

# Celebrate Shabbat

FEBRUARY 14-15, 2025  
17 SH'VAT, 5785

SHABBAT  
YITRO

“It has been told to you, what is good,  
and what Adonai requires of you. Only to do justice,  
to love mercy, and to walk humbly with your God.”

**Micah 6:8**



**Daniel G. Zemel**, Rabbi

**Joshua Beraha**, Associate Rabbi | **Stephanie Crawley**, Associate Rabbi  
**Healy Slakman**, Assistant Rabbi | **Beth Werlin**, Executive Director  
**Sharon Tash**, Education Director



# WELCOMING SHABBAT



FEBRUARY 14, 2025

Our service is led by Rabbi Zemel, Rabbi Frank,  
and Student Cantor Dana Bederson.

*Philip Mayer, Percussion*

## Hashkiveinu

*music and lyrics by Mah Tovu: Chasen and Zweiback*

הַשְּׁכִיבֵנוּ יי אֱלֹהֵינוּ לְשָׁלוֹם  
וְהַעֲמִידֵנוּ שׁוֹמְרֵינוּ לְחַיִּים  
וּפְרֹשׂ עָלֵינוּ סִכַּת שְׁלוֹמְךָ, אָמֵן.

Hashkiveinu Adonai Eloheinu l'shalom.

V'haamideinu Shomreinu, l'chaim.

Ufros aleinu sukkat sh'lomecha,

Ufros aleinu sukkat sh'lomecha, Amen.

Shelter them beneath your wings, O Adonai

Guard them from all harmful things, O Adonai

Keep them safe throughout the night

Til they wake with morning's light

Teach us, God, wrong from right, Amen.

# SHABBAT MORNING

NAMING OF

SHOSHANA LIORA BAT ELIZAH YEHUDIT V'LISA  
RONEN ASHER BEN ELIZAH YEHUDIT V'LISA  
MINNA AVIVA BAT SHOSHANAH LEAH V'MATAN

FEBRUARY 15, 2025

Our Shabbat Morning service is led by  
Rabbi Beraha, Rabbi Frank,  
and Student Cantor Dana Bederson.

*Philip Mayer, Percussion*

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**Hava Nashira**

*Josh Nelson*

הָבָה נְשִׁירָה שִׁיר הַלְלוּיָהּ!

Hava nashira, shir halleluyah!

*Let us sing together, halleluyah!*

# We Celebrate the Bat Mitzvah of Lucy Tabitha Shanoff



Aliyah I	Our Federal Employees and Those Affected by Federal Funding Changes
Aliyah II	Suzy and Gary Miller, Carolyn Shanoff, Barry Shanoff and Susan Dubas
Aliyah III	Dan, Margery, Gabe, and Jonah Shanoff
Aliyah IV	Lucy Tabitha Shanoff
Petichah I	Emily Andrews and Mark Shanoff
Hagbah	Benjamin Miller
Gelilah	Rachel Miller
Petichah II	Seth Miller and Linnea Hartsuyker

## Torah for Yitro: Exodus 18: 1-18

וַיִּשְׁמַע יִתְרוֹ כֹּהֵן מִדִּין חֵתַן מֹשֶׁה אֵת כָּל-אֲשֶׁר עָשָׂה אֱלֹהִים  
לְמֹשֶׁה וּלְיִשְׂרָאֵל עַמּוֹ כִּי-הוֹצִיא יְהוָה אֶת-יִשְׂרָאֵל מִמִּצְרָיִם:  
וַיִּקַּח יִתְרוֹ חֵתַן מֹשֶׁה אֶת-צִפּוֹרָה אִשְׁתּוֹ מֹשֶׁה אַחֵר שְׁלוּחִיהָ:  
וְאֵת שְׁנֵי בָנֶיהָ אֲשֶׁר שָׁם הָאֶחָד גִּרְשֵׁם כִּי אָמַר גֵּר הָיִיתִי בְּאֶרֶץ  
מִצְרָיִם:  
וְשָׁם הָאֶחָד אֱלִיעֶזֶר כִּי-אֱלֹהֵי אָבִי בְּעֶזְרִי וַיַּצֵּלנִי מִחֶרֶב פְּרֻעָה:  
וַיָּבֹא יִתְרוֹ חֵתַן מֹשֶׁה וּבָנָיו וְאִשְׁתּוֹ אֶל-מֹשֶׁה אֶל-הַמִּדְבָּר  
אֲשֶׁר-הוּא חֹנֶה שָׁם הַר הָאֱלֹהִים:  
וַיֹּאמֶר אֶל-מֹשֶׁה אֲנִי חֲתָנְךָ יִתְרוֹ בָּא אֵלַיךְ וְאִשְׁתְּךָ וּשְׁנֵי בָנֶיהָ  
עִמָּה:

וַיֵּצֵא מֹשֶׁה לְקַרְאֵת חֲתָנָו וַיִּשְׁתַּחֲוּ וַיִּשְׁק-לוֹ וַיִּשְׁאַלוּ  
אִישׁ-לְרֵעֵהוּ לְשָׁלוֹם וַיָּבֹאוּ הָאָהֳלָה:  
וַיִּסְפֹּר מֹשֶׁה לְחֲתָנָו אֵת כָּל-אֲשֶׁר עָשָׂה יְהוָה לְפָרְעֹה  
וּלְמִצְרַיִם עַל אֹדֶת יִשְׂרָאֵל אֵת כָּל-הַתְּלָאָה אֲשֶׁר מָצְאתֶם  
בַּדֶּרֶךְ וַיֵּצֵלֶם יְהוָה:  
וַיַּחֲדוּ וַתֵּרֹוּ עַל כָּל-הַטּוֹבָה אֲשֶׁר-עָשָׂה יְהוָה לְיִשְׂרָאֵל אֲשֶׁר  
הֲצִילוֹ מִיַּד מִצְרַיִם:  
וַיֹּאמֶר יְתֵרוֹ בְּרוּךְ יְהוָה אֲשֶׁר הֲצִיל אֶתְכֶם מִיַּד מִצְרַיִם וּמִיַּד  
פָּרְעֹה אֲשֶׁר הֲצִיל אֶת-הָעָם מִתַּחַת יַד-מִצְרַיִם:  
עַתָּה יִדְעֵתִי כִּי-גָדוֹל יְהוָה מְכַל-הָאֱלֹהִים כִּי בַדְּבָר אֲשֶׁר זָדוּ  
עֲלֵיהֶם:  
וַיִּקַּח וַתֵּרֹוּ חֲתָן מֹשֶׁה עִלָּה וּזְבָחִים לָאֱלֹהִים וַיָּבֵא אֶהֱרֹן  
וְכָל | זִקְנֵי יִשְׂרָאֵל לֶאֱכֹל-לֶחֶם עִם-חֲתָן מֹשֶׁה לִפְנֵי  
הָאֱלֹהִים:  
וַיְהִי מִמַּחֲרָת וַיֹּשֶׁב מֹשֶׁה לְשַׁפֵּט אֶת-הָעָם וַיַּעֲמֵד הָעָם  
עַל-מֹשֶׁה מִן-הַבֶּקֶר עַד-הָעֶרֶב:  
וַיֵּרָא חֲתָן מֹשֶׁה אֵת כָּל-אֲשֶׁר-הוּא עֹשֶׂה לָעָם וַיֹּאמֶר  
מָה-הַדְּבָר הַזֶּה אֲשֶׁר אַתָּה עֹשֶׂה לָעָם מִדּוֹעַ אַתָּה יוֹשֵׁב  
לְבַדָּךְ וְכָל-הָעָם נֹצֵב עֲלֶיךָ מִן-בֶּקֶר עַד-עֶרֶב:  
וַיֹּאמֶר מֹשֶׁה לְחֲתָנָו כִּי-יָבֵא אֵלַי הָעָם לְדָרֹשׁ אֵלָיִךְ:  
כִּי-יְהִי לָהֶם דְּבַר בָּא אֵלַי וְשִׁפְטֵתִי בֵּין אִישׁ וּבֵין רֵעֵהוּ  
וְהוֹדַעְתִּי אֶת-חֻקֵּי הָאֱלֹהִים וְאֶת-תּוֹרֹתָיו:  
וַיֹּאמֶר חֲתָן מֹשֶׁה אֵלָיו לֹא-טוֹב הַדְּבָר אֲשֶׁר אַתָּה עֹשֶׂה:  
נָבֵל תִּבֶּל גַּם-אַתָּה גַּם-הָעָם הַזֶּה אֲשֶׁר עִמָּךְ כִּי-כִבֵּד מִמָּךְ  
הַדְּבָר לֹא-תוֹכֵל עֲשֹׂהוּ לְבַדָּךְ:

(1) Jethro priest of Midian, Moses' father-in-law, heard all that God had done for Moses and for Israel—God's people: how the Eternal had brought Israel out from Egypt. (2) So Jethro, Moses' father-in-law, took Zipporah, Moses' wife, after she had been sent home, (3) and her two sons—of whom one was named Gershom, that is to say, "I have been a stranger in a foreign land"; (4) and the other was named Eliezer, meaning, "The God of my father was my help, delivering me from the sword of Pharaoh." (5) Jethro, Moses' father-in-law, brought Moses' sons and wife to him in the wilderness, where he was encamped at the mountain of God. (6) He sent word to Moses, "I, your father-in-law Jethro, am coming to you, with your wife and her two sons." (7) Moses went out to meet his father-in-law; he bowed low and kissed him; each asked after the other's welfare, and they went into the tent. (8) Moses then recounted to his father-in-law everything that God had done to Pharaoh and to the Egyptians for Israel's sake, all the hardships that had befallen them on the way, and how God had delivered them. (9) And Jethro rejoiced over all the kindness that God had shown Israel in delivering them from the Egyptians. (10) "Blessed be God," Jethro said, "who delivered you from the Egyptians and from Pharaoh, and who delivered the people from under the hand of the Egyptians. (11) Now I know that God is greater than all gods, yes, by the result of their very schemes against [the people]." (12) And Jethro, Moses' father-in-law, brought a burnt offering and sacrifices for God; and Aaron came with all the elders of Israel to partake of the meal before God with Moses' father-in-law. (13) Next day, Moses sat as magistrate among the people, while the people stood about Moses from morning until evening.

(14) But when Moses' father-in-law saw how much he had to do for the people, he said, "What is this thing that you are doing to the people? Why do you act alone, while all the people stand about you from morning until evening?" (15) Moses replied to his father-in-law, "It is because the people come to me to inquire of God. (16) When they have a dispute, it comes before me, and I decide between one party and another, and I make known the laws and teachings of God." (17) But Moses' father-in-law said to him, "The thing you are doing is not right; (18) you will surely wear yourself out, and these people as well. For the task is too heavy for you; you cannot do it alone.

## Haftarah for Yitro: Isaiah 6: 1-5

בְּשַׁנַּת־מוֹת הַמֶּלֶךְ עֲזַיְהוּ וְאַרְאֶה אֶת־אֲדֹנָי יוֹשֵׁב עַל־כִּסֵּא רָם  
וְנִשָּׂא וְשׁוֹלֵיו מְלָאִים אֶת־הַהִיכָל:  
שָׂרְפִים עֹמְדִים מִמַּעַל לּוֹ שֵׁשׁ כְּנָפַיִם שֵׁשׁ כְּנָפַיִם לְאֶחָד  
בְּשִׁתַּיִם יְכֹסֶה פָּנָיו וּבְשִׁתַּיִם יְכֹסֶה רַגְלָיו וּבְשִׁתַּיִם יְעֹפֶף:  
וְקָרָא זֶה אֶל־זֶה וְאָמַר קְדוֹשׁ | קְדוֹשׁ קְדוֹשׁ יְהוָה צְבָאוֹת  
מְלֵא כָל־הָאָרֶץ כְּבוֹדוֹ:  
וַיִּנְעוּ אַמּוֹת הַסְּפִיִם מִקּוֹל הַקּוֹרָא וְהִבִּיתָ וּמְלֵא עֲשׂוֹן:  
וְאָמַר אֲוִי־לִי כִי־נִדְמִיתִי כִי אִישׁ טִמְא־שְׁפָתַיִם אָנֹכִי וּבְתוֹךְ  
עַם־טִמְא שְׁפָתַיִם אָנֹכִי יוֹשֵׁב כִּי אֶת־הַמֶּלֶךְ יְהוָה צְבָאוֹת  
רָאוּ עֵינָי:

(1) In the year that King Uzziah died, I beheld my Sovereign seated on a high and lofty throne; and the skirts of God's robe filled the temple. (2) Seraphs stood in attendance, each with six wings—two covering the face, two covering the body, and two to fly with.

(3) And one would call to the other,  
“Holy, holy, holy! God of Hosts—  
Whose presence fills all the earth!”

(4) The doorposts would shake at the sound of the one who called, and the House kept filling with smoke. (5) I cried,  
“Woe is me; I am lost!

For I am a man of impure lips  
And I live among a people  
Of impure lips;  
Yet my own eyes have beheld  
The Sovereign God of Hosts.”

## Siman Tov

Siman tov umazal tov umazal tov v'siman tov  
Y'hei lanu, ul'chol Yisrael.

סימן טוב ומזל טוב.  
ומזל טוב וסימן טוב  
יהא לנו. ולכל ישראל.

*It is a good and lucky sign for us and for all Israel!*

## Shehechyanu

Baruch Atah Adonai Eloheinu, Melech ha-olam,  
shehecheyanu v'kiy'manu v'higianu laz'man hazeh.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁהַחַיִּינוּ וְקִיַּמְנוּ וְהִגִּיעֵנוּ לְזִמְנֵנוּ  
הַזֶּה

*Praise to You, Adonai our God, Sovereign of the universe, for giving us life, sustaining us, and enabling us to reach this season.*



## Refuah Shleimah

Mohammad Amiri, Alan Bandler, Sarah Bardin, Evi Beck,  
Ira Berlin, Sarah Biel, Gary Brown, Sandra Brown,  
Judith Chisholm, Don Elisburg, Phil Feld, Rabbi Stanley Funston,  
Linda Gionta, Hannah Gould, Helene Granof, Barbara Green,  
Robert Guyer, Noreen Tunney Jurkoski, Carole Hirschmann,  
Mildred Katz, Hy Levine, Dan Lutenegger, Catherine Lynch,  
Dan Mack, Mildred Marin, Micah ben Nechama Evi,  
Sophie Meyers, Bryant Monroe, Lynda Mulhauser, Sheila Platoff,  
David Reynolds, Stephen Rockower, Eric Rosenberg,  
Sarah Golde bat Shifrah, Charles Schussheim,  
Paulette Shulman, Elsa Smith, David Springer, Becky Styles,  
Irving Swatzburg, Betty Ustun, Paul Vordermann,  
Bobbie Wendel, Mimi Wolf

***Thank you to our Oneg and Kiddush sponsors:***

Our b'nai mitzvah class and the Shanoff Family

***Thank you to our ushers:***

*Dana, Julia, and Claire Miller, Marinka  
Stepkova, Mason Andrews, Parker Shanoff  
and Alex Zapruder*

***Special thanks to our choir.***

## **We Remember Those Lost to Violence in Washington, DC**

Thyjuan Bostic, 45, SW DC;  
Chandra Brown, 34, no fixed address;  
Wayne McDaniel, 18, NW DC; Nico Rector, 36, SE DC;  
Aaron Thomas Jr., Owings Mills, MD

## **Shloshim**

Marcia Kurzberg, mother of Ellen Sommer

## **Yahrzeit**

Bella Fisher, Anna Wise Goldstein, Andrea Hamos,  
Betsy Kanarek, Leonard Karabell, Jay Kaufman,  
Hannah Laipson, Edythe F. Levine, Willard Mitchell,  
Allen Nadler, Marian Newman, Bob Nielsen, Rachel Paikin,  
Ralph Povar, David Raviv, Anna Reiner-Charval,  
George Rosen, Edith Rosenberg, Frank Saginaw,  
Ralph Schlossman, Hanna Schussheim, Russell Scott,  
Louis Solomon, Dorothy Umansky, Mina Val,  
Erich Waldemar Larisch, Norma Weiner, Natalie Westreich,  
Morris Wisotsky, Susan L. Wolf, Naomi Goldman Zemel



## Shabbat Shalom!



*Our sanctuary is a sanctuary. If your mobile phone is not in use as an adaptive device, please turn it off.*



*Thank you to Jessie Regunberg for our new artwork.*

