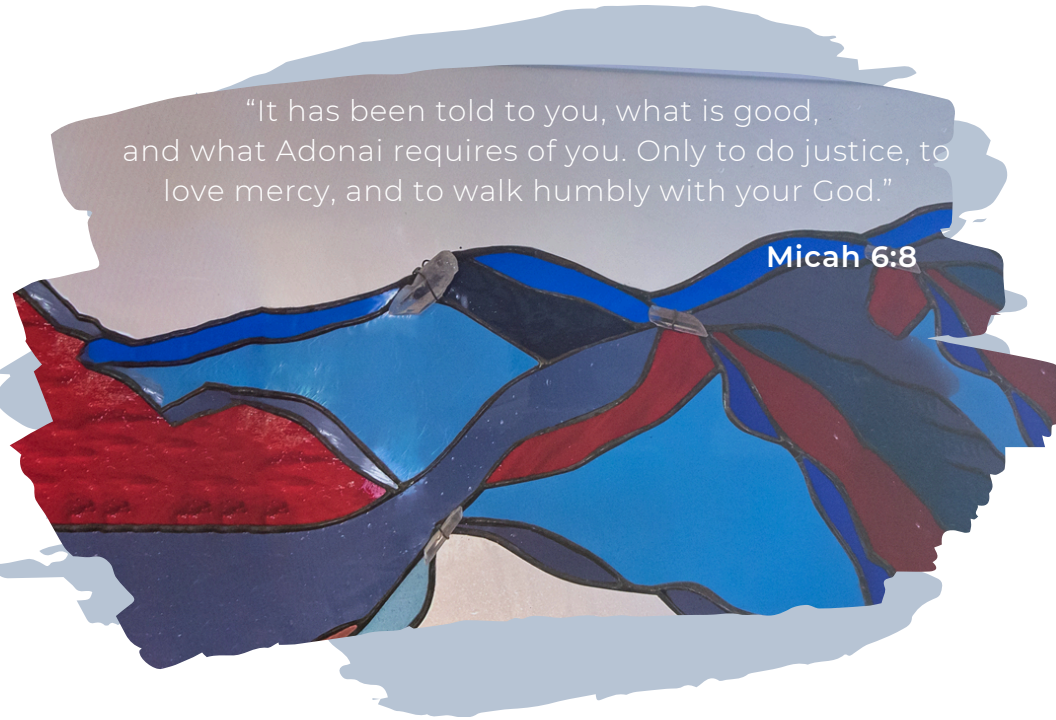
Celebrate Shabbat

JULY 12-13, 2024
7 TAMMUZ, 5784

SHABBAT
CHUKAT



Daniel G. Zemel, Rabbi
Joshua Beraha, Associate Rabbi | **Stephanie Crawley**, Associate Rabbi
Healy Slakman, Assistant Rabbi | **Beth Werlin**, Executive Director
Sharon Tash, Education Director

WELCOMING SHABBAT

JULY 12, 2024

Our Shabbat service is led by
Rabbi Zemel and Rabbi Crawley.

The oneg is sponsored by
Arlene Lutenegger and Karen Mandel
in celebration of their Adult B'nai Torah class.

Blessing for Candles

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, asher kidshanu b'mitzvotav v'tzivanu l'hadlik neir shel Shabbat.

We praise You, Eternal God, Sovereign of the universe. You hallow us with Your Mitzvot and command us to kindle the light of Shabbat.

Kiddush - Blessing for Wine

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרִי הַגָּפֶן
בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְרָצָה בָּנוּ
וְשַׁבַּת קָדְשׁוֹ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ זִכָּרוֹן לְמַעֲשֵׂה בְרֵאשִׁית. כִּי
הוּא יוֹם תְּחִלָּה לְמִקְרָאֵי קֹדֶשׁ זֵכֶר לִיצִיאַת מִצְרָיִם. כִּי בָנוּ בָחַרְתָּ
וְאוֹתָנוּ קִדַּשְׁתָּ מִכָּל הָעַמִּים וְשַׁבַּת קָדְשְׁךָ בְּאַהֲבָה וּבְרָצוֹן הִנְחַלְתָּנוּ
בָּרוּךְ אַתָּה ה' מְקַדֵּשׁ הַשַּׁבָּת.

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, borei p'ri hagafen. Baruch Atah, Adonai, Elonheinu, Melech ha'olam, asher kidshanu b'mitzvotav v'ratzah vanu, v'shabat kodsho b'ahavah uv'ratzon hinchilanu, zikaron l'maaseh v'reishit. Ki hu yom t'hilah l'mikra'ei kodesh, zeicher litziat mitzrayim. Ki vanu vacharta v'otanu kidashta mikol ha'amim, v'shabbat kodsh'cha b'ahavah uv'ratzon hinchaltanu. Baruch Atah, Adonai, m'kadeish hashabbat.

We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine. We praise You, Eternal God, Sovereign of the Universe, You call us to holiness with the Mitzvah of Shabbat - the sign of Your love, a reminder of Your creative work, and of our liberation from Egyptian bondage, our day of days.

On Shabbat especially, we hearken to Your call to serve You as a holy people. We praise You, O God, for the holiness of Shabbat.

Challah - Blessing for Bread

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ.

Baruch Atah, Adonai, Eloheinu, Melech ha'olam, hamotzi lechem min ha'aretz.

We praise You, Eternal God, Sovereign of the universe, who causes bread to come from the earth.

Hashkiveinu

music and lyrics by Mah Tovu: Chasen and Zweiback

הַשְׁכִּיבֵנוּ יְיָ אֱלֹהֵינוּ לְשָׁלוֹם
וְהַעֲמִידֵנוּ שׁוֹמְרֵינוּ לְחַיִּים
וּפְרֹשׂ עָלֵינוּ סֻכַּת שְׁלוֹמֶךָ, אָמֵן.

Hashkiveinu Adonai Eloheinu l'shalom.
V'haamideinu Shomreinu, l'chaim.
Ufros aleinu sukkat sh'lomecha,
Ufros aleinu sukkat sh'lomecha, Amen.

Shelter them beneath your wings, O Adonai
Guard them from all harmful things, O Adonai
Keep them safe throughout the night
Til they wake with morning's light
Teach us, God, wrong from right, Amen.

Babylonian Talmud: Shabbat 21b

The Gemara asks: What is Hanukkah, and why are lights kindled on Hanukkah? The Sages taught… Beginning on the twenty-fifth of Kislev, the days of Hanukkah are eight... What is the reason? When the Greeks entered the Sanctuary they defiled all the oils … when the Hasmoneans overcame them, they searched and found only one cruse of oil that was placed with the seal of the High Priest, undisturbed by the Greeks with sufficient oil to light the lamp for only one day. A miracle occurred and the light burned for eight days. The next year the Sages instituted those days as a holiday with recitation of hallel and special thanksgiving in prayer and blessings.

Temple Micah acknowledges our synagogue stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.

SHABBAT MORNING SERVICE

JULY 13, 2024

Our Shabbat Morning service is led by
Rabbi Crawley and Sonia White.

Please join us for kiddush following services, provided by Miriam Grogan and Lior and Sean Mackie.

Ba'alat Torah	Beth Werlin
Ba'alat Haftarah	Miriam Grogan
D'var Torah	Rabbi Melanie Aaron

Ozi V'Zimrat Yah

עָזִּי וְזִמְרָת יָהּ; וַיְהִי-לִי, לִישׁוּעָה.

Ozi v'Zimrat Yah, vay'hi li lishuah.

My Strength (balanced with) the Song of God will be my salvation.
(Psalm 118:14 and Exodus 15:2)

Torah for Chukat: Numbers 19: 1-6

וַיְדַבֵּר יְהוָה אֶל־מֹשֶׁה וְאֶל־אַהֲרֹן לֵאמֹר: זֹאת חֻקַּת הַתּוֹרָה
אֲשֶׁר־צִוָּה יְהוָה לֵאמֹר דַּבֵּר אֶל־בְּנֵי יִשְׂרָאֵל וְיִקְחוּ אֵלֶיךָ
פָּרָה אֲדֻמָּה תְּמִימָה אֲשֶׁר אֵין־בָּהּ מוּם אֲשֶׁר לֹא־עָלָה עָלֶיהָ
עֹל: וּנְתַתֶּם אֹתָהּ אֶל־אֶלְעָזָר הַכֹּהֵן וְהוֹצִיא אֹתָהּ אֶל־מִחוּץ
לַמַּחֲנֶה וְשָׁחַט אֹתָהּ לְפָנָיו: וְלָקַח אֶלְעָזָר הַכֹּהֵן מִדָּמָהּ
בְּאֶצְבָּעוֹ וְהִזָּה אֶל־נֹכַח פְּנֵי אֹהֶל־מוֹעֵד מִדָּמָהּ שֶׁבַע
פְּעָמִים: וְשָׂרַף אֶת־הַפָּרָה לְעֵינָיו אֶת־עֹרָהּ וְאֶת־בְּשָׂרָהּ
וְאֶת־דָּמָהּ עַל־פִּרְשָׁהּ יִשְׂרֹף:

(1) The Eternal spoke to Moses and Aaron, saying:
(2) This is the ritual law that God has commanded: Instruct the Israelite people to bring you a red cow without blemish, in which there is no defect and on which no yoke has been laid. (3) You shall give it to Eleazar the priest. It shall be taken outside the camp and slaughtered in his presence. (4) Eleazar the priest shall take some of its blood with his finger and sprinkle it seven times toward the front of the Tent of Meeting. (5) The cow shall be burned in his sight—its hide, flesh, and blood shall be burned, its dung included— (6) and the priest shall take cedar wood, hyssop, and crimson stuff, and throw them into the fire consuming the cow.

Haftarah for Chukat: 1 Samuel 19: 8-18

וַתּוֹסֶף הַמִּלְחָמָה לִהְיוֹת וַיֵּצֵא דָוִד וַיִּלָּחֶם בַּפְּלִשְׁתִּים וַיַּךְ
בָּהֶם מַכָּה גְדוֹלָה וַיָּנֻסוּ מִפָּנָיו: וַתְּהִי רוּחַ יְהוָה רָעָה
אֶל־שָׁאוּל וְהוּא בְּבֵיתוֹ יֹשֵׁב וַחֲנִיתוֹ בְּיָדוֹ וְדָוִד מְנַגֵּן בְּיָד:
וַיְבַקֵּשׁ שָׁאוּל לְהַכּוֹת בַּחֲנִית בְּדָוִד וּבַקִּיר וַיִּפְטַר מִפְּנֵי
שָׁאוּל וַיַּךְ אֶת־הַחֲנִית בַּקִּיר וְדָוִד נָס וַיִּמָּלֵט בַּלַּיְלָה הוּא:
וַיִּשְׁלַח שָׁאוּל מַלְאָכִים אֶל־בֵּית דָּוִד לְשָׁמְרוֹ וְלַהֲמִיתוֹ
בַּבֹּקֶר וַתַּגֶּד לְדָוִד מִיכַל אִשְׁתּוֹ לֵאמֹר אִם־אֵינְךָ מְמַלֵּט
אֶת־נַפְשְׁךָ הַלַּיְלָה מָחָר אַתָּה מוּמָת: וַתֹּרֶד מִיכַל אֶת־דָּוִד
בְּעַד הַחַלּוֹן וַיֵּלֶךְ וַיִּבְרַח וַיִּמָּלֵט: וַתִּקַּח מִיכַל אֶת־הַתְּרָפִים
וַתָּשֶׂם אֶל־הַמִּטָּה וְאֵת כְּבִיר הָעִזִּים שָׂמָה מְרַאֲשֹׁתָיו וַתְּכַס
בַּבָּגֶד: וַיִּשְׁלַח שָׁאוּל מַלְאָכִים לָקַחַת אֶת־דָּוִד וַתֹּאמֶר חֹלֶה
הוּא: וַיִּשְׁלַח שָׁאוּל אֶת־הַמַּלְאָכִים לִרְאוֹת אֶת־דָּוִד לֵאמֹר
הַעֲלוּ אֹתוֹ בַמִּטָּה אֵלַי לַהֲמִתוֹ: וַיָּבֹאוּ הַמַּלְאָכִים וְהִנֵּה
הַתְּרָפִים אֶל־הַמִּטָּה וּכְבִיר הָעִזִּים מְרַאֲשֹׁתָיו:

וַיֹּאמֶר שָׁאוּל אֶל־מִיכַל לָמָּה כָּכָה רִמִּיתִנִי וַתְּשַׁלְּחִי
אֶת־אֹיְבִי וַיְמַלֵּט וַתֹּאמֶר מִיכַל אֶל־שָׁאוּל הוּא־אָמַר אֵלַי
שַׁלְּחִנִי לָמָּה אֲמִיתֶךָּ: וְדָוִד בָּרַח וַיִּמָּלֵט וַיָּבֹא אֶל־שְׁמוּאֵל
הָרָמָתָה וַיַּגֶּד־לוֹ אֵת כָּל־אֲשֶׁר עָשָׂה־לוֹ שָׁאוּל וַיֵּלֶךְ הוּא
וּשְׁמוּאֵל וַיֵּשְׁבוּ בְּנָיוֹת:

(8) Fighting broke out again. David went out and fought the Philistines. He inflicted a great defeat upon them and they fled before him. (9) Then an evil spirit of GOD came upon Saul while he was sitting in his house with his spear in his hand, and David was playing [the lyre]. (10) Saul tried to pin David to the wall with the spear, but he eluded Saul, so that he drove the spear into the wall. David fled and got away. That night (11) Saul sent messengers to David's home to keep watch on him and to kill him in the morning. But David's wife Michal told him, "Unless you run for your life tonight, you will be killed tomorrow." (12) Michal let David down from the window and he escaped and fled. (13) Michal then took the oracle idol, laid it on the bed, and covered it with a cloth; and at its head she put a net of goat's hair. (14) Saul sent messengers to seize David; but she said, "He is sick." (15) Saul, however, sent back the messengers to see David for themselves. "Bring him up to me in the bed," he ordered, "that he may be put to death." (16) When the messengers came, they found the oracle idol in the bed, with the net of goat's hair at its head. (17) Saul said to Michal, "Why did you play that trick on me and let my enemy get away safely?" "Because," Michal answered Saul, "he said to me: 'Help me get away or I'll kill you.'"

(18) David made good his escape, and he came to Samuel at Ramah and told him all that Saul had done to him. He and Samuel went and stayed at Naioth.

Refuah Shleimah

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We Remember Those Lost to Violence in Washington, DC

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Shloshim

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Yahrzeit

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TEMPLE MICAH מיכה

Shabbat Shalom!

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2829 Wisconsin Ave NW | Washington, DC 20007
info@templemicah.org | (202) 342-9175