיאֵיכֶם לֹא אֲבִיט: הִסֵּר מַעְלֵי הַמּוֹן שְׂרִיף וּזְמַרַת
גְּבַלְיָה לֹא אֶשְׁמַע: וַיִּגַּל כַּמִּים מִשְׁפָּט וּצְדָקָה כַּנְּחַל אֵיתָן:

(11) "Surely, because you impose a tax on the poor and exact a levy of grain from him; you have built houses of hewn stone, but you shall not live in them, you have planted delightful vineyards, but shall not drink their wine. (12) For I have noted how many are your crimes, and how countless your transgressions— you enemies of the righteous, you takers of bribes, you who subvert the cause of the needy in the gate! (13) Surely, at such a time the prudent person keeps silent, for it is an evil time. (14) Seek good and not evil, that you may live, and that the Eternal, Adonai Tzva'ot, may truly be with you, as you think. (15) Hate evil and love good, and establish justice in the gate; perhaps the Eternal, the God of Hosts, will be gracious to the remnant of Joseph.

(21) I loathe, I spurn your festivals, I am not appeased by your solemn assemblies. (22) If you offer me burnt offerings—or your meal offerings— I will not accept them; I will pay no heed to your gifts of fatlings. (23) Spare me the sound of your hymns, And let me not hear the music of your lutes. (24) Instead, let justice well up like water, righteousness like an unfailling stream.



EXCERPT FROM DR. MARTIN LUTHER KING'S SPEECH - AUGUST 28, 1963 LINCOLN MEMORIAL, WASHINGTON, DC

Please note that linguistic norms have evolved since Dr. King's speech. Today, we no longer use the word 'Negro,' except in historical context, though we retain it here.

"We must make the pledge that we shall always march ahead. We cannot turn back. There are those who are asking the devotees of civil rights, "When will you be satisfied?" We can never be satisfied as long as the Negro is the victim of the unspeakable horrors of police brutality. We can never be satisfied as long as our bodies, heavy with the fatigue of travel, cannot gain lodging in the motels of the highways and the hotels of the cities. **We cannot be satisfied as long as the negro's basic mobility is from a smaller ghetto to a larger one. We can never be satisfied as long as our children are stripped of their self-hood and robbed of their dignity by signs stating: "For Whites Only."** We cannot be satisfied as long as a Negro in Mississippi cannot vote and a Negro in New York believes he has nothing for which to vote. No, no, we are not satisfied, and we will not be satisfied until 'justice rolls down like waters, and righteousness like a mighty stream.'

With this faith, we will be able to hew out of the mountain of despair a stone of hope. With this faith, we will be able to transform the jangling discords of our nation into a beautiful symphony of brotherhood. With this faith, we will be able to work together, to pray together, to struggle together, to go to jail together, to stand up for freedom together, knowing that we will be free one day."



Al Ahavatecha

*arranged by Boaz Dorot and Shani Ben Or
performed by the Temple Micah choir*

עַל אֲהַבְתְּךָ : אֲשַׁתָּה גְּבִיעִי:
שְׁלוֹם לְךָ שְׁלוֹם : יוֹם הַשְּׁבִיעִי:
שֵׁשֶׁת יָמֵי מַעֲשֵׂה : לְךָ כַּעֲבָדִים:
אִם אֲעֹבֵד בָּהֶם : אֲשַׁבֵּעַ נְדוּדִים:
כָּלֶם בְּעֵינַי הֵם : יָמִים אֲחָדִים:
מֵאֲהַבְתִּי כָּךְ : מִלְּכִי וְרוּעִי:
מֵה נִצְמָה לִי עֵת : בֵּין הַשְּׁמָשׁוֹת:
כְּרֵאוֹת בְּיוֹם שַׁבָּת : פָּנִים תְּדַשׁוֹת:
בּוֹאוּ בְּתַפּוּחִים : קָרְבוּ אֲשֵׁישׁוֹת:
קָרְבוּ אֵלַי שְׁלַחַן : מִלְּכִי וְרוּעִי:

I raise a glass in honor of my beloved:
Welcome! Shalom to you, the seventh day.

The six weekdays are like servants to you
If I serve them I will be overwhelmed with wandering
They are, in my eyes, only a few days away
From my true love, the day of my delight.

On the sixth day my soul will find happiness
Because the day of rest is near
If I wander to seek wellbeing
By the evening my to and fro will be forgotten

How I love twilight time
To see the Sabbath like greeting someone for the first time
Bring on the apples! Pour on the delicacies!
This is my day of rest, my beloved, my friend.



Shabbat Shalom!



Our sanctuary is a sanctuary. If your mobile phone is not in use as an adaptive device, please turn it off.

Hashkiveinu

Dan Nichols

Hashkiveinu Adonai Eloheinu l'shalom,
V'haamideinu Shomreinu, l'chaim.

הַשְּׁכִיבֵנוּ יְיָ אֱלֹהֵינוּ לְשָׁלוֹם
וְהַצְמִידֵנוּ שׁוֹמְרֵינוּ לְחַיִּים.

Spread the shelter of Your peace over us;
Guide us with wisdom, compassion,
and trust.

Save us for the sake of Your name;
Shield us from hatred, sorrow, and pain.

