

# Celebrate Shabbat

JANUARY 31-  
FEBRUARY 1, 2025  
2 SH'VAT, 5785

SHABBAT BO

“It has been told to you, what is good,  
and what Adonai requires of you. Only to do justice,  
to love mercy, and to walk humbly with your God.”

**Micah 6:8**



**Daniel G. Zemel**, Rabbi

**Joshua Beraha**, Associate Rabbi | **Stephanie Crawley**, Associate Rabbi  
**Healy Slakman**, Assistant Rabbi | **Beth Werlin**, Executive Director  
**Sharon Tash**, Education Director

# WELCOMING SHABBAT



JANUARY 31, 2025

Our service is led by Rabbi Zemel, Rabbi Crawley,  
and Rabbi Slakman.

*Philip Mayer, Percussion*

*This evening, we welcome Rabbi Vanessa Harper  
and her group from Temple Beth Elohim  
in Wellesley, Massachusetts.*

## Y'hiu L'ratzon

*Michelle Citrin*

יְהִי לְרָצוֹן אִמְרֵי פִי וְהִגְיוֹן לִבִּי לְפָנֶיךָ  
יְיָ צוּרִי וְגוֹאֲלִי.

Yih'yu l'ratzon imrei fi v'hegyon libi  
l'fanecha, Adonai tzuri v'go-ali.

Go inside your heart, just be  
Go inside your heart and see,  
what it wants, what it needs,  
what it yearns when you breathe.  
Go inside your heart and see.  
May the words of my mouth  
and the meditations of my heart  
be kind be true, may they  
be acceptable to You,  
Oh my Rock, my Rock and my Redeemer.

# Hashkiveinu

*music and lyrics by Mah Tovv: Chasen and Zweiback*

הַשְּׁכִיבֵנוּ יְיָ אֱלֹהֵינוּ לְשָׁלוֹם  
וְהַעֲמִידֵנוּ שׁוֹמְרֵינוּ לְחַיִּים  
וּפְרֹשׁ עָלֵינוּ סֶכֶת שְׁלוֹמְךָ, אָמֵן.

Hashkiveinu Adonai Eloheinu l'shalom.

V'haamideinu Shomreinu, l'chaim.

Ufros aleinu sukkat sh'lomecha,

Ufros aleinu sukkat sh'lomecha, Amen.

Shelter them beneath your wings, O Adonai

Guard them from all harmful things, O Adonai

Keep them safe throughout the night

Til they wake with morning's light

Teach us, God, wrong from right, Amen.



# SHABBAT MORNING

NAMING OF DALIA LEAH BAT BARUCH  
MORDECHAI V'CHAYA MINDEL

FEBRUARY 1, 2025

Our Shabbat Morning service is led by  
Rabbi Beraha, Rabbi Crawley  
and Rabbi Slakman.

*Philip Mayer, Percussion*

---

## Mikolot Mayim Rabim

מְקוֹלוֹת מַיִם רַבִּים  
אֲדִירִים מִשְׁבְּרֵי יָם,  
אֲדִיר בְּמָרוֹם ה'!  
עֲדוֹתֶיךָ, נְאֻמָּנוּ מְאֹד  
לְבֵיתְךָ נֶאֱוָה-קֹדֶשׁ:  
יְהוָה, לְאֶרֶץ יָמִים.

Mikolot mayim rabim, adirim mishb'rei yam,  
Adir bamarom Adonai. Eidotecho Ne'emnu M'od  
L'veit'cha navah kodesh, Adonai l'orech yamim.

*Above the voices of many waters, the mighty breakers of the  
sea, God on high is mighty. Your testimoni es are very sure;  
holiness becomes your house, O God, for evermore.*

# We Celebrate the Bat Mitzvah of Beatrice Bielenberg



Aliyah I	Deborah Raviv
Aliyah II	Alma Bielenberg, Hank Bielenberg, Dora Bielenberg
Aliyah III	Anne Bolotin, Joseph Wrobel
Aliyah IV	Aaron Bielenberg and Karen Young
Aliyah V	Beatrice Bielenberg
Petichah I	Julie and Ben Bielenberg
Hagbah	Ben Bielenberg
Gelilah	Toby Bielenberg
Petichah II	Tracy Bielenberg

## Torah for Bo: Exodus 13: 1-16

וַיְדַבֵּר יְהוָה אֶל-מֹשֶׁה לֵאמֹר:  
קֹדֶשׁ-לִי כָל-בְּכוֹר פֶּטֶר כָּל-רֶחֶם בְּבִנֵי יִשְׂרָאֵל בְּאָדָם וּבַבְּהֵמָה  
לִי הוּא:  
וַיֹּאמֶר מֹשֶׁה אֶל-הַעַם זְכוֹר אֶת-הַיּוֹם הַזֶּה אֲשֶׁר יֵצְאתֶם  
מִמִּצְרַיִם מִבֵּית עֲבָדִים כִּי בְחֻזֶק יָד הוֹצִיא יְהוָה אֶתְכֶם מִזֶּה  
וְלֹא יֵאָכֵל חֶמֶץ:  
הַיּוֹם אַתֶּם יֹצְאִים בְּחֹדֶשׁ הָאָבִיב:  
וְהָיָה כִּי-יָבִיֵאֵךְ יְהוָה אֶל-אֶרֶץ הַכְּנַעֲנִי וְהַחִתִּי וְהָאֱמֹרִי וְהַחִוִּי  
וְהַיְבוּסִי אֲשֶׁר נִשְׁבַּע לְאַבְרָהָם לֵאמֹר לְתֶת לְךָ אֶרֶץ זָבַת חֶלֶב וְדָבָשׁ  
וְעַבַדְתָּ אֶת-הָעַבְדָּה הַזֹּאת בְּחֹדֶשׁ הַזֶּה:

שְׁבַעַת יָמִים תֹּאכַל מִצֶּת וּבִיּוֹם הַשְּׁבִיעִי חַג לַיהוָה:  
 מִצוֹת יֹאכַל אֶת שְׁבַעַת הַיָּמִים וְלֹא-יִרְאֶה לָּךְ חֶמֶץ וְלֹא-יִרְאֶה  
 לָךְ שָׂאֵר בְּכָל-גְּבֻלְךָ:  
 וְהִגַּדְתָּ לְבִנְךָ בַּיּוֹם הַהוּא לֵאמֹר בַּעֲבוּר זֶה עָשָׂה יְהוָה לִי בְּצֵאתִי  
 מִמִּצְרָיִם:  
 וְהָיָה לָּךְ לְאוֹת עַל-יָדְךָ וּלְזִכְרוֹן בֵּין עֵינֶיךָ לְמַעַן תִּהְיֶה תּוֹרַת  
 יְהוָה בְּפִיךָ כִּי בְיַד חֲזֻקָה הוֹצֵאָךְ יְהוָה מִמִּצְרָיִם:  
 וְשָׁמַרְתָּ אֶת-הַחֻקָּה הַזֹּאת לְמוֹעֵדָה מִיָּמִים יְמִימָה: {פ}  
 וְהָיָה כִּי-יִבְאֶךָ יְהוָה אֶל-אַרְצְךָ הַכְּנַעֲנִי כַאֲשֶׁר נִשְׁבַּע לָּךְ  
 וּלְאַבְתֶּיךָ וּנְתַנָּה לָּךְ:  
 וְהִעֲבַרְתָּ כָל-פֶּטֶר-רְחֹם לַיהוָה וְכָל-פֶּטֶר | שָׁגַר בְּהֵמָה אֲשֶׁר  
 יְהִי לָּךְ הַזְּכָרִים לַיהוָה:  
 וְכָל-פֶּטֶר חֲמֹר תִּפְדֶּה בְּשֵׁה וְאִם-לֹא תִפְדֶּה וְעִרְפְּתָו וְכָל בְּכוֹר  
 אָדָם בְּבִנְיָךְ תִּפְדֶּה:  
 וְהָיָה כִּי-יִשְׁאַלְךָ בְּנֶךָ מָחָר לֵאמֹר מַה-זֹּאת וְאָמַרְתָּ אֵלָיו בְּחֻזֵּק  
 יָד הוֹצִיאָנוּ יְהוָה מִמִּצְרָיִם מִבֵּית עַבְדִּים:  
 וַיְהִי כִּי-הִקְשָׁה פְרַעֲוֹ לְשַׁלְּחָנוּ וַיַּהַרְגַּ יְהוָה כָּל-בְּכוֹר בְּאַרְצְ  
 מִצְרָיִם מִבְּכֹר אָדָם וְעַד-בְּכוֹר בְּהֵמָה עַל-כֵּן אֲנִי זֹבֵחַ לַיהוָה  
 כָּל-פֶּטֶר רְחֹם הַזְּכָרִים וְכָל-בְּכוֹר בְּנֵי אֶפְדָּה:  
 וְהָיָה לְאוֹת עַל-יַדְּכָה וּלְטוֹטְפֹת בֵּין עֵינֶיךָ כִּי בְחֻזֵּק יָד הוֹצִיאָנוּ  
 יְהוָה מִמִּצְרָיִם: {ס}

(1) The Eternal spoke further to Moses, saying, (2) “Consecrate to Me every male first-born; human and beast, the first [male] issue of every womb among the Israelites is Mine.”

(3) And Moses said to the people, “Remember this day, on which you went free from Egypt, the house of bondage, how God freed you from it with a mighty hand: no leavened bread shall be eaten.

(4) You go free on this day, in the month of Abib. (5) So, when God has brought you into the land of the Canaanites, the Hittites, the Amorites, the Hivites, and the Jebusites, which was sworn to your fathers to be given you, a land flowing with milk and honey, you shall observe in this month the following practice:

(6) “Seven days you shall eat unleavened bread, and on the seventh day there shall be a festival of the Eternal.

(7) Throughout the seven days unleavened bread shall be eaten; no leavened bread shall be found with you, and no leaven shall be found in all your territory. (8) And you shall explain to your child on that day, ‘It is because of what God did for me when I went free from Egypt.’

(9) “And this shall serve you as a sign on your hand and as a reminder on your forehead—in order that the Teaching of the Eternal may be in your mouth—that with a mighty hand God freed you from Egypt.

(10) You shall keep this institution at its set time from year to year. (11) "And when God has brought you into the land of the Canaanites, as [God] swore to you and to your fathers, and has given it to you, (12) you shall set apart for the Eternal every first issue of the womb: every male firstling that your cattle drop shall be God's.

(13) But every firstling ass you shall redeem with a sheep; if you do not redeem it, you must break its neck. And you must redeem every male first-born among your children.

(14) And when, in time to come, a child of yours asks you, saying, 'What does this mean?' you shall reply, 'It was with a mighty hand that God brought us out from Egypt, the house of bondage.

(15) When Pharaoh stubbornly refused to let us go, God slew every [male] first-born in the land of Egypt, the first-born of both human and beast. Therefore I sacrifice to God every first male issue of the womb, but redeem every male first-born among my children.'

(16) "And so it shall be as a sign upon your hand and as a symbol on your forehead that with a mighty hand יהוה freed us from Egypt."



## Haftarah for Bo: Isaiah 46: 3-5

שָׁמְעוּ אֵלַי בַּיִת יַעֲקֹב וְכָל־שְׂאֲרֵי־בַיִת יִשְׂרָאֵל הַעֲמָסִים  
מִנִּי־בֶטֶן הַנְּשָׂאִים מִנִּי־רַחֵם:  
וְעַד־זְקִנָּה אֲנִי הוּא וְעַד־שִׁיבָה אֲנִי אֶסְבֵּל אֲנִי עָשִׂיתִי וְאֲנִי אֲשָׂא  
וְאֲנִי אֶסְבֵּל וְאֶמְלֹט: {ס}  
לְמִי תִדְמִיּוּנִי וְתִשְׁווּ וְתִמְשְׁלוּנִי וְנִדְמָה:

(3) Listen to Me, O House of Jacob,  
All that are left of the House of Israel,  
Who have been carried since birth,  
Supported since leaving the womb:  
(4) Till you grow old, I will still be the same;  
When you turn gray, it is I who will carry;  
I was the Maker, and I will be the Bearer;  
And I will carry and rescue [you].  
(5) To whom can you compare Me  
Or declare Me similar?  
To whom can you liken Me,  
So that we seem comparable?

### Siman Tov

Siman tov umazal tov umazal tov v'siman tov  
Y'hei lanu, ul'chol Yisrael.

סִימָן טוֹב וּמְזָל טוֹב.  
וּמְזָל טוֹב וְסִימָן טוֹב  
יְהֵא לָנוּ. וְלִכְל יִשְׂרָאֵל.

*It is a good and lucky sign for us and for all Israel!*



## Shehechyanu

Baruch Atah Adonai Eloheinu, Melech ha-olam,  
shehecheyanu v'kiy'manu v'higianu laz'man hazeh.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁהַחַיִּינוּ וְקִיַּמְנוּ וְהִגִּיעֵנוּ לְזֶמַּן  
הַזֶּה

*Praise to You, Adonai our God, Sovereign of the universe, for giving us life, sustaining us, and enabling us to reach this season.*



## Refuah Shleimah

Mohammad Amiri, Sarah Bardin, Evi Beck, Ira Berlin, Sarah Biel, Gary Brown, Sandra Brown, Judith Chisholm, Don Elisburg, Phil Feld, Rabbi Stanley Funston, Linda Gionta, Hannah Gould, Helene Granof, Barbara Green, Robert Guyer, Noreen Tunney Jurkoski, Carole Hirschmann, Mildred Katz, Hy Levine, Dan Lutenegger, Catherine Lynch, Dan Mack, Mildred Marin, Micah ben Nechama Evi, Sophie Meyers, Bryant Monroe, Lynda Mulhauser, Sheila Platoff, David Reynolds, Stephen Rockower, Eric Rosenberg, Sarah Golde bat Shifrah, Charles Schussheim, Paulette Shulman, Elsa Smith, David Springer, Becky Styles, Irving Swatzburg, Betty Ustun, Paul Vordermann, Bobbie Wendel, Mimi Wolf

***Thank you to our Oneg and Kiddush sponsors:***  
Our b'nai mitzvah class and the Bielenberg Family

***Thank you to our ushers:***  
*Willa Brand, Lilah Columbus, Anna Johnson,  
Celia Brown, Carrie Budoff Brown*

***Special thanks to our pop-up choir.***

## **We Remember Those Lost in the DCA Plane Crash.**

## **We Remember Those Lost to Violence in Washington, DC**

Thomas Drew Jr., 24, Bowie, MD; Myron Smith, 14, SW DC; Antoine Pratt, 21, NE DC

## **Shiva**

Marcia Kurzberg, mother of Ellen Sommer

## **Shloshim**

Elise Bean, Neil Levine

## **Yahrzeit**

Anita Bernard, Kirby S. W. Capen, Edward Cohen, Calman Cohen, Edwin Decosta, Elizabeth Elisburg, William Elisburg, Josefina Feeser, Sarah Feldman, Juan Francisco Fournier, Hyman Freeman, Susanne Gesheker, Donald Glazer, Alice Goldman, Harold Goldman, Ernest Green, Burton S. Greenstein, Sarita Gruenberg, Myron Grusin, Paul Hazelton, Victor Hexter, Morris Kabat, Jack Layton, Selma Levy, Doris Luterman-Surick, Morton Narva, Ethel Siegel Rosen, Barry Rubens, Jerome B. Sewell, Muriel K. Skolnick, Samuel B. Skolnick, Jerry Spiegel, Carol Stevenson, Semih Ustun, Sumner Victor, Anne Weinberg, Daphne Weiner, Katherine Wides, Haskell Wolff, Jean Zienowicz



## Shabbat Shalom!



*Our sanctuary is a sanctuary. If your mobile phone is not in use as an adaptive device, please turn it off.*



*Thank you to Jessie Regunberg for our new artwork.*

