



YOM KIPPUR

10 Tishrei 5785

Saturday, October 12, 2024

National United Methodist Church

It has been told to you, what is good, and what Adonai requires of you:
Only to do justice, to love mercy, and to walk humbly with your God.

Micah 6:8

**Services this morning are led by Rabbi Zemel, Rabbi Crawley,
and Rabbi Slakman.**

| | | |
|---------------------|--------|--|
| Torah | p. 266 | Sam Maurer, Sophia Van Praagh, Sylvie Perry Mandell |
| Hagbah | | Mark Kovey |
| Gelilah | | Myra Kovey |
| Haftarah | | Lilly Maurer |
| Sermon | | <i>A Higher Register</i> , Rabbi Stephanie Crawley |
| Artist in Residence | | Philip Mayer, percussion |
| Musicians | | José Luiz Martins, piano; Pepe Gonzalez, bass; Kate Rears, cello; Abe Mamet, French horn; Dan Mack, mandolin and guitar; Nancy Illman, violin; Nathan Lofton, choir conductor |
| Choir | | David Adler, David Asher, Gideon Culman, Lora Ferguson, Lois Fishman, Genie Grohman, Jennifer Gruber, Emily Hall, Stephanie Kaufman, Zachary Bergold Lynch, Nancy McKemie, Bill Page, Suzanne Saunders, John Sylak-Glassman, Sonia White |
| Greetings | | Lauren Laitin |

V'zot HaTorah

V'zot hatorah asher sam Moshe lifnei b'nei
Yisrael, al pi Adonai, b'yad Moshe.

וְזֹאת הַתּוֹרָה אֲשֶׁר שָׂם מֹשֶׁה לְפָנֵי בְנֵי
יִשְׂרָאֵל: עַל פִּי " בְּיַד מֹשֶׁה.

*This is the Torah which Moses placed before the people of Israel,
God's word through the hand of Moses.*

Hashiveinu/We Return

We return (*we return*), we return (*we return*)

We return, return again

We return (*we return*), we return (*we return*)

We return, return again and again, to (*love... hope... truth... You...*)

Hashiveinu, Adonai, Eilecha, v'nashuva.
Chadeish yameinu k'kedem.

הַשִּׁיבֵנו יְהוָה אֱלֹהֵינוּ, וְנָשׁוּבָה
חֲדָשׁ יָמֵינוּ כְּקֶדֶם.

Return us to You, Adonai, and we will return. Renew our days as of old.

**Adon HaSelichot – A Song of
Forgiveness**

אָדוֹן הַסְּלִיחוֹת

**Adon haselichot. Bochain l'vavot.
Goleh amukot. Doveir ts'dakot.
Chatanu l'fanecha – racheim aleinu!**

אָדוֹן הַסְּלִיחוֹת. בּוֹחַיִן לְבָבוֹת.
גּוֹלֵה עֲמוּקוֹת. דּוֹבֵר צְדָקוֹת.
חָטְאָנוּ לְפָנֶיךָ רַחֵם עָלֵינוּ:

**Hadur b'niflaot. Vatik b'nechamot.
Zocheir b'rit avot. Chokeir k'layot.
Chatanu l'fanecha – racheim aleinu!**

הַדּוֹר בְּנִפְלְאוֹת. וְתִיק בְּנִחְמוֹת.
זוֹכֵר בְּרִית אָבוֹת. חוֹקֵר כְּלִיּוֹת:
חָטְאָנוּ לְפָנֶיךָ רַחֵם עָלֵינוּ:

**Tov u'meitiv labr'riyot. Yodei'a kol
nistarot.
Koveish avonot. Loveish tz'dakot.
Chatanu l'fanecha – racheim aleinu!**

טוֹב וּמְטִיב לְבְרִיּוֹת. יוֹדֵעַ כָּל־נִסְתָּרוֹת.
פוֹבֵשׁ עֲוֹנוֹת. לוֹבֵשׁ צְדָקוֹת:
חָטְאָנוּ לְפָנֶיךָ רַחֵם עָלֵינוּ:

Refrain: We have strayed and we have sinned. Show us compassion!

*God of forgiveness—You examine the heart, reveal its depth, speak what is right.
Majestic in wonders, ancient Source of comfort—You recall our ancestors' covenant,
seek out our innermost being. Soul of goodness—You bestow goodness and know all
mysteries. Arrayed in righteousness, You overcome sin.*

At Telchi

Lea Goldberg, tr. Rabbi Healy Slakman

Ha'omnam, ha'omnam od yavo'u yamim
bislichah uvechesed,
vetelchi basadeh, vetelchi bo kahelech hatam.

Umachsof, umachsof kaf raglech yelatef
be'alei ha'aspet o shil'fei shibolim yidkeruch
vetim'tak d'kiratam.

O matar yasigech be'adat tipotav hadofeket
al k'tefaich, chazech,tzavarech veroshech
ra'anan. Vetelchi basadeh haratuv
veyirchav bach hasheket ka'or beshulei he'anan.

Venashamt, venashamt et reicho shel hatelem,
nashom verago'a vera'it et hashemesh,
bire'i hashlulit hazahov.

Uf'shutim, uf'shutim had'varim,
vechaim, umutar bam lingo'a
umutar le'ehov, umutar umutar le'ehov.

At telchi basadeh levadech,
lo nitzrevet belahat
has'refot badrachim
shesamru me'eimah umidam.
Uveyosher levav shuv
tehi anavah venichna'at
ke'echad had'shaim, ke'achad ha'adam.

האמנם האמנם עוד יבואו ימים
בסליחה ובחסד
ותלכי בשדה ותלכי בו כהלך
התם.

ומחשוף ומחשוף כף רגלך ילף
בעלי האספסת
או שלפי שיבולים
ידקרוך ותמתק דקירתם.

או מטר ישיגך בעדת טיפותיו
הדופקת על כתפיך חזך צווארך
וראשך רענן. ותלכי בשדה הרטוב
וירחב בך השקט
כאור בשולי הענן.

ונשמת ונשמת את ריחו של
התלם
נשום ורגוע וראית את השמש
בראי השלולית הזהוב.

ופשוטים ופשוטים הדברים
וחיים ומותר במ לנגוע
ומותר לאהוב ומותר ומותר
לאהוב.

את תלכי בשדה לבדך
לא נצרבת בלהט
השרפות בדרכים שסמרו
מאימה ומדם
וביושר לבב שוב
תהיי ענווה ונכנעת
כאחד הדשאים כאחד האדם.

At Telchi *Lea Goldberg, tr. Rabbi Healy Slakman*

Is it true?

Is it true that days will come
of forgiveness and grace?
And you'll walk in the field
you'll walk unburdened and pure.

And the bareness.

Oh the bareness of the soles of your feet gently touched
by lucerne leaves.
Or by the tips of grain stalks
that might prick you, but the prick will be sweet.

And the rain will reach you.

With drops that pulsate,
beating on your shoulders, your chest, and your neck.
With your head refreshed
you'll walk in the field now wet,
while the quiet within you expands
like rays at the edge of a cloud.

And you'll breathe.

You'll inhale the scent of the tilled earth, grounded and savored.
You'll see the sun,
in the golden mirror of the puddle's reflection.

And they're simple. Oh so simple, things like life.

You're allowed to touch them, you're allowed to love them,
you're allowed, you're encouraged to love.

And you'll walk in the field now alone, unconsumed by the flames.

Though the path has been scorched by blood and terror, you'll be guided back by
the heart's full sincerity, humble and accepting, like a blade of grass,
like a soul growing out from the earth.

Schedule for Yom Kippur at NUMC | October 12

1:15 – Ask the Rabbis

2:15 – Break

3:00 – Guest Speaker Diana Butler Bass

4:15 – Afternoon Services

5785 Underwear Drive: Did You Bring Your Bags?

The 6th Grade class is conducting our annual underwear drive to support those in need through the Community Council for the Homeless/Friendship Place. Return your bags full of new underwear this morning at NUMC! Please note that after Yom Kippur, all donations of underwear must be made via the QR code and wishlist on our website. We are unable to take donations at 2829 Wisconsin Avenue NW—thank you for your understanding.

Diana Butler Bass: Finding Home - A Spiritual Longing and a Moral Challenge

National United Methodist Church sanctuary, 3:00 pm, October 12

Diana Butler Bass is an American historian of Christianity and an advocate for progressive Christianity. She is the author of eleven books. (Rabbi Zemel has read and recommends them all.) She earned a PhD in religious studies from Duke University with an emphasis on American ecclesiastical history. Dr. Bass's articles have appeared in the *New York Times* and *Washington Post*, as well as many other publications. She authors a Substack newsletter, *The Cottage* (another Rabbi Zemel recommendation). Dr. Bass has lectured at Micah many times over the years. Rabbi Zemel is honored to count her as a dear friend.

Erev Sukkot in the Sukkah – October 16

Join us to welcome Shabbat in our sukkah at 6:30 pm Wednesday, October 16. (Please note: no livestream is available in the sukkah.)

Erev Simchat Torah Service – October 23

5:30 pm, with pizza party following

This in-person service is open to all – no registration required. See our weekly email on October 15 to join the pizza party (optional, \$8 per person).

Simchat Torah Service - October 24

10:15 am, Temple Micah Sukkah

Immediately following Sukkot, we observe Simchat Torah, celebrating the completion of the annual reading of the Torah and affirming Torah as one of the pillars on which we build our lives. This in-person service is open to all – no registration required. Please note: no livestream is available in the sukkah.

Our sanctuary is a sanctuary. If your mobile phone is not in use as an adaptive device, please turn it off.

Temple Micah acknowledges our space stands on the traditional territory of the Piscataway and Nacotchtank (Anacostan) peoples. We pay respect to their elders past and present and recognize their stewardship of this land and the vital contribution of indigenous peoples to this nation we share.