

Celebrate Shabbat

APRIL 19-20, 2024

SHABBAT

10 NISAN, 5784 HAGADOL/METZORA

“It has been told to you, what is good,
and what Adonai requires of you. Only to do justice, to
love mercy, and to walk humbly with your God.”

Micah 6:8



Daniel G. Zemel, Rabbi

Joshua Beraha, Associate Rabbi | **Stephanie Crawley**, Associate Rabbi

Healy Slakman, Assistant Rabbi | **Beth Werlin**, Executive Director

Sharon Tash, Education Director

WELCOMING SHABBAT



APRIL 19, 2024

Our Shabbat service is led by
Rabbi Zemel, Rabbi Crawley, and Dan Lee.

Blessing for Candles

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ
לְהַדְלִיק נֵיר שֶׁל שַׁבָּת.

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
asher kidshanu b'mitzvotav v'tzivanu l'hadlik neir
shel Shabbat.

*We praise You, Eternal God, Sovereign of the universe. You
hallow us with Your Mitzvot and command us to kindle the
light of Shabbat.*



Kiddush - Blessing for Wine

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרֵי הַגֶּפֶן
בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתֶיךָ וְרָצָה בְּנוֹ
וְשִׁבַּת קִדְּשׁוֹ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ זְכוֹר לְמַעֲשֵׂה בְּרֵאשִׁית. כִּי
הוּא יוֹם תְּחִלָּה לְמִקְרָאֵי קֹדֶשׁ זְכוֹר לִיצִיאַת מִצְרַיִם. כִּי בְנוֹ בְּחֶרֶף
וְאוֹתָנוּ קִדְּשָׁתָּ מְכַל הָעַמִּים וְשִׁבַּת קִדְּשָׁךְ בְּאַהֲבָה וּבְרָצוֹן הִנְחַלְתָּנוּ
בְּרוּךְ אַתָּה ה' מְקַדֵּשׁ הַשַּׁבָּת.

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, borei p'ri hagafen. Baruch Atah, Adonai, Elonheinu, Melech ha'olam, asher kidshanu b'mitzvotav v'ratzah vanu, v'shabat kodsho b'ahavah uv'ratzon hinchilanu, zikaron l'maaseh v'reishit. Ki hu yom t'hilah l'mikra'ei kodesh, zeicher litziat mitzrayim. Ki vanu vacharta v'otanu kidashta mikol ha'amim, v'shabbat kodsh'cha b'ahavah uv'ratzon hinchaltanu. Baruch Atah, Adonai, m'kadeish hashabbat.

We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine. We praise You, Eternal God, Sovereign of the Universe, You call us to holiness with the Mitzvah of Shabbat - the sign of Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days.

On Shabbat especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.



Challah - Blessing for Bread

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמוֹצִיא לֶחֶם מִן
הָאָרֶץ.

Baruch Atah, Adonai, Eloheinu, Melech ha'olam,
hamotzi lechem min ha'aretz.

*We praise You, Eternal God, Sovereign of the universe, who
causes bread to come from the earth.*

Ozi V'zimrat Yah

עֲזִי וְזִמְרַת יְהוָה; וַיְהִי-לִי, לִישׁוּעָה.

Ozi v'Zimrat Yah, vay'hi li lishuah.

*My Strength (balanced with) the Song of God will be my
salvation. (Psalm 118:14 and Exodus 15:2)*



Thank you to our Friday Oneg sponsor

Sukkat Shalom in honor of our guests
from Temple Emanuel of McAllen, Texas

SHABBAT MORNING SERVICE



APRIL 20, 2024

Our Shabbat Morning service is led by Rabbi Zemel, Rabbi Crawley, and Dan Lee.

Torah: Leviticus 14: 34-42

Our Torah reading can be found in the blue Torah commentary book on page 755 and in the Women's Commentary (green) on page 663.

Yih'yu L'Ratzon

Elana Arian

יְהִיּוּ לְרָצוֹן אִמְרֵי פִי וְהִגְיוֹן לִבִּי לְפָנֶיךָ,
יְי צוּרִי וְגוֹאֲלִי.

Yih'yu l'ratzon imrei fi, v'hegyon libi l'fanecha,
Adonai tzuri v'go-ali.

May the words of my mouth and the meditations of my heart be acceptable to You, my Rock and my Redeemer.



Haftarah: Isaiah 49: 8-13

כֹּה אָמַר יְהוָה בְּעֵת רְצוֹן עֲנִיתִיךָ וּבַיּוֹם יִשׁוּעָה עֲזַרְתִּיךָ
וְאַצְרֶךָ וְאַתְּנָה לְבְרִית עִם לְהִקִּים אֶרֶץ לְהִנְחִיל גְּחֻלוֹת
שְׂמִמּוֹת: לֵאמֹר לְאַסּוּרִים צֵאוּ לְאַשֶׁר בַּחֹשֶׁךְ הִגְלוּ
עַל־דְּרָכִים יִרְעוּ וּבְכָל־שְׂפֵימִים מְרַעִיתֶם: לֹא יִרְעָבוּ וְלֹא
יִצְמָאוּ וְלֹא־יִכָּם שָׂרֵב וְשֹׁמֵשׁ כִּי־מְרַחֵם יְנַהֵגם
וְעַל־מְבוּעֵי מַיִם יְנַהֵלם: וְשִׁמְתִי כָל־הָרִי לְדָרֶךְ וּמִסְלַתִי
יִרְמוֹן: הִנֵּה־אֵלֶּה מְרַחֵק יָבֹאוּ וְהִנֵּה־אֵלֶּה מְצַפּוֹן וּמַיִם
וְאֵלֶּה מְאַרְץ סִינַיִם: רְנוּ שְׂמִימִים וְגִילִי אֶרֶץ (יִפְצְחוּ)
[וּפְצְחוּ] הָרִים רְנֶה כִּי־נַחֵם יְהוָה עִמּוֹ וְעֲנִיּוֹ יִרְחֵם:

(8) Thus said God:

In an hour of favor I answer you,
And on a day of salvation I help you—
I created you and appointed you a covenant
people — restoring the land,
Allotting anew the desolate holdings,

(9) Saying to the prisoners, "Go free,"
To those who are in darkness, "Show
yourselves."



Haftarah: Isaiah 49: 8-13

They shall pasture along the roads,
On every bare height shall be their pasture.

10) They shall not hunger or thirst,
Hot wind and sun shall not strike them;
For the One who loves them will lead them
And will guide them to springs of water.

(11) I will make all My mountains a road,
And My highways shall be built up.

(12) Look! These are coming from afar,
These from the north and the west,
And these from the land of Sinim.

(13) Shout, O heavens, and rejoice, O earth!
Break into shouting, O hills!
For God has comforted this people,
And has taken back its afflicted ones in love.



Refuah Shleimah

Mohammad Amiri, Sarah Bardin, Evi Beck,
Ronni Behar, Ira Berlin, Gary Brown,
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David Hahn, Robin Kaplan, Mildred Katz,
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Dan Lutenegger, Catherine Lynch, Dan Mack,
Mildred Marin, Micah ben Nechama Evi,
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Rachel bat Chava, David Reynolds, Roslyn Richter,
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We Remember Those Lost to Violence in Washington, DC

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Christian Elsbery, 25, Clinton, MD;
Aubrey McLeod, 29, Largo, MD;
Niomi Russell, 15, NW DC



Shloshim

Ellen Jacob, Rhoda Fidler, Nancy Snyderman Rose,
Tiffany Bailey

Yahrzeit

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Louise Brunner, Marion Cohen, Pauline Dorfman,
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Morris Wasser, Jonathan Wentworth



chag pesach sameach

Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.

TEMPLE MICAḤ מִיכָה



Shabbat Shalom!



Our sanctuary is a sanctuary. If your mobile phone is not in use as an adaptive device, please turn it off.



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