

**Supplemental Text**  
**Rabbi Zemel**  
**May, 10, 2024**

Deuteronomy 30

Surely, this Instruction which I enjoin upon you this day is not too baffling for you, nor is it beyond reach. It is not in the heavens, that you should say, "Who among us can go up to the heavens and get it for us and impart it to us, that we may observe it?" Neither is it beyond the sea, that you should say, "Who among us can cross to the other side of the sea and get it for us and impart it to us, that we may observe it?" No, the thing is very close to you, in your mouth and in your heart, to observe it.

Everlasting Love, you have offered Your people Israel  
By teaching us Torah and mitzvot, laws and precepts,  
Therefore, Adonai, our God,  
When we lie down and when we rise up,  
We will meditate on Your laws and Your commandments,  
We will rejoice in Your Torah forever,  
Day and night we will reflect on them  
For they are or life and *the length of our days*,  
Never remove Your love from us,  
Praise to You Adonai who loves Your people Israel. (Mishkan T'fillah p. 150)